

Ask Catherine

July 3, 2023

INTRODUCTION

We include questions submitted through <https://shop.solari.com/ask-catherine/> and posted at *Subscriber Input*.

Thanks for your questions!

Organized by Categories

- A. Cash and Precious Metals
- B. Geopolitics & Financial Markets
- C. Equity Overview
- D. Feedback
- E. Health & Food
- F. Local Gatherings
- G. Recommended Links
- H. Take Action
- I. Other

Additional Resources

A. Cash and Precious Metals

1. Question:

please share the precious metals company you feel comfortable recommended for a large investment. and is there a ratio of silver to gold or specific types of either that you recommend. also do you feel their gold storage option is "safe" if markets begin to fail and the government intercedes. I have just pulled out of equities markets but feel I need to take this large chunk of cash and move to precious metals before the value if the cash drops even more. thank you for all the support you provide at Solari. I stumbled upon your electroculture links online and am going full speed ahead using it in my new garden. many blessings to you and the Solari team!

CAF Notes & Links:

What % of my assets should I hold in precious metals

Precious Metals section of Building Wealth – get educated

Decide custodian issues first

Price multiple reputable dealers

Inflation scenarios vs deflationary scenarios

2. Question:

Dear Catherine

I was discussing the issue of cash and digital currencies with a local shop owner. While there are costs to retailers for making sales via credit card the shop owner mentioned that there are also costs associated with cash – the time involved in counting it, reconciling it at the end of each shift, preparing the bank deposit, storing the cash and then going to the bank to make the actual bank deposit.

I must admit that I had not considered that aspect of cash. Do you have any idea how these 2 costs compare, the charges the retailer pays for credit card transactions versus the costs of handling cash?

By the way, something completely different: I was listening to an interview James Delingpole did with Clif High. James made a remark something along the lines of some people might think that he (ie. High) is crazy. High replied, 'Well, just because I'm crazy doesn't mean I'm wrong'.

I thought his retort was brilliant, and I thought you might enjoy it too.

I am looking forward to the chance to use that line myself: Just because I'm crazy (or a conspiracy theorist) that doesn't mean I'm wrong.
Wishing you a peaceful weekend and a good trip back to the States.

CAF Notes & Links:

Crazy picture – don't accept

Weaponization of mental health

CHOOSE YOUR WORDS CAREFULLY

3. Question:

Hello Catherine, Have you heard of Glint? It is a gold based savings and payment system. Do you think it is safe option to purchase gold? I opened an account about a month ago and only have a few hundred dollars invested. I like the concept, but I am a bit leery. I prefer my gold and silver in hand. Thank you,

CAF Notes & Links:

QR Code

4. Question:

Today I became aware of the existence of a form of legal tender here in my state of Utah called "Utah Goldbacks". It is paper money shaped like dollar bills, but are each coated with varying amounts of 24K gold - depending on the value of each particular bill.

The Utah Goldback is the first local, voluntary currency to be made of a spendable, beautiful, physical 24k gold encrusted on each bill and sealed with a coating., They are available in gold notes of 1, 5, 10, and 25,

Since the development and legalization of Utah Goldbacks in, I believe, 2011, three other states have picked up on Utah's lead of having Goldbacks for spending in their states: Nevada, Wyoming, and New Hampshire. Each bill has the name of the state it is to be used in - so you will see "Utah Goldback" on the Utah bills and

"Wyoming Goldback" on the Wyoming bills, etc. Apparently, they can possibly be used also outside the state of origin in the other states using Goldbacks.

Somebody online posted that there are security features built into the Goldbacks. Where gold coins and fractional gold can be fraudulently made easily, Goldbacks are not so easy to duplicate. They're serialized as well. The Federal Reserve and the Federal Government will likely do everything in its power to stop this if it becomes popular. Do you think they could stop it - since it is a state's right to produce its own money spendable in that state?

I just found out about this today so I don't know too much about Utah Goldbacks - and I would like your opinion on it. Do you think it holds promise of being a useful method of continuing to buy things in the event our money gets locked up by the Feds/WEF? Also, how could we purchase it with confidence? Likely the people selling it will not be in known, proven establishments since it is on the fringe - possibly not that popular - although it seems to be better known and more used than I would have imagined, based on what I read today online.

Thanks for your help with this!

CAF Notes & Links:

From 3/28/2023

GOLDBACKS. A reader asked me to comment on goldbacks, the mylar currency containing minuscule amounts of gold. Briefly, goldbacks are an appealing but way too expensive toy. You'll understand when you see this table of prices based on spot gold at \$1,968.07. That says it all.

GOLDBACK	COST EA.	COST/OZ	PREMIUM
1/1000 oz	\$ 3.86	\$ 3,860.00	96.28%
1/200 oz	\$ 19.30	\$ 3,860.00	96.28%
1/100 oz	\$ 38.61	\$ 3,861.00	96.33%
1/40 oz	\$ 96.51	\$ 3,860.40	96.30%
1/20 oz	\$ 193.03	\$ 3,860.60	96.31%

B. Geopolitics & Financial Markets

5. Question:

Am wondering if you have any idea what's happening with the Dutch Farmers? I'd heard about their protests and thought they were going to come out on top—now am hearing something like 4,000 farms have been "taken" by the government. You've talked before about the Dutch farmers—am wondering if you might have an update?

CAF Notes & Links:

August Publication and Series on Energy

6. Question:

Hi Catherine,

You probably get tired of people thanking you but, thank you!!

Last year sometime, during one of the Money and Markets reports, you mentioned, and I am paraphrasing, that you thought that it was probable/possible that Ukraine is being emptied in preparation for a 'new israel'.

Will you elaborate on that please? Do you think that the Holodomor was maybe another action toward that same end?

Best Regards, "P"

CAF Notes & Links:

<https://en.wikipedia.org/wiki/Holodomor>

C. Equity Overview

7. Question:

We have recently retired and have two questions for Catherine:

We have been listening to Financial Rebellion for years and are impressed with Catherine's insight . We have funds at our local bank and with an advisor at Morgan Stanley as well as some income property. I am xxx and my wife is xxx

1. Given the uncertainty of the world markets and the potential of CBCD plus the weakening of the US dollar is it best for us to pay off the mortgage on our home even though the interest rate is 2.75? We have about 10 years left to maturity.

2. Also given the uncertainty in the world are we best to withdraw funds from investment accounts and buying hard assets like real estate and if so would you recommend buying outside the US like in Mexico. We have a concern that the dollar will not be the "petrodollar" any longer and will lose value.

Thank you for being available

CAF Notes & Links:

8. Question:

CAB First let me say, you are a hero of mine! I love CHD and follow all your recommendations where possible.

I am a xxx who went to work to support myself right after highschool (no college) until I was married when I became a stay at home mom and homeschooler.

I am about to come into a great deal of money through the Camp LeJeune legislation. The attorneys are filing a "Wrongful Death" claim of 20M for my deceased husband. How do I handle that kind of money? Where do I put it? What do I do to assure my son will inherit when I die? (I do have a will.) How do I find someone trustworthy to assist

me? I have a bank but how can I be sure they are honest? I have very little faith or trust in humans after the last few years. The similarities to Nazi Germany are too profound.

We have already worked to solidify our security by moving out of xxxx xxxxxx insane and fleeing to population 700. We are learning everything about homesteading and personal responsibility as you suggest. There is no other family to turn to.

But, what do I do with that money? Should I spend it as fast as I can creating our security zone? The only sure thing is paying off my sons sizeable student loans. Many years of schooling left him utterly disillusioned and deeply in debt like many others.

Thank you for time any assistance or referrals you can give me.

CAF Notes & Links:

Listen Ann Christenson and Tim Caban

Pay off family debt and family resilience

Health and food

Building Wealth

9. Question:

Good evening,

I love Money & Markets. Here's my question, my husband is retired xxxx and I'm xxxxx, still working and saving! We own our home, have zero debt, but I'm very concerned about our investments. My husband has his retirement money in a mixture of bond stocks (Vanguard and high yield municipals). My retirement savings are in stocks and bonds (Vanguard and Fidelity) and CD's at my Credit Union. I'm reading so much about the manipulation of markets and I'm no longer comfortable with the "Buisness Reports", publications and advisors that I once trusted. I know you do not offer individual financial advice, but I'm sure many people would be helped if you and Carolyn could say whether there are any funds that you would feel comfortable putting your own money in. I don't want to "panic" and move everything into a gold IRA (everyone seems to be advocating this approach for the "coming crash), but I also do not want to lose what we've worked so hard to save. My husband think's everything will be "fine" and the markets will recover, I'm not

convinced. Any suggestions on best practices for those of us approaching retirement?

Thank you!

CAF Notes & Links:

The Inside Outside Lie – and the Go to Gold Ridiculousness

Criminals steal everything

D. Feedback

10. Question:

Good evening Catherine and Caroline.

Just a quick note to let you know I laughed out loud during last Solari Report. Frequently I listen while I'm exercising. So when Catherine announced she had a subscription to Foreign Affairs when in high school, I couldn't help but laugh. In fact I was running and tripped. Good thing it was in the pool! Truly, I was NOT laughing at you. We couldn't afford a subscription to FA, but I was interested in the publication during my high school years! It was a busy time with the cold war, the Berlin wall, Nicaragua, etc. So, yes, I did go to the library and read FA. Actually, there was so little interest in the "book," that the librarian got to the point where she let me "check it out." No slick, oversized pages. Just a stubby publication with thick pages and long articles. Haven't picked one up in decades.

I don't believe I've ever heard anyone say they read FA as a child. Wow! My excuse? High school debater, extemporaneous speaker, orator and more. I guess I found my amusement for the day. Thanks for all you do! "L"

CAF Notes & Links:

11. Question:

Hi Catherine,

As the world gets crazier and crazier, if anything, it has circled me back to religion and God. I now fervently study it and enjoy learning about the Bible. Like you, in the end, I am a Christian. I believe in God, Jesus Christ, and the Holy Spirit.

As I've searched for a religious "home base" or church with like minded people in world views, one thing I have found is the churches that seem to understand what is going on in the world have a very "male centered" hierarchy in the church. Only the men seem to have any say and "the power" while the women are often used as "the workers" to do the busy work. Often these churches are comprised of "elder groups" that are all men.

Not coming from a particularly organized religious background, yet always believing in God, I find this interesting. I often wonder if a world can move forward in this type of "suppression system" of women in religion? Knowing how powerful, knowledgeable, and brilliant you are, AND that you are a Christian AND a woman ...how have you navigated this? Have you come across women suppression systems in your churches that you attend? Do you believe in this type of power structures in religion? Can Christianity and this type of mentality in regard to women work in the future world? From a women to a women, I've often wondered how other intelligent women think about this in religion.

Side note: I had a dream last night that I can't particularly remember, except for the very end. The dream ended in a diagram of a triangle with each of the 3 corners labeled: BlackRock/Blackmail/BlackMagic, who means to me...

BlackRock=BlackMail=BlackMagic. This is unrelated to my questions above, but just thought I'd share! Also, also 3 words had the root word "Black". Interesting!
Thanks, "A"

CAF Notes & Links:

Read Forest Maready

Mostly protective alpha male

12. Question:

Hi Catherine,

I have just renewed my subscription but wanted to let you know that you are doing fantastic work. Thanks, and the comment about helping those that are trying to make, these words tugged at my heart because those that cannot see will not open their eyes and so I have decided to quickly move away from the blind. Keep up the great work.

CAF Notes & Links:

13. Question:

Catherine – I've been wondering for the last few weeks why you guys don't address the new "Tucker on Twitter". He's routinely putting up 30-100m views for his videos and saying some intriguing things...

CAF Notes & Links:

14. Question:

EDUCATION:

Texas A&M (and others) have published articles in last few years about future decrease in number of high school grads. Given the rise of immigrants, I'm not sure these numbers are accurate. Birth rates were already dropping before the last couple of years. We probably know birth rates are going to decline further or at least not get better without "science" interventions. Linked is one article on the matter <https://www.tamus.edu/data-science/2022/10/01/predicting-the-future-of-high-school-graduates/> . You've mentioned how this impacts retirement, and the aging population has been a topic for several years.

Questions: Accuracy of data? Even with AI taking a chunk of jobs, what's the impact on businesses? Community colleges are already taking a hit. AI won't be able to replace the trades easily like hvac/r, plumbing, etc. Interestingly, down here in Texas,

one resi new construction GC reported to me a few months ago that labor rates for subcontractors continue to increase down here. The framers are getting about \$30/hr. I don't know if this is a question or just a comment. I'm having a hard time putting these pieces together. There is such a tremendous amount of overlap of issues at this point. Never seen the economic puzzle or the future so foggy.

GROCERY STORE/CASH/MASKS

Went to Tom Thumb the other night (it's a major grocery store). Three masked people and only 10% of people paying in cash there. UG! I'll stick with Natural Grocers except they don't have everything and have stocking issues. Might need to go and hand out little pay with cash cards at Tom Thumb, though.

FARMERS MARKET

Went to a Farmers Market in Ennis and it's tiny, which we suspected. We'd never been. There are so many within an hour of Dallas. Older man had watermelons on a covered trailer. Great diamond red (I think that's the variety). Talked to him for a bit to hear what he's seeing. He has been transporting/selling for decades when watermelons were \$1. Farmers complaining of no one to help (not even illegal immigrants) even down in Navarro County which is getting close to Central Texas. Not news, but just confirmation.

One couple who sold onions, squash and zucchini as hobby farmers invited us to come pick what we want and drop off money. Told us where the farm was. We have some property not too far from them. How 'bout that small town living! Finally, Ennis had an early 4th of July bicycle parade. It was cute to see kiddos with their bikes all decorated for the fourth riding through downtown area. Maybe they'll cover it in the upcoming edition of Ennis News. <https://www.ennisdailynews.com/>

Thanks. "L"

CAF Notes & Links:

15. Question:

I live in Minnesota.. I found this article in the Mpls/St. Paul Newspaper. Interesting



current federal law inhibits owning firearms and using cannabis. I am wondering if this is a back door to take away American citizens' guns? Just an FYI. Thank you for all your work and Solari in providing trusted information!

CAF Notes & Links:

E. Health & Food

16. Question:

CAF Notes & Links:

F. Local Gatherings

17. Question:

Hi Catherine:

My name is “GS”. I am obviously a subscriber to Solari and a longtime fan of yours.

I have several reasons for writing. Firstly, a number of friends of mine have been taking the lead and setting up meetings with local community banks. The reception from the institutions has been quite good over all. However, their lack understanding of what may befall them if they don't get on the stick is a bit shocking. However, those who have been working on this effort would love an opportunity to talk with you via a webinar or in person. We are in Southern New Jersey, east of Philadelphia. Let me know if either option is possible.

Secondly, I will be announcing shortly a run for Congress in New Jersey's 3rd Congressional District for 2024. I will be running for the Republican nomination. I ran in 2022 as an Independent to get my name out and to address topics that neither of the other candidates would touch. I am adding to my priorities two important items: Financial Transaction Freedom and Medical Freedom. My website is not updated yet from my last campaign but you can get a sense for my views and who I am by going to VoteSobo.com.

Catherine, I would like you also to consider being on my Board of Advisors. My goal is to build an informal Board of experts from many fields who can provide me with insights and advice on articulating important priorities during my campaign. I envision advisors from the fields of Science, Economics, Politics, Medical, etc.

My background is somewhat similar to you in that I currently provide financial advise primarily to business owners in navigating the current economic terrain. I was trained in Economics at Union College (Schenectady, NY) and also received a Masters in Computer Science from Union. In Economics I had strong monetarist professors from the Friedman camp. I could never understand and they never adequately answered me as to why we even needed the Federal Reserve. Anyway, that's a separate discussion.

Please let me know when you are in the Philadelphia area. I would be delighted to buy you dinner. Their are a number of friends of mine who also would love the opportunity to meet you.

Let me know if a webinar is possible as well. You can reach me directly at

Sincerely,

“GS”

CAF Notes & Links:

18. Question:

Dear Catherine:

My apologies in advance if my request falls outside Solari’s purview!

I plan to join a Solari Circle but I’m moving from MI to TN this autumn (initially as a snowbird – eventually year-round) and as I’m unable to join a Circle long-distance I’m reaching out to you wondering if, since you are a TN resident, you may potentially be able to recommend any resources relevant for someone seeking a congruent community in TN.

After reading Joel Skousen’s book 'Strategic Relocation' I’m initially leaning toward Chattanooga (or possibly Knoxville or Nashville) as I imagine that at least initially I’ll need to live close to a metro area in order to find temp work. I realize that it takes at least a year or so to get the lay of the land so any help in narrowing things down will be greatly appreciated! The most important aspect for me is to locate a community with some like-minded individuals (e.g., I feel that I would have fit right in at Solari’s 2022 joint conference with Weston Price and Children’s Health Defense) along with opportunities to at least volunteer for something meaningful.

Any resources/referrals you may be able to recommend will be most appreciated!

Thank you for all that you do!

CAF Notes & Links:

G. Recommended Links

19. Question:

[The Liberty Engine Project]

<https://www.youtube.com/@thelibertyengineproject7966/featured>

Are you familiar with this? Assuming it is real, and magnetic engines have been theoretical for years, it is a game changer. Do you have any insight into this technology?

Thank you.

CAF Notes & Links:

20. Question:

Whistleblower Mike Gill has a plan

[Juan O Savin with David Nino Rodriguez]

<https://rumble.com/v2w8pha-juan-o-savin-with-david-nino-rodriguez.html>

CAF Notes & Links:

21. Question:

Have discovered Dr Steven Greer's website. He basically answers the question Who is Mr Global.

He presented on 6/12/23 the Disclosure Project National Press Conference in Washington DC and his documentary "The Lost Century and how to reclaim it," which also will be premiered in LA July 8/23. To me, he is more than the hero of the week and the more people learn about this project, the better chance we may bring in a better world.

Also I'm wondering if Solari has heard of Dr Sandra Michael, who made possible Scalar wave for energy healing centers which have helped many people with health issues.

By the way, I have sent personal questions before through email but apparently were never received as they were never responded. Hopefully this medium of sending questions/comments works, first time i'm using this,

CAF Notes & Links:

22. Question:

Putin reveals details of draft treaty on Ukraine's neutrality

[*https://www.rt.com/russia/578220-putin-ukraine-neutrality-plan/](https://www.rt.com/russia/578220-putin-ukraine-neutrality-plan/)

Non RT Ukraine-neutrality-plan.

[Putin Shows Proof of 'Draft Treaty' to End War; 'Ukraine Reneged On Peace Deal' | Details]

<https://www.youtube.com/watch?v=wQIqOB8PVLU>

Boy, Would I like to see those documents in full!

CAF Notes & Links:

23. Question:

Russian sanctions – Russian humor at its finest

They're getting desperate:

https://twitter.com/TFL1728/status/1669393491326009359?ref_src=twsrc%5Etfw%7Ctwcamp%5Etweetembed%7Ctwterm%5E1669411753782853637%7Ctwgr%5E5b26990bb0bebb766349bac6d90feba25831b998%7Ctwcon%5Es2_&ref_url=https%3A%2F%2Fsubscriber-input.solari.com%2Fforums%2Ftopic%2Frussian-sanctions-russian-humor-at-its-finest%2F

[They are getting rather desperate]

<https://twitter.com/i/status/1669411753782853637>

CAF Notes & Links:

24. Question:

[“Alice in Wonderland” Torture Technique]

[*https://forbiddenknowledge.net/alice-in-wonderland-torture-technique/](https://forbiddenknowledge.net/alice-in-wonderland-torture-technique/)

“Alice in Wonderland: The Power of Applied Confusion

The aim of the Alice in Wonderland or confusion technique is to confound the expectations and conditioned reactions of the interrogatee. He is accustomed to a world that makes sense, at least to him: a world of continuity and logic, a predictable world. He clings to this world to reinforce his identity and powers of resistance. The confusion technique is designed not only to obliterate the familiar, but to replace it with the weird...[and] as the process continues, day after day, as nec-

essary, the subject begins to try to make sense of the situation, which becomes mentally intolerable...[and] he is likely to make significant admissions, or even to pour out his story.”

“What we’re being put through is literally torture. The purpose of this technique is not just to obliterate the normal but to replace that which is normal with the mind-bogglingly bizarre, so that the person goes into a state of deep trauma that is so awful, they would rather give up their secrets and return to a reality that makes sense, than to continue with more of this.”

CAF Notes & Links:

25. Question:

The Plot to Seize Russia – The Untold History

- <https://www.armstrongeconomics.com/product/the-plot-to-seize-russia-the-untold-history/>

(<https://www.bitchute.com/video/zwYyvNI7pD4r/>)

It would be interesting to hear Anne Williamson’s take on this.

[The Plot to Seize Russia & Make It a NATO Vassal - Martin Armstrong - September 21, 2022]

[*https://www.bitchute.com/video/zwYyvNI7pD4r/](https://www.bitchute.com/video/zwYyvNI7pD4r/)

Martin Armstrong discusses his (2022) book based on declassified documents where in the 1990s the West, NATO, and Russian oligarchy plotted to seize Moscow, loot Russia, and takeover its natural resources. Yeltsin turned to Putin who was not a communist and is not an oligarch. The Moscow apartment bombings or propaganda surrounding them being a false flag would likely have come from Boris Berezovsky. The Great Reset is basically a debt default and the EU is a disaster that will fall apart. At this point most of the attack on Russia is related to “climate change” and to shut down fossil fuels.

CAF Notes & Links:

26. Question:

Tanks for Kidneys

[*https://www.bitchute.com/video/F0juZ8gNLCkY/](https://www.bitchute.com/video/F0juZ8gNLCkY/)

Grim.

“This documentary reveals how NATO with the help of international NGO’s like the Red Cross and Doctors Without Borders have been committing atrocities in war zones like Ukraine in order to enrich themselves through black-market organ harvesting. The victims of this gruesome practice included soldiers, civilians, and even orphaned children.

Russia has uncovered incriminating evidence from the areas in Ukraine that were liberated, and when the Special Military Operation is over, they have vowed to hold tribunals in order to bring these NATO war criminals to justice.”

CAF Notes & Links:

27. Question:

I* don’t know whether to believe this or not

This report shows that schoolchildren in China, as young as 5 years old are being trained to hate and kill Americans and to go to war with them and with the rest of the world.

[“KILL AMERICANS” – China’s New Education Campaign in School]

[*https://forbiddenknowledgetv.net/kill-americans-chinas-new-education-campaign-in-school/](https://forbiddenknowledgetv.net/kill-americans-chinas-new-education-campaign-in-school/)

CAF Notes & Links:

28. Question:

Fantastic episode – Joe Rogan interviews Robert F. Kennedy

Joe Rogan episode # 1999

[https://open.spotify.com/episode/3DQfcTY4viyXsIXQ89NXvg?](https://open.spotify.com/episode/3DQfcTY4viyXsIXQ89NXvg?go=1&sp_cid=fae28369a68fa56e197db1642d6986b0&utm_source=embed_player_v&utm_medium=desktop&nd=1)

[go=1&sp_cid=fae28369a68fa56e197db1642d6986b0&utm_source=embed_player_v&utm_medium=desktop&nd=1](https://open.spotify.com/episode/3DQfcTY4viyXsIXQ89NXvg?go=1&sp_cid=fae28369a68fa56e197db1642d6986b0&utm_source=embed_player_v&utm_medium=desktop&nd=1)

CAF Notes & Links:

29. Question:

*Cleveland Clinic study – more shots = higher rate of CoVid infections

no one here is likely surprised is my guess

[Authors of Cleveland Clinic’s Groundbreaking Study Release Another Finding Which Contradicts CDC Narrative: “Those Not ‘Up-to-Date’ on COVID-19 Vaccination Had a Lower Risk of COVID-19 than Those ‘Up-to-Date’”]

[*https://www.thegatewaypundit.com/2023/06/authors-cleveland-clinics-ground-breaking-study-release-another-finding/](https://www.thegatewaypundit.com/2023/06/authors-cleveland-clinics-ground-breaking-study-release-another-finding/)

CAF Notes & Links:

30. Question:

Tom Campbell Interview Unveiling Wholeness

Writer of “my big toe” toe stands for theory of everything.

Tom Campbell begins by answering the question about disorder in our reality.

<https://www.youtube.com/watch?v=bReM1vTaArI>

CAF Notes & Links:

31. Question:

Landowners Eminent Domain South Dakota

[SD Landowners Facing Eminent Domain Lawsuits]

<https://thenewamerican.com/sd-landowners-facing-eminent-domain-lawsuits/>

CAF Notes & Links:

32. Question:

Buying Senators for \$ 10K

I guess the Presidency just comes with a higher price tag

[How To Buy Politicians – Undercover Video Of BlackRock Exposes!]

[://www.lewrockwell.com/political-theatre/how-to-buy-politicians-undercover-video-of-blackrock-exposes/](https://www.lewrockwell.com/political-theatre/how-to-buy-politicians-undercover-video-of-blackrock-exposes/)

CAF Notes & Links:

33. Question:

NASA Study Shows Climate Change Is Actually GREENING The Earth!

No surprise to anyone here I'm sure

<https://www.lewrockwell.com/political-theatre/nasa-study-shows-climate-change-is-actually-greening-the-earth/>

I guess that's why this week Greta took down her tweet from 6/21/2018 where the "experts" were forecasting doomsday for the world in 5 years (timetable came and went yet we are still alive and kickin')

CAF Notes & Links:

34. Question:

*file under "can't make up" – Harvard ethics expert commits ethics fraud

My oh my, how far these "IVY LEAGUES" have fallen under Communist takeover.

[Harvard Ethics Expert Caught Committing Academic Fraud]

[*https://igorhchudov.substack.com/p/harvard-ethics-expert-caught-committing?publication_id=441185&post_id=130601058&isFreemail=true](https://igorhchudov.substack.com/p/harvard-ethics-expert-caught-committing?publication_id=441185&post_id=130601058&isFreemail=true)

CAF Notes & Links:

35. Question:

*Proposed Federal Rule Stop All Human Activity

[Proposed Federal Rule Would 'Stop All Human Activity' On Public Lands, Say Wyoming Industries]

- <https://cowboystatedaily.com/2023/06/15/proposed-federal-rule-would-stop-all-human-activity-on-public-lands-say-wyoming-industries/>

CAF Notes & Links:

36. Question:

Looking forward

“Once markets have collapsed, we can expect a deflationary trend that governments will respond to by creating massive inflation, very possibly leading to hyperinflation.

...

“They would likely keep funding for Homeland Security, the IRS, and the Capitol Police and, in fact, would be likely to increase funding for all three. (Bear in mind that the Capitol Police is unlike any other police force; it is a virtual army, designed to protect legislators within the beltway from what will soon be classified as “domestic terrorism.”)

...

“Along the way, those states that are net receivers of largesse from the federal government will find their allowances cut dramatically. This will mean that, for state and city governments, roads, garbage collection and departments such as Fire and Motor Vehicles, will all receive cuts, along with state and city police departments. This latter move will not only result in increased lawlessness, but will result in police themselves becoming more lawless, or a law unto themselves .”

<https://subscriber-input.solari.com/wp-content/uploads/2023/06/Looking-Forward.pdf>

CAF Notes & Links:

37. Question:

One Chart Tells the Entire Story

Analysis shows 26% worse mortality among the vaccinated and “the people who are under the age of 50 who took the vaccine now have a 49% higher mortality rate”. <https://twitter.com/i/status/1644321203295748096>

CAF Notes & Links:

38. Question:

*Does the US Government Represent the people?

Video presenting an overview of a Princeton University study on this topic:

*<https://www.youtube.com/watch?v=L7r-lTV4FW0>

CAF Notes & Links:

39. Question:

Links for musical levity

Soundtracks for the Awakening: <https://preventgenocide2030.org/music>

CAF Notes & Links:

40. Question:

Link for some cartoons

<https://preventgenocide2030.org/levity>

CAF Notes & Links:

41. Question:

Russia and astrological forecast

THAT RUSSIAN COUP THING.

<https://forum.gizadeathstar.com/t/that-russian-coup-thing/15174>

Astrological Forecast: H2 2023

Join Gordon and Austin for the traditional six-monthly astrological forecast!

[Astrological Forecast H2 2023: Fires of Transformation | Austin Coppock]

https://youtu.be/jR9MsMxn_4E

CAF Notes & Links:

42. Question:

Boeing Charges Pentagon \$52,000 For Trash Can that had been \$300
no wonder US defense budget is higher than the combined TOTAL amount of next
8 countries

<https://greatgameindia.com/boeing-charges-pentagon-52000-for-trash-can-previous-ly-priced-at-300/>

CAF Notes & Links:

43. Question:

*Not the bird flu but cell tower radiation that killed all of these birds
[It wasn't "bird flu" that killed wild birds in Europe last spring, it was radiation
sickness]

[*https://expose-news.com/2023/06/25/it-wasnt-bird-flu-that-killed-wild-birds/](https://expose-news.com/2023/06/25/it-wasnt-bird-flu-that-killed-wild-birds/)

CAF Notes & Links:

44. Question:

BlackRock's Serge Varlay: 'We buy politicians'

["We buy politicians. A senator is f*** cheap. You can buy them for 10k."]

<https://stopworldcontrol.com/recruiter/>

How about buy 1 get 1 free?

CAF Notes & Links:

45. Question:

'*Coincidentally', soon after this happens. ESG taking on a mutation, not exactly
dropped

[BlackRock CEO Drops "ESG" Term After Blowback]

<https://www.zerohedge.com/markets/blackrock-ceo-drops-esg-term-after-blow-back>

CAF Notes & Links:

***46 Question:**

Major Actress Tells Us That Movies and TV Are Utilized for Mind Control
It's nice to hear someone from inside of Hollywood openly discussing this.
During this short interview segment, actress Roseanne Barr tells us how Hollywood is basically organized crime, and how both movies and television are utilized to control the minds of the people.

[Organized Crime: Watch Roseanne Barr's Take on Hollywood]

[* https://dyn.conservative.blabber.buzz/3Tgk](https://dyn.conservative.blabber.buzz/3Tgk)

If that link to the video below doesn't allow you to play it, this link should then work: https://www.blabber.buzz/buzztube?vId=1050022-organized-crime-watch-roseanne-barr-s-take-on-hollywood&utm_source=c-am&utm_medium=c-am-email&utm_term=c-am-GI&utm_content=9TFuwzaC7HGfRUNB3zp-JYY-fbRKju6ftW2YyDmugWOg.A

She started a new podcast, moved to Texas after performing at Rogan's new club. I still need to watch her last special

[Roseanne Barr interviews James O'Keefe. Episode 2]

<https://rumble.com/v2w2ki0-roseanne-barr-interviews-james-okeefe.-episode-2.html>

CAF Notes & Links:

47. Question:

WEF: Public Must Consume 'Human Waste' to Fight 'Climate Change'

I honestly believe these psychos sit around thinking of the MOST OUTRAGEOUS things they can try to get us on board with and they are laughing their asses off behind closed doors

<https://newsaddicts.com/wef-public-must-consume-human-waste-to-fight-climate-change/>

CAF Notes & Links:

48. Question:

Bill Gates Exposed as ‘Largest Funder’ of Virus Outbreaks

he and Klaus are very likely two of the most evil people on earth

<https://newsaddicts.com/bill-gates-exposed-as-largest-funder-of-virus-outbreaks/>

CAF Notes & Links:

49. Question:

Hero of the Week nomination: MP Dean Allison

Dean Allison introduced a private members bill C-278 An Act to prevent the imposition by the federal government of vaccination mandates for employment and travel

Someone clipped out him presenting the bill to parliament and I greatly appreciate many of the statements he put on the record.

VACCINE MANDATE ACT

https://youtu.be/F_qwa32NT8c

CAF Notes & Links:

50. Question:

Bill Gates funded chatbots to be used to promote the jab acceptance

<https://greatgameindia.com/bill-gates-funded-ai-chatbots-promoted-covid-vaccines/>

CAF Notes & Links:

51. Question:

RFK Town Hall tonight

<https://www.kennedy24.com/newsnation-presidential-town-hall>

In case anyone wants to listen it. Starting in 40 mins!

CAF Notes & Links:

52. Question:

Amazing video on how China scams their “Green Initiatives”

[China Is Planting Fields of Stones Stuck to Metal Bars – No, Really]

https://needtoknow.news/2023/06/china-is-planting-fields-of-stones-stuck-to-metal-bars-no-really/?__cf_chl_tk=A4DQJp.8Y5d087b2k1L3vQDTdfXh4Fvnd6g-WQAQOTw4-1688071194-0-gaNycGzNC_s

CAF Notes & Links:

53. Question:

Alabama joins fight in puchback against CBDC’s

<https://needtoknow.news/2023/06/alabama-joins-pushback-against-a-central-bank-digital-currency-cbdc/>

CAF Notes & Links:

54. Question:

We Can’t Find an Autistic Kid Who Was Unvaccinated

<https://www.bitchute.com/video/dpju9iEU7Kc9/>

CAF Notes & Links:

55. Question:

Slovakia Enshrines The Right To Use Cash In Its Constitution

but... <https://www.bitchute.com/video/H93pZdckOKeZ/>

CAF Notes & Links:

56. Question:

*GREAT NEWS – U.S. House Floats Bill to Defund WHO, WEF

[U.S. House Floats Bill to Defund WHO, WEF and ‘Misinformation’ Programs]

* <https://childrenshealthdefense.org/defender/house-defund-who-wef-misinformation-gain-of-function-research/>

[Question by another subscriber:]

Do you really believe this has a snowball's chance in hell? Or is it coordinated distraction?

CAF Notes & Links:

57. Question:

After NYC flushes \$ 250 million mobile vaccine passport program closed

[New York quietly shuts down its \$250 million Covid vaccine passport mobile app]

https://www.dossier.today/p/new-york-quietly-shuts-down-its-250?publication_id=69009&post_id=132199406&isFreemail=true

I guess the money will be added to house illegals after throwing the VETS out of their rooms

CAF Notes & Links:

58. Question:

Former Member of Parliament Has His Bank Accounts Terminated

In this video, former British Member of Parliament and strong supporter of the Brexit movement, Nigel Farage, tells us that his long-term bank has cancelled his accounts with them, he can't get other banks to let him open-up a new account with them, and similar things have been happening to his own family members, too.

[Nigel Farage cancelled by his bank with 'no explanation']

<https://youtu.be/R0F3OVfrQRA>

CAF Notes & Links:

59. Question:

Janet Yellen now a Diplomat???

Really? The Treas Secty now negotiating instead of State Dept. personnel. Guess Blinken didn't do his job during his last trip. What a slap in the face to State.

[Yellen set to travel to Beijing as part of ongoing efforts to stabilize relationship with China]

* <https://www.cnn.com/2023/07/02/politics/yellen-beijing-trip-china-relationship/index.html>

CAF Notes & Links:

60. Question:

*Tucker Carlson doesn't walk the walk

[Tucker Carlson tried to use Hunter Biden to get his son into Georgetown]

<https://www.theguardian.com/us-news/2022/may/19/tucker-carlson-hunter-biden-georgetown-emails>

[A look at the time Tucker Carlson asked Hunter Biden for a favor]

<https://www.washingtonpost.com/politics/2022/05/19/look-time-tucker-carlson-asked-hunter-biden-favor/>

CAF Notes & Links:

61. Question:

*RFK Jr would sign assault weapons ban!?!?!?

Will the real RFK Jr please stand up...

[RFK Jr. Says He Would Sign 'Assault Weapons' Ban if it Reached His Desk]

<https://www.breitbart.com/2nd-amendment/2023/06/29/rfk-jr-says-he-would-sign-assault-weapons-ban-if-it-reached-his-desk/>

CAF Notes & Links:

I. Other

62. Question:

John Titus' Starbucks mug
Can we _please_ get JT a Solari mug for M&M?

CAF Notes & Links:

63. Question:

Catherine,
What is your general take on Dr. Shiva?, and what do you make of his apparent attempt to run for President in 2024?
Thanks, "C"

CAF Notes & Links:

64. Question:

Catherine Austin Fitts' help to a lawyer please.
I am in a dire and desperate problem with HUD and a local Housing Authority. I was a resident at xxxxxx Authority apartments (under HUD)-(built by former President Jimmy Carter). They were demolishing the apartments and ~selling the land.. and promised to help us get into Home Ownership (via President George Bush, Sr.) or modified low income apartments, using Housing Choice vouchers. This started in 2005.. culminating for me in 2007 They dropped this Home Ownership ~push for the group, but promised to let me, specifically, participate in the home ownership program and displaced residents program, but broke their promise. They set me up to get physically beaten, they falsified the police reports, stonewalled my HUD (FHEO and GCEO) complaints and court cases. HUD seems to work together with the police, courts, and other agencies,, So the employees and agencies legally responsible to oversee and protect me all refused to remedy the problems.

They drove my mother to death; literally, I believe, killing her in the hospital (“Covid”).

And I’m literally homeless now..

I have no family or friends to turn to. My mother was my only family to speak of. I know I don’t have money to pay lawyers, but maybe the lawyers that represented you could at least speak to me or take my case on a contingency basis?

I have tape cassette recordings and documents as well as HUD’s own policies and procedures that prove my case. I can go into more detail, if needed.

There are surreal and dangerous and macabre events: I believe they have been ~gang-stalking me: a man tried to drive me off the road and then later asked a police officer, “Can’t we let this go?” WHO talks to a police officer in this manner?! And WHAT OFFICER ANSWERS, saying, “She has damage to her car” (from the driver hitting my car)?!

The two lawyers betrayed my case. I believe as continued corruption, along with the judges, etc. One federal judge told me about my case: they (~judges, etc.) already paid their kids’ educations and bought their summer houses”?!

Please help because IRS and SSA came after me.. and I seem to keep getting sent back to the very same agencies and people who were involved in the crimes done against me and my mother, to begin?!

They physically beat me, and my elderly mother (who had Alzheimer’s and dementia), robbed me, lied on me, falsified police reports— AND basically left me for dead.

I did manage to join Solari Reports.com for 30 days and if you could please give insights and/or help or introduction to your lawyers I’d be so truly grateful.

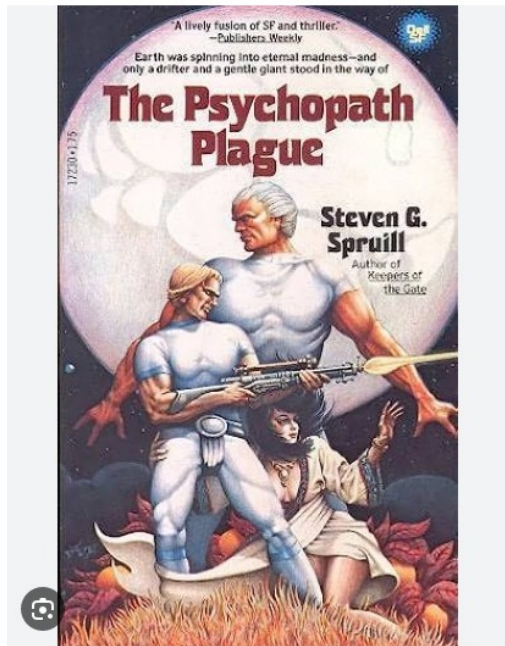
I’ve not met anyone else who’s been through what I have.. except you.. but you’re pretty brilliant and a genius.. and you survived them and prospered :)

Sincerely,

CAF Notes & Links:

65. Question:

Came across this book and thought it looked interesting from the title :) THE PSYCHOPATH PLAGUE, by Steven G. Spruill – 1979 Dell Scholarly Elias Kane and his alien servant race against time to discover whatever is causing Earth's inhabitants to behave even more violently and irrationally than they usually do



The Psychopath Plague

Visit

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* Check website for latest pricing and availability. Images may be subject to copyright. [Learn More](#)

CAF Notes & Links:

66. Question:

Hi!

Have been watching you for a while and have two requests:

1. I am listening to you talk about the great steal. Mixing this with Cliff High data the next great steal is going to be out of the inheritance pool. There are already ESG companies set up to take 'unclaimed inheritance', and Cliff (I agree with him here) predicts that the current backlog of inheritance (words are not working for me today) trusts is going to get a lot worse. So: In New York a 10 million dollar estate will take 2-3 years to settle. This could extend to 5-10 years for an unmarried person. By then most of that money will be siphoned off by the state, or the beneficiaries might have mysteriously died as well.

ask: Can you do an education special on wills and estates in the US and elsewhere? pitfalls and ways to stay out of trouble? Things like assigning your investment account to a trustee?

2. ask: You have been referencing your spiritual warrior class for years. I have been quoting it for years without knowing much. Is there any way you can teach it? Please?

3. You used to talk a lot about 'focus on top talent' and stop trying to convert the other 80%. I quote you saying this. The HR research abounds on this topic. The common sense abounds on this topic. My analogy is with fashion: Start dressing in a new and funky style and look great and happy and everyone else will follow. Start telling people that their clothes don't match or that their clothes are out of date and you will get a lot of eye rolls. In the same vein: stop trying (which is very very oh so very trying) to wake people up. Start: using cash and doing other things in the window of living with sovereign mindset: Medically (using alternative medicine, keeping it alive, educating yourself on what works), Financially (using cash, building cash communities, creating productivity), Food-wise (Grow your own food, learn to grow, learn about community trading markets as are here in Brunswick Heads, NSW), Spiritually (get into nature, live out of cities, put down the cellphone, read a book), Connecting (Know your neighbors personally (not on Nextdoor app); Know your local suppliers; work on your own trauma to be able to connect more genuinely with other humans, learn to listen like a therapist; Learn the difference between facts and judgements; learn the difference between requesting and demanding; exit the win-loose mindset; and so on), Psychologically (study power vs. force, exit the fear, shame, rage mindset)

ask: Can you do a series on "how Mr. Global funds the bottom 10% and why/what is the result"? and also one on "How we can fund the top 10%"?

If there is already a series about these topics, can you point me in the right direction? thank you!

3. One more thing. We talk about kicking people out of their homes and allowing the big companies to own all of the real estate. I wonder if the strategy for doing that is the swinging-pendulum strategy – one that involves the higanian dialect of swinging the pendulum all the way to the extreme in one direction, causing a crisis and requiring the solution of swinging the pendulum all the way in the wanted direction. Fannie may etc. loans could easily become the 'enemy' – this is an irresponsible system that really harvests people... So these people should just go back to renting apartments... Mix this alongside the state 'acquiring' real estate through bad estate planning and abra kadabra! very few people own their own home. The article below makes the argument that home ownership decreases diversity in areas by driving rents up (reducing the number of properties for rent) since diverse populations may not qualify as readily for loans:

the policy also drove up rents in affected neighborhoods, thereby damaging housing affordability for individuals reliant on private rental housing, undermining some of the intentions of the law,”

[Dutch Study on Banning Investors from Buying Real Estate]

https://www.armstrongeconomics.com/markets-by-sector/real_estate/dutch-study-on-banning-investors-from-buying-real-estate/

Truthfully, I think the mortgage market is one big rental scam that has resulted in rent being substantially over-inflated as compared to other living costs over time – you do not own your home when you borrow 100% of the value and never really pay it off before you sell it – instead you are renting the home from the bank while the bank has no liability and less risk/problems kicking you out if you fail to pay than if you had been a renter. As you may know, the Americans have the unique privilege of being able to lock in a 30-year mortgage payment rate (kind of, taxes still go up) – as opposed to the Aussies whose mortgage payments are all becoming unaffordable as their electric bills will increase by \$25 a week this month and their mortgage payments (plus taxes/rates) have already increased by more than \$100 a week. it is one big harvesting operation here in the Northern Rivers!!

Ok – thanks for reading!

CAF Notes & Links:

67. Question:

Catherine,

I would love some recommendations of magazines to buy/subscribe to that you read yourself or at least you feel contains great articles on American finances, the newest international news and/or up and coming business sectors/new inventions around the world. Thankyou.

Best Regards, “RR”

CAF Notes & Links:

68. Question:

John Klar’s new book

I just heard Jim Kunstler interview John Klar about his just finished book, ‘Small Farm Republic: Why Conservatives Must Embrace Local Agriculture, Reject Climate Alarmism and Lead an Environmental Revival’.

He also made a run at being governor of Vermont.

He sounds like a thinker and activist that we should hear from in more depth.

Could an interview be scheduled?

CAF Notes & Links:

[THE END]

ADDITIONAL RESOURCES PLEASE SEND IN YOUR QUESTIONS



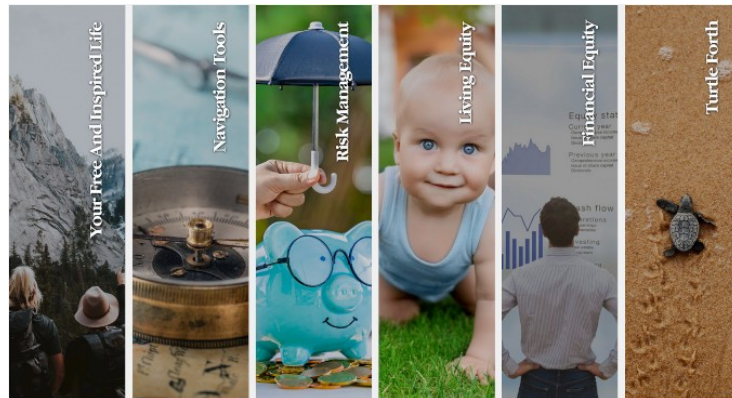
[Ask Catherine](#)



[Subscriber Input](#)

APPENDIX

Our best collection of links can now be found at our [Building Wealth](#) curriculum.



Please make sure you are logged in at [The Solari Report](#) first.