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The Solari Report

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**Solution Series:
A Journey Through
Self-Empowerment, RV-ing,
EMF Protections, and Manifesting
with
Fiona Price**

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James White: Hi, this is James White from the *Solution Series*. Thanks so much for joining us here once again. I am joined, as always by Corey Lynn. We are brought to you by *Solari.com* and *CoreysDigs.com*.

Corey, it is always great to be with you.

Corey Lynn: It's great to be here.

White: It's going to be a fun show today. We will give our guest a brief introduction. We are joined today with Fiona Price. For 40 years, Fiona was a serial entrepreneur, largely because she felt that she was unemployable.

She also wanted to make up her own experience every day, which proved to be extremely challenging, but ultimately rewarding. Armed with a psychology degree and an MBA – both of which were rather useless, she says – she started in the UK financial sector. This was a shock to her as she is a math-phobic, and something that she later discovered was common to many women in her generation.

In 1988, she set up a business to change this, helping women understand money management by 'dejargonating' it and empowering them to build their financial independence.

Unexpectedly, she became a media spokesperson and a catalyst in the business women's networking movement which was just starting at this time.

During her time in the financial sector, she held several non-executive board positions and was listed in the top 100 of 'Power and Influence'. She won a clutch of business awards featured in many books on women entrepreneurs and men-mentored fellow businesswomen.

Later on in the early days of online video, Fiona set up several internet businesses. Then it was time to change, and she metamorphosized from city professional to semi-feral, living reclusively in Wales with her animals on an ancient farmstead.

During the last couple of years, Fiona has been living on wheels, reinventing

herself again, and gesturing her next project, the Earth Collective, a self-sufficient eco-community that she is planning to establish in Ireland.

Sport has played a large part in Fiona's life, too, having competed at international level in both rowing and equestrian endurance. Alongside all of this, she says that she has been on a lifelong spiritual quest to understand herself, her crazy life, and the equally crazy world around her.

Fiona Price, thank you so much for joining us here on the *Solution Series*.

Fiona Price: I am thrilled to be here. Thank you.

White: We are thrilled to have you.

Lynn: I'm really looking forward to this one; this is going to be fun.

You have such a fascinating life. You are kind of living my dream right now. You have so many great insights and tips. Did we include in the bio that you also authored the book, *The Ultimate Relationship: The One with Yourself*? I want to talk about that and how that lead you into the traveling by RV.

We did an episode on RV-ing, which mostly focused on doing it in the US, but it gave people all over different tips. So for you, it is interesting because in the UK, it is a much trickier thing to not only find an RV manufacturer, but you are also limited with where you can stay. You have some great tips for people on protection themselves against EMF and electric fields, and tools that not only could they use with RV-ing, but in their own homes as well.

Then, of course, now you are in Ireland, and you are looking to do this community with Earthship, which I've been looking at forever.

So, we are getting into a 'building the relationship with yourself' and the higher consciousness, and where we all need to move into mixed with the RV-ing and the community that you are looking to do.

Let's start with your book and building a relationship with one's self and the importance of that.

Price: I did the book last year while I was travelling. It's been 'bugging' me for a long time that I had so many things. I discovered while I was packing up my house that I had all this information and notebooks and things I had written over many years. It was all going to go in the bonfire, but I decided that I would have to read it one last time.

When I read it, I thought, "Oh my goodness! There is no way that I can put this in the bonfire. I have to put it into a book and get it out there."

Issues that were so life-changing for me may have one or two things that would help other people as they read the book— and it did go in the bonfire in the end. So, that was how the book started.

I think that having published it last year, it is really timely. So many people are looking around and saying, "The world is broken. Everything is dysfunctional. We can't trust authority anymore. We can't trust in the systems anymore. We have to start taking more responsibility for ourselves."

Where that starts is the relationship with yourself. I suppose that has been my focus forever. In my late teens I was in Australia between school and the university. In the middle of the desert, at Uluru, I met a wise woman who said to me, "You are a sensitive." I had no idea what she meant other than that I was sensitive to all that there is. It really piqued my interest, and it started a lifelong quest for me to understand the bigger picture.

Let's go back to myself because I've written about my experience; it's personal. Everyone has their own version of this sort of thing if they have the mind to explore it. But mine started from always wanting to be the best that I could be in everything that I did. I was probably born like that, and my family culture reinforced it.

My early proving ground was rowing, but I shouldn't have been any good. I was far too small, but I maximized my fitness, and my technique was very good. Then I used visualization to make up for my lack of stature.

There wasn't any sports psychology at that time— about the 1970's. I remember

also saying to myself when I was training, “I’m going to get twice the benefit in fitness from this session,” and that eventually went up to four times the benefit because that was as much as I could wrap my ‘head around’.

Ultimately, that use of the power of thought (mind over matter) eventually led me to compete in the Commonwealth Games. So, I knew that thought was very powerful.

Later, I used the same idea in communicating with my animals, especially my horses, telepathically. I could actually train my horses using pictures. I would say their name to get their attention, and then I would show them the image as if they were seeing the movement that I wanted them to do. When they got stressed going into the trailer to go to a competition, I could show them what it looked like once they got there if they had been there before so they would recognize it. If they didn’t, I would show them out of their eyes what activity they would do – dressage, jumping, whatever. They would go, “Ahh,” and then the projectile pooing would stop, and they would get into the trailer and be very happy or could do the move I was trying to explain to them when I was riding them much easier.

The power of thought was something I learned in very, very practical ways. In the end, I started to use that as part of the self-healing program as well.

I know that you have had horses, Corey, so maybe you’ve had some experience with that as well.

Lynn: I have.

Price: Shall I carry on and tell you a little bit about my horses?

Lynn: Yes. I could go on and on about my horses, but you have so many good things to share.

White: Corey, I was expecting you to go on and on about your horses. That’s why I was quiet.

Lynn: I had one experience where I would speak with them telepathically and I

would visualize everything, and I didn't even need the lead; they would just follow side by side. I would say, "We're going to do a little canter and a circle here," and I would be on the ground doing groundwork and communicating telepathically without lunge leads or anything.

Price: Exactly.

I also discovered a lot about the power of thought in business, and I wanted to mention that before we talk about healing.

Business afterwards became my 'working the laboratory' for testing out all manners of things. I had a crazy life; it was perpetual motion. I didn't even have time to go to the loo (bathroom) in the day; it was that mad. So, I would use all sorts of visualization to make sure that the time fitted the tasks.

With 12-14 meetings during the day, with a half-hour between one of them to write an article for somebody, and before I even got out of the house in the morning – before I even got out of bed – I would visualize everything working, getting everything done that I needed to do, and it all being great. Invariably it was.

Then because I lived out of London and I was commuting, I had very little sleep. I survived for about 20 years on maybe 5 hours of sleep a night. But I would imagine before I went to bed at night that I would have the perfect sleep and rejuvenation in the time available. I would tell myself that. I fully functioned all of those years; I was never ill, and I was able to be effective in what I was doing.

So, I used business; business was a fantastic opportunity. Sports gave me the heads-up that I could apply the same power of thought I used through visualization in my athletic career to business.

I found it very exciting. The more I managed to do, the more I was 'hooked'. I wanted to explore it even further. I think it's like anything; when you want to develop a new skill, you have to practice, and you have to develop a new habit of being. So, healing was another fantastic method.

White: May I interrupt you for a moment. You talked about sports. I don't remember the exact numbers, but you are probably familiar with this. There was a study that was done with basketball players shooting free throws. One group physically did the free throws, and they practiced. The other group sat and visualized making free throws. That was their exercise; they didn't physically do it, they just mentally did it essentially.

When it came down to actually doing the free throws, it was remarkable how well the group that only visualized the free throws did compared to the group that actually physically did it.

I don't know exactly the conclusion they reached, but it showed the power of visualization. It is a very, very powerful thing.

Price: It's extremely powerful. You can use visualization to play out all the different possible scenarios that might actually happen. When I was rowing, for instance, every time I did a race, it would hurt because I went through the pain barrier every single time. So, you must be able to have an automatic pilot for the different race strategies. You have to have visualized absolutely everything: Where will you put in a burst of speed? What will happen if somebody comes back at you? How will you manage that?

You have to be on automatic pilot, doing all these role plays in your mind. Then riding cross country, if you are jumping big fences cross country, there are a whole manner of things that could go wrong. You have to know the terrain. You have to get your line exactly right, otherwise you could make a mistake. It's a big, fixed fence. You could invariably have a fall. So, I would think through absolutely everything and what would happen if...

Then you are on automatic pilot, and it makes an absolutely massive difference. Or you see yourself coming through the finish happy and safe – you and your horse. So, yes, I know from my own personal experience that I should have never been able to be as good as I was at rowing, but it was really the power of thought that was my secret ingredient.

Lynn: I think that is incredibly important right now with where we are with everything because I feel like I'm at fault, too. Here I am reporting on all this,

but there is this perpetual madness and this cycle of regurgitation of all this negative news and the constant news cycles. It's important that we are aware of what is going on and what this reality is and what the attempts are with these agendas on surveillance and enslavement.

It is more important, in my opinion, for balance and for the future that we manifest positive outcomes, and we think about them, we talk about them, we plan them, and we carry out the actions. Visualization and thought and words are incredibly important in all of this right now.

Price: Yes. I want to lead up to my actual process for manifesting a project by dealing with these individual elements now, but leading up to exactly that point. I think the other thing I would say about the power of thought is that you have to be very careful what you think because thought has a cause and effect relationship with the world around us. We know that; it's science now.

If you are thinking negative thoughts about yourself or about situations or about people, and those thoughts are strong enough, that becomes your focal point in this well-known law of attraction. That is your point of attraction, and you will attract to yourself what you are focused on whether you want it or not.

One of the really, really important things in starting to be the master of your own reality and create the life and the health and the everything that you want is to to unpick all the programming you've gained through your lifetime through your family, your friends, society, and your education. One of the easiest times that you can start to unpick this negative thought patterning is usually when you are challenged or when you are in a situation of conflict because that creates your 'knee-jerk' reaction in terms of behavior and thought.

So, it is a lifelong endeavor to start to narrate to yourself how you think and why you think that, and then start to say, "Does that serve me? Has that been creating repeating patterns in my life with the wrong relationships and the wrong jobs and the wrong situations of various sorts, and how do I change that?"

One of the fantastic ways of changing that and relaunching your new intentions is using affirmations. I still use affirmations today. I've used them all of my life;

they are super-powerful.

So, yes, we absolutely need to lift off the negativity of the knowledge of where we are in the world today. Now is the time to start to create this new world that we all want to live in, or that a number of us want to live in, at any rate, because it has to happen from the ground up. The top is too damaged for the change to come from the top down.

It's about all of us developing this relationship with ourselves in order that we can become manifesters in our own life and in groups of people who want to do similar things – whatever those things are – and actually start to rebuild the world.

White: How much of a role do you think the media plays in the negativity? I have a feeling that if everybody would turn off their phones and their televisions for two weeks, we could probably repair some hate that has been going on for a long time. I think it's fueled there.

I'm just as guilty as everybody else. I do a radio show. I'm not a 'doom and gloom' kind of guy; I try to talk about solutions, like we do here, but the fact is that if you turn on any social media appliance, you will get bombarded with negativity. It's almost impossible to avoid it. So, you almost have to turn that off.

Price: The mainstream media is corrupt. We know that it has been compromised.

Personally, I stopped watching the news about 20 years ago or more, and I haven't had a TV for at least 20 or 30 years. I don't use social media, and I don't use my phone. We will touch on that later when we talk about devices and the configuration of the RV.

I think you have to be very selective. That said, I am investigating my life and times every day, probably several hours' worth, while I'm doing other things – listening to podcasts and so on. But I choose the platforms that I trust like *Solari* and James Corbett and various others. I have a half dozen go-to sources, and I know those sources are well-researched, and I know they are going to give

me proper information from which I can make my own decisions about my life and be able to disseminate information to other people who don't have time to do research. I can share what I learned by passing that on because I'm using independent, uncompromised sources.

I think you are absolutely right, and it's about being terribly selective.

Lynn: I want to get into the RV part of this. We did an episode, and it was focused on the US. You and I already had a conversation about this, and it's fascinating what you went through to get your RV and how you structured and designed it, which I absolutely love. It's so functional.

Many people think they can't live in small spaces, but if it's functional and you think about where you actually spend your time when you are indoors, people would be surprised. I find it cozy, and it's so much less to take care of and clean, so it frees up a lot of time.

Price: So, you don't want to talk about manifestation? Or do you want to come back to that?

Lynn: I do want to come back to that. After we talk about the RV, we will get into the community, and work off it from the community.

Price: I was quite shocked to find myself making this move and living on wheels, but I have reinvented myself a number of times. I think it's in my nature to be fairly extreme. So, I went from city professional to semi-feral. I had seven or eight years in the middle of nowhere with my animals and my land. I was really re-wilding my soul.

Part of that process was connecting with nature in a way that I hadn't done before. I had always loved being outside, and my sport was always outside. But you don't really connect with nature when you are busy doing something else outside.

When I moved to the middle of Wales, I was in a microclimate of absolutely dire weather. It was of the utmost importance that I tuned in to understand when it was safe to turn the horses out, when I couldn't leave the property,

when the bad weather was coming in, when I had to get provisions, and so on.

That was a connection with nature that helped me to second-guess what was coming that was more accurate than turning on the weather forecast. So, I think there were a number of things going on.

There was the connection with nature; there was the financial reality of coming out of the corporate world and finding that money was tight after having big salaries when I was in London for 20 years and wanting to reduce my bills.

The whole thing about trying to be self-sufficient was important. You can't be sufficiently low on bills or self-sufficient when you are living in a 15th century property, but I had a wood burner, I had biomass, and I had my water and a borehole. I had some solar panels and various drainage options.

So, I did a certain amount and I am going here for a reason, so bear with me. I also knew what was going on in the world and wanted to get out of dependence on the system. All of that led me to think, "How am I going to live? Where am I going to live?"

Actually, I wanted to live abroad because I was done with the UK. I wanted a clean start, and I felt it was easier to reinvent myself in a new environment.

When the madness kicked off, and I couldn't travel abroad without hassle (and I didn't do any of the diktats at all – ever) I thought, "What do I do now? I'm stuck in the UK for I don't know how long, and I don't want to buy or build in the UK because I'm not staying here. What do I do now?"

So, I thought the unthinkable; "It's got to be wheels." I hadn't seen the UK; I had always been too busy. I realized that this was an opportunity to get some wheels and actually travel.

I looked around, but I didn't like anything that I saw because I had never fancied caravanning, and it was all very dull. I came across the one and only firm in the UK that make RVs. They're not RVs as you know them in the states because yours are supersized. Mine is somewhat supersized. In the UK, nobody has even seen RVs. So, I always have a queue of people everywhere I go

wanting a tour.

I thought, “I can do that.” That space (RV) is the maximum space I can tow and pitch. It was ‘nip and tuck’ in the UK, and it’s even more nip and tuck in Ireland. It was the maximum size that I could get onto campsites with a limited option.

White: It looks very nice. It’s called ‘Freedom’, right? I just had it on the screen.

Price: Yes, it’s called the ‘Freedom’.

Lynn: How long is it?

Price: It is eight and a half meters long unhitched, and it’s twelve and a half meters when it’s hitched. It’s 2.3 meters with the slide-out in. The slide-out adds another meter.

Would you like me to talk through the things about the design and the rest of it that are important?

Lynn: Yes, I think it is important. For anyone jumping into this (listening or reading) and trying to determine their space, I think that is important. The way that you went about it with the electric fields is phenomenal.

Price: I bought mine from scratch. That meant that it was built from scratch, and I had the opportunity to make the input into the design.

The space that I had was fixed, in terms of the living area; the bathroom, and the bedroom. Everything else was ‘up for grabs’. Having designed office spaces and designed horse books and designed my own house a number of times, it’s not a big deal to think through exactly how I wanted my space to be. In a tiny space, it takes a lot of thinking and detail – even down to the shelving and the entire thing.

You need to know where everything is, and it needs to be easily accessible. So, I started from the bare infrastructure. I said, “What is really important to me is

the way that it is the minimizing of electrical magnetic and radio frequency fields.”

I’ve done plenty of research into the whole EMF issue. I knew that it was a ‘big deal’. I already had experience affecting my health in my previous property, and I worked out what I could do in the 5th century farmhouse. So with the unit, I had the wiring done for all the plugs on a direct-wired basis. So, everything goes to a socket; it isn’t in a circuit.

Normally, you have everything on a circuit, but in such a small space, you can never get away from that circuit; you are sitting right in the center of it the whole time.

I managed to find somebody who knew a bit about it. I think in the states you have building biologists (EMF Specialists) who know a lot about this subject. We don’t have them in the UK. So, that was one thing that was really important.

Then, having as much of the electrics in the control panels outside in the locker as much as possible, and all the lockers (one inside and several outside) that have electricity are lined with a thin layer of aluminum. So, I created a space where it’s difficult for the electrical field to radiate from those boxes. That minimizes what I have to live with.

White: Does that create a Faraday cage secondarily as well?

Price: It sort of does. None of the stuff in the lined cabinets need access to 4G or connectivity; it’s only connections and fuses and batteries. So, they are all in boxes that are lined.

There are no sockets in the bedroom; I didn’t want any sockets in the bedroom at all, and didn’t want any wiring there.

I wanted a washing machine, which was very important. It’s a ‘girl’s best friend’, and I wanted drying areas. So, there are various cupboards around the place that have hot pipes running through them. I’ve put hanging places throughout so I can dry nearly everything easily inside after it comes out of my washing machine.

Then I wanted organic furniture, but the manufacturer couldn't do that for me. So, I got an organic sofa made by a furniture manufacturer, which means it's free-standing. It's strapped in at the back of the sofa. But it also means that it's a proper sofa, and it's much more comfortable.

I also had an organic mattress made. The manufacturer gave me a template for the bed, and I got a beautiful latex and wool mattress made so that I wouldn't be lying on anything that had fire retardants, for instance. So, that was all very important.

Something else to bear in mind is the payload and the distribution of weight in the unit with the material that you are having built in. I found out that if I had rear airbags put into the back of my truck that I tow with, that gave me an extra thousand kilos of payload. That was actually a handy thing to do.

Then there is power and heat and cooking and backups. Power is electric for the combi boiler. The combi boiler does my heating and my hot water. It has under-floor heating. It's on a thermostat, so I can set the temperature and it will do its thing. The back-up is gas; if there's a problem, I can use gas. I try not to because I keep that for cooking.

It has a nozzle attachment on the outside, so I can go to a pump and fill up rather than having to replace the canisters.

I had four solar panels put on the roof and two or three lithium-ion batteries. But because I wanted to minimize the electrical fields, I don't have an inverter. An inverter actually has a large electrical field. What that means is that if I'm off-grid (if I don't have a hook-up), I can't use my solar power that is stored in the batteries for anything that is on 240 volts. So, I can't use it for any big items; I can only use it for my computer, for charging, for the lights, and so on. That was a compromise I was prepared to make.

I didn't want any chemicals, so that determines what type of toilet you have. I found when I researched that there are a few very interesting options on the market now. You can have an incinerator loo. Have you heard of that?

Lynn: I recently heard of it, and I was going to look into that. How does that work exactly?

Price: It incinerates everything that goes into the loo. It takes about 30-40 seconds to build up a head of steam in terms of heat. You end up with a tiny amount of ash – like a thimble full of ash. So, there is a little tray, and you just empty the ash.

I didn't go for that because it would take quite a lot of power to run the incinerator, and I was trying to work out if I was in the UK on a 10-amp or a 16-amp pitch; we don't have massive 35-amp pitches like you do in the States. So, how much does everything take?

In Ireland, it's even worse: You only have a 6-amp in some places. I can't even run my heating on 6 amps, but on 10 amps, I can run my heating, but I can't boil a kettle as well. So, I have to turn my heating off to boil the kettle.

Normally, in the UK, it's 16 amps. So, it's important to work out how much power everything takes, and how much power the standing things take that have to run all the time. I didn't opt for the incinerator loo, but I opted for something else called a 'Separett loo', which is Norwegian. So, you have your urine in one compartment and solids in another. You can empty the urine canister every three days or so, and you can put that down where the gray waste goes. Then you can compost the solids.

It was a compromise; it was something that takes almost no power because it has a little fan that runs over it to make sure it doesn't smell. So, that 'ticked the box' with no chemicals and it ticked the box with low power, which I thought was quite a neat solution.

White: May I ask a question: It sounds like this is no 'smalltime' operation. You spent hours and days researching this, and it's stuff that you know off the 'top of your head'. That would take a lot of research to figure that out.

Price: It took a lot, but I am Miss Detail. When I get into a project, I like to really 'go to town' on it. But actually, it didn't take me as long as you would think.

I saw the unit and decided to go ahead with it straightaway. For the design process, I worked very carefully and very closely with the designer. I was researching all this along the way. It took about two months, and then it took two months to build it. So, it was only about four months from the time I made the decision to the time of actually getting it.

White: That's not too bad.

Price: It's not too bad.

Do you want to go on to devices?

Lynn: Yes! The devices are fun things. And some of these can be used in homes, too.

Price: It's all for homes as well.

One thing I forgot to say is about the 'best laid plans' and all that. There was something I found shocking that I didn't know about, and that is the way these units are made; everything is glued – everything. So, when you get it and it has a 'new' smell, and that 'new' smell is actually off-gassing of VO₂'s. So, your forever chemicals are off-gassing, and it is highly toxic. It takes three to six months for the smell to leave.

I had no idea; I missed that completely. So, I bought an air purifier which had special filters in it for VO₂'s. I have that on all the time. So, that would be important to mitigate against with an air purifier.

Now onto devices: I knew all about the EMF issue, and I had to do much more research for this, but I at least had a starting position. So, I use a light tower, which is one of the devices. It's on a tower, but it's stainless steel with a plasma coating. The reason it's on a tower in the unit is that it is an aerial, which gives it a range of 25 feet in every direction. If I wear it on my person and I put it in a pouch when I'm out and about or I'm cycling (because I have an electric bike, so I'm sitting on a battery in an electrical field on the motor), then it's like a pendant. It's protecting you as a person; in your space, the aerial gives it a range.

That means that it covers me when I'm outside or anywhere in the unit.

Whatever anyone has on their unit next to me or the site has Wi-Fi, I am protected by this unit. It has fantastic science behind it.

Basically, it structures the incoherent electrical fields that are all around you. So all the EMF that emits off routers and fridges and washing machines and wiring that is harmful to you is structured by this device so that it neutralizes the harmful effects.

It also entrains the cellular structure of your biology to do the same thing. So, it has health benefits like increasing the iron levels in the blood and oxygenation and biophotons, which are vital to rejuvenation. It also builds immunity and improves sleep. You can also stand all of your drinks on it after you've made them, or you can stand the food you are preparing and washing before you cook it, and it will do the same to those things.

White: Can you buy that somewhere, or did you just make that yourself?

Price: That is 35 years of research that comes from America. I've given Corey a link for that so you have it.

White: Then I have it in the notes. Fantastic!

Price: That is amazing. Also, there was the question of what to do about water. While I had water in a borehole at my farmstead, you are out and about, and there is fluoride in water and there is chlorine in water and there are the nanoparticles that are coming down from the sky from all the spraying in the sky. So, I looked into all manners of filters, including those that would take out the nanoparticles. That could have worked, but I didn't have space in an outside locker to put three or four filters that I needed after doing all this research.

I discovered that they can't get below zero, so they cannot be outside. So I thought, "Oh my God! What am I going to do now?"

Then I came across this fantastic tech, which is quantum physics called 'implosion technology'. I have various devices on me. This is an implosion

device, for instance; it has water and it has crystals. The water is structured, so this whole thing about structured water is really, really important.

We have in our bodies about 20% that is structured water, which means that it has coherence; it is different from the rest of the water. It's the same idea as the health spas in the world that are meant to be so healing; it's structured water.

This device and what I have on my 'in' pipe of what is coming into the unit, protects me. The in pipe before the water splits and goes in different directions, I have a massive coil that has the same structured water and crystals in it. It's beautiful; it's copper, and it's triangular. It spirals down and is tied with cable ties onto the in pipe.

There is a quantum transfer of the structure of the water that comes through the in pipe going into the unit, which means that it structures everything – the shower water as well as the drinking water. It improves the taste; you know that something is happening when the taste is completely different. You can taste the water out of the tap on a campsite without that, and it's revolting. You can taste it once it's had contact with the implosion device, and it's completely different.

There is plenty of science behind that as well. I'm not interested in things that are hearsay; I'm interested in things that have evidence behind it.

White: This is fascinating what you are talking about here! Do you know what that reminds me of? There has to be something with frequencies and resonance. If you have ever seen videos where they put sand on top of a speaker and turn on music, and it all goes into an exact geometric pattern; there are more unseen things, which I think are things that you can't see.

Lynn: Yes, it's acoustics and vibration.

White: You've seen that, haven't you, Corey? It all turns into a perfect form or a perfect flower. It's amazing. There is so much more that we don't know.

Price: Absolutely, but actually we do know; it's just been kept from us, which is hard science in certain circles.

One hundred years ago, Nikola Tesla (Serbian-American inventor, engineer) said, “If you want to find the secrets of the universe, think of it in terms of energy, frequency, and vibration.”

It’s unusual because we’re not given access to this sort of science. I gave a link for the implosion tech.

Lynn: We will have those under the Commentary, so people can find them.

Price: The third thing that is really important in terms of devices is ‘earthing’, especially when you are living off the ground. I did a number of these things: I had a device that I knew about before, and tried it on my house before I moved. Then I thought, “Maybe I need to have the different filters and go down that route and then come back to it.”

So for earthing, I have a sheet on my bed, and have a pad under my keyboard so that my wrists are on it the entire time, and I have one on the seat of my car. The car connects to the chassis, and it earths through the chassis. The one on my desks connects to the chassis of the unit and will earth that way. For the bed, I tend to put a lead out of the window and have a stake in the ground. So, I actually earth into the ground with the sheet that I sleep on.

So, what happens if there is lightning? I couldn’t get an answer, even from the manufacturer, so I don’t use it if there is lightning.

Lynn: What is this device when you say ‘earthing’?

Price: I should have explained ‘earthing’. In the normal run of things, if you take your shoes off and stand on the earth for 20 minutes a day, or walk around barefoot for 20 minutes a day, you will earth. So, that would be a process of getting rid of all the static that accrues in our energy field during the day from some reason or another, including all the wiring and things. At least that is my understanding of it.

That is what earthing does; it will take the static out of your body into the earth and ground it.

In the absence of wandering around barefoot, what else can you do? There has been a lot of science behind it, and it has been hugely helpful with people who have certain conditions and illnesses and low energy and so on.

Without being barefoot, these are the things that I do in order to make sure that I'm not holding static in my energy field. I probably wouldn't have all of the devices, but I'm afraid I've gone a bit overboard with devices.

White: Corey, do you remember when we had Nancy O'Brien on? She said, "Take aluminum foil and pull out a strip of aluminum foil and stand on it with your bare feet if you don't have 20 minutes to stand on the ground." I believe she was a former homeopathic physician. She said that if you stand on the aluminum foil while you are brushing your teeth, it will discharge a lot of what you are talking about into that aluminum foil.

I've heard the earth thing as well. I would prefer to do the earth thing because at least you are in touch with nature in that sense.

Lynn: With all these devices, how do you feel?

Price: I feel great! I never have a problem with energy. I never get sick; I haven't had anything wrong with me for 40 years. But that has been part of my whole outlook on life.

What we didn't talk about in health before was this complete idea of using the power of thought to talk to the cells of your body. I do everything that I can to minimize the 'crazy' toxicity that is in our sky, our air, our water, our food, and our environments. It's in our clothes and everything. So, I do all of the practical things.

I also talk to the cells of my body. The self-healing is related to that. So, I do an affirmation every day where I will say something like, "My biology is 100% balanced and my physics and my chemistry and my subtle bodies, which is my mental, my astral, and my etheric bodies."

So, I talk all the time to the cells of my body. If you don't become the boss of your body, it does its best, but that isn't always good enough. I want to be in charge of my body, and I talk to my cellular structure; I tell it what to do.

When I amputated my finger and when my horse severed an artery in his knee (I haven't done illness, but I've done plenty of injuries), I practice using the power of thought to heal myself. That isn't voodoo anymore; it has been proven in science that consciousness affects our biology; that is proven.

So I feel great. I always have good energy. I'm very aware of when my balance goes and what to do about it.

For 40 years or so, I've used a pendulum. I use this to put my instinct on the end of a piece of string where I can see it, which is actually much easier than trying to sense where it is in your body. I use that for food (what I should eat), and I competed at an international level in equestrian endurance. I did all of the horse's food and nutrition and my own food and nutrition and all of our fitness training by dowsing.

The combination of research and finding the right questions to ask and gaining information and then dowsing and doing more research and doing more dowsing was a process that I used to get to the pithy essence of what today, what in a week's time, and what in preparation for a competition. I've always found it to be incredibly helpful and time-saving.

So, I do all these things, but I also take responsibility for using my innate assets as well as devices and gadgets.

Lynn: Another device you have is the meter.

Price: Yes.

Lynn: I also wanted to talk about campsites. Let people know if in the UK there are any easy ways to find places to stay when they are searching to camp out. I know you said it's kind of tricky to find places.

You also said at one point, you had been to a campground, and there was a 5G

tower right there.

Price: I can't access it right now because my light is sitting in front of the meter, but I have a Trifield Gauss Meter, which is an American one. It measures the magnetic, electrical, and radiofrequencies anywhere.

I find it incredibly helpful. In the design, and while I was doing things with the unit, I was able to go around with the meter and test what I was doing to check that it did minimize the fields. But then when I go to a campsite, although I have all of the gadgets, normally I know I'm all fine and it's not a problem if there is a transformer on an electrical post nearby or there is a wire going over the top.

But I did go to a campsite, and with the best planning and intentions and questions asked of the campsite before I went, I found there was a 5G mast on the campsite. I put my meter on it, and it went off the scale. I thought, "Even with all my devices, I would be so stressed actually knowing that was there oozing all of this stuff. I cannot stay."

I think it is very important, and it helps you to get your strategy right. I've probably used it for family and friends more than I've used it for myself. You talk about these things, and people are very reluctant to take it on board because electrical fields and other fields are invisible. For most people, that means they don't exist, and therefore, they're not harmful. Wrong. If you can prove it with a meter and you show someone what their router or whatever in their house is doing, then that is indisputable.

I forgot to mention something very, very important, which is the internet and computer set-up in the unit, which also applies to houses. Would you like me to quickly cover that?

White: Of course.

Price: I only have one device that I use, which is my laptop. I don't use my phone; my phone is on airplane mode in a Faraday bag all of the time except if I need to make a call, which is very occasional.

I have messaging and everything on my computer, which is better for your eyesight and everything as well. So that is one less thing to think about.

I have one device, and that means that I can have a dongle. If I had more than one device, I would have a splitter on it. So, I have a 4G dongle, but I don't want that on my computer (even though my computer is about 25 inches from me) because it is going to create a big field. Even with my devices, I don't have it; therefore, I am not going to have it.

I have it on the end of a five-meter extension, which is the longest length you can have it on and still work connected to your computer. I put it out through the door, and it's on a stick five meters away from me outside. So, that is how I have internet access, and I've had brilliant internet access everywhere, including the most remote parts of Ireland and the UK. So, that is important.

Then nothing is wireless; I have no Bluetooth. The keyboard and the speaker and the mouse and everything are hardwired to the computer, so I'm not creating even more electrical fields.

All of that is really easy to do. It's not a big deal; you don't have to go without. It's just doing it slightly differently.

White: If you came to my studio and you would burn the place down and have me start over again with all that you have happening there.

To illustrate your point, there has been research showing that people who live close to those big electrical towers where numerous wires come together have higher instances of cancer and malignant cells because of their proximity to those giant electrical towers.

Price: Absolutely. I think there are over 2,000 peer-reviewed studies on the harms of EMF. That is a total other discussion.

Corey, you were starting to go into the conversation about campsites. That is something I can say something about. I can also talk about planning journeys. I have some good examples of what I do there. Shall I cover that?

Lynn: Sure!

Price: As for campsites, there are very few in the UK and Ireland that can take a unit of this size. In the summer when there is grass and the grass is hard, you can go on the grass, and that is fine, but nobody wants to go on the grass when the ground is soft.

What people don't appreciate with an RV is that you can't unhitch it and use your mover to have it go on the pitch itself. Have you seen movers? Do you know what they are?

White: Is that where they crank the RV in the back and lift it up on risers?

Price: No, most caravans in the UK are boxes. They are not very appealing; they are boxes, and they unhitch them. They put an apparatus underneath the caravan. They have a remote control, and it parks itself.

White: I don't think I've seen that before.

Lynn: That's incredible.

Price: That means they can get around any corner, and go on a tight angle. Normally, you have pitches at right angles to the main track that goes along the middle. It doesn't matter because they can unhitch and put it on remotely.

However, with mine, when it is 12 and a half meters hitched, it is all manual. So, I have to have a big enough sweep. It's not going to park on a right angle. I have to have a big enough sweep to get me on the pitch. So, I'm always going to Google Earth to see what the campsite looks like, look at their site maps if they have one on the internet, phone them, and send them pictures.

They usually don't like the fact that the door is on the right; that is continental. You have to take into account how close you are to your neighbor when you have a slideout. So, by the time you've done all that – and if you don't want to have children around, you'll want to go to an adult-only site. You don't want to be on tiny lanes getting to the site. You can't be too far off the main drag with a unit this big.

Then there is a lot of thinking through and asking questions. Even having done that, I've had some hideous experiences. I'll tell you one because I still quake when I think about it.

I was in Scotland, and was staying on a small site as it happened on that particular occasion. It was in a village slightly off the beaten track. I Google Earthed the road, and I could see from 'street view' that I could just about manage it.

I had spoken to the person. I looked at his access from the street view of Google Earth, and I said, "It looks a little bit narrow."

He said, "No problem! We've had articulates. We've had 'this and that' when we built the site. It's all fine."

So, I got there and found there were two high walls – one on each side – because of the houses; it's like a zig-zag. So, I had to negotiate this 'zig-zaggy thing' with high walls on both sides, and had perhaps a millimeter of space on both sides of the unit. I was absolutely dripping with sweat by the time I got in.

I spent the entire week panicking about how I was going to get back out. I used my show-jumping technique of 'walking the course'. So, I went out several times during the week and walked my line exactly. I swung around and looked at where I was heading, and I tried to imagine how long it was.

In the end, I did manage to get out okay. I had a millimeter on each side, and I was shaking by the time I got out. I said to the person, "You really cannot have a unit this big here."

If I had become stuck, there is no way I would have gotten out of the car, let alone maneuvered my way out of it or unhitch. They would have to take their house down, or I would have to get my unit dismantled because it wouldn't come out otherwise.

With the best in the world, you do make mistakes. But there you go, and I survived.

White: Quick story: I drove a limousine many years ago. I drove long limousines and limo buses, and had a similar situation that I got caught in. I had no room. I was sweating when I got finished because I thought for sure I was going to take someone's mirror off or something like that. That is a harrowing experience; I can relate.

Price: For journey planning, here is the thing: I've had other harrowing experiences relying on satellite navigation (sat nav). You may have a road closure, and then it will take you 'off the beaten pass'. Then you will find you're on a single-track road on a 'flipping' mountain going through a forest, and it's no good.

So what I do now is look on sat nav, and I plan it all on the computer. I have a map, and I've superimposed my route having looked at street views. If I have any doubt about the road, I spot check street views to see what it actually looks like on the ground. I look at the access of the campsites and so on.

I then have my map, and it has stickers on all the pages I have to flip over as I'm travelling, and markers showing when I'm going off a road and turning off onto another road. And I have written instructions.

So, if one system fails or it doesn't look on the ground what it looks like on the computer, I have different options. So, as I'm driving along, trying to drive and stay on the road, I decide what will be the most helpful navigation out of my three choices. So, you should plan extensively.

Lynn: You have tricky roads there.

Price: In Ireland, the roads are just chronic. You can go on a main road, and think it's an A road in the UK, which would be a good quality road, and it goes from being tarmac to virtually unmade with no warning whatsoever. It was so bumpy on my last journey that my bike was hitting the ground. It was on the rack on the back. The woman behind me was beeping her horn. I got out to see what was happening, and I had to determine how to remove the front wheel that I had to take off on the side of the road, which I hadn't done before. It ended up okay, and it survived.

You have to roll with it to a point as well, and stay calm. I will tell you one more story because this was hysterical in retrospect, but so frightening at the time. I had a three-day training course when the unit was finished and ready for me to take. It didn't cover anything like what I needed to know in hindsight.

So, I was in Scotland, and was coming down a pass between two locks. There was a massive drop on one side, and my brakes failed.

Lynn: Not good!

Price: They were snatching on the RV (brakes), and were snatching and holding for about four seconds and dragging the truck across the road. So I was beside myself.

I managed to hobble to a local garage, and they couldn't help me. Then I was on the roadside, phoning the manufacturer. (I was on the phone to them quite often, as you can imagine.) I said, "This is going on. Have you seen it before? What do I do? What is it?"

They said, "Oh, that's just the brake brain."

I said, "The what? How come that wasn't in the training?"

It turned out that after 1,000 kilometers, you may have to adjust your brakes. So, I was lying underneath the RV looking for the brake brain that I've never seen before, and I had to make a manual adjustment, and then drive a mile down the road and adjust it again about four times until I got to the point that it had enough brake in it but it wasn't snatching.

So, yes, you have to stay calm.

Lynn: Thank God you were able to do that, though. That is quite savvy.

Another problem even over here, and more so with motorhomes than a travel trailer, is if something goes wrong with it, you have to find a place that is used to working on those. You can't just go into any auto shop.

It's a bit of a pain, but it's rather 'cool'.

Price: I wanted to talk about asking the right questions. This takes us back a little in the conversation, but it is important.

When I first went into the financial sector, it was totally alien to me. I just didn't understand it; it was full of jargon and all the rest. The only reason I got by was that I started to ask what seemed like silly questions. I was embarrassed to be asking them. But I asked questions, and I kept asking them until I got an answer in plain English that I understood.

That was how I built my ability to communicate what financial planning was all about to other people.

I've used that skill in every project I've ever done in my life because every project for me has been a 'blank sheet' and has been in alien territory. I think that with this type of life, I've had many things go wrong.

When you are at a distance from the manufacturer and can't get back there, and there is no one else who can help you, you have to use your nous (common sense) to try to work out, "Could it be this? Could it be that?"

Then you start asking questions. Hopefully, if you ask enough questions, and you have this dialogue going on and they say, "Go and try this," and then you try that and they say, "Try something else," eventually you get there. But you do have to have some sort of nous to actually feel what it's linked to and why it would do that. Then you can start asking the questions.

Lynn: Absolutely. We are on our hour mark, but I wanted to quickly go over the Earthship community that you are looking at doing right now, which is your next manifestation.

James has someone coming in soon, but if we could touch on that, that would be great.

White: He should be here in about ten minutes, so we have about ten minutes.

Lynn: Great!

Price: The Earthship was about moving towards living in a self-sufficient way and being out of the system and so on, but actually it was also about the fact that it's harder and harder in the world that we are in – which is so toxic – to achieve a state of what I call 'homeostasis'.

Homeostasis is where you are on sufficient balance and energy that your health isn't an issue; you can go on and live your life.

Most buildings do not support homeostasis; they work against us because of their shape and because of their geopathic stress in the ground that the building is on because of the electromagnetics and so on.

So I thought, "I need to do something that is completely no bells, sustainable, ecological, and health-giving." This comes from bits of research I've done over the years that I have managed to pull together in this current project.

The Earthship idea is actually a hybrid; it's another iteration of the Earthship because it is specifically designed for cold climates, but also it incorporates sacred geometry, biomimicry, natural physics, ways of creating heat, and filtering water and doing all sorts of things that nature does.

When you have the Earthship idea where you are partially underground and are partially on top of the ground, you have heat from the thermal mass (the earth that is behind the building) that comes through the wall if the temperature inside drops below the temperature that is held within the earth. So, that is how you bring heat in from the earth.

Then you have solar gain that comes in from the glass that is on the front portion that comes out of the ground. You have the energy of the earth, and the connection with the sky and the light. So, you have a balance of elements and ingredients at a spiritual level as well. But you can do amazing things.

There is a person in France, Jean Pain, who created the system of bringing heat out of composting; he created some compost. He placed pipes and wires

through it, and he heated his whole house with hot water. It lasted for months and months until it was all decomposed and he had to redo the compost.

You can do things like that. You can have underfloor heating with a very efficient furnace that actually powers it or a sauna that powers it or a Russian oven, which is a brick-built oven that can do all of the above.

I am still exploring and developing and working out what natural materials and air-dried adobe, which is using the earth and creating sandbags. There are a 'million and one' different facets to it, and it is still very much a work in progress.

Even thinking it through, I'm at the stage where I am information gathering. It's wide open. I can't pin it down and make a plan yet as to a stage plan because I don't have enough information.

But, yes, I want to do that. Also, I want to stop being a hermit; I want to live in community with like-minded people. That is very much into the whole Aquarius energy of our times – collaborations of people with all sorts of different projects. It's not only living arrangements, but taking a stand over the judicial system or the EMF masts or whatever it is. It's acting in community and using the power of the community of like-minded people.

It will be all of those things, and I think that Ireland is the place to do it. It has a very special energy here. If we had time, I could tell you about the energy here, which is quite incredible. That is possibly another story.

White: I don't know if Vegas is taking bets, Fiona, but I'm betting on you. I'm putting my money on you to be able to make this work. Especially with as much as you've been able to do.

You are really the epitome of, "If you put your mind to it, you can do it." What you can believe, you can achieve. That is probably your T-shirt.

Price: Absolutely. There are solutions to all things. We have the power to manifest our own reality. So, I absolutely endeavor to 'walk my talk' every day in that regard.

White: What a fascinating interview. It was great to have you here.

Corey, is there anything that you want to say that you didn't get a chance to say during the interview?

Lynn: We could go on for two more hours on this. We could do a whole thing just on the Earthship.

I'll have you on my podcast when you get closer to that stage because I did research into pyramids at one point. I talked with an architect and started designing this. There are studies that show the healing abilities and the longevity where you place grapes on counters, and it could be there for weeks before it would even shrivel, and it would never mold, and razor blades would never dull.

There is a science to all of the geometry of this.

White: It's like the golden ratio. Doesn't that have something to do with it?

Price: It's the golden ratio; that's bio-geometry. There is massive science behind bio-geometry and the effects on healing. The father of bio-geometry is a person named Abraham Kareem, who is an Egyptian Egyptologist. His books are absolutely astonishing. So, yes, I want to incorporate all of that. It is for nothing if you can get it right.

Lynn: Absolutely.

White: Fiona, this has been great. I'm sorry we are out of time. I'll have to have you on my podcast as well.

We are at the end of the *Solution Series* podcast, and we appreciate you joining us. If you want to find out more about what we have happening, you can go to Solari.com or CoreysDigs.com. You can find out about the *Solution Series* there. There are many great guests, including this one. Fiona is going to fit right in with all of the other great guests that we've had.

Again, we appreciate you looking and listening in here. Until next time, this is

James White for the *Solution Series* saying goodbye for now.

MODIFICATION

Transcripts are not always verbatim. Modifications are sometimes made to improve clarity, usefulness and readability, while staying true to the original intent.

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