

Ask Catherine

Sept 7, 2021

Introduction:

We include questions sent to askcatherine@solari.com and posted at Subscriber Input.

Thanks for your questions!

Organized by Categories:

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Cash and Precious Metals

Question:

My wife and I have been saving for years for our retirement.

Unfortunately, we are currently using Vanguard.

Do you have any suggestions for a safer investment place to move our money other than a CD?

I would still like to be able to invest my money to keep it growing.

Any help would be greatly appreciated.

Thanks for all of your hard work and great articles.

CAF Notes & Links:**Comment:**

Hi Catherine!

I wanted to share a "Cash Friday" story that happened this past weekend. My wife and I took our daughter to pick up some stuff at a local Target store. It pains me to still rely on the "big box" stores, but that's another matter. At the register, I used cash and gave the cashier three \$50s and a \$20, expecting \$5 and change back. It took him a few moments to realize he had been given cash in the first place, another few seconds to total the bills, and then three attempts to enter the correct amount into the computer. He ended up giving me more change than I needed, which prompted another visit to his lane so that I could make good on the transaction.

The thing that hurt me the most was that this gentleman was probably around my father's age - late 60s or early 70s. He took everything in stride and was appreciative that I brought the overpayment to his attention, but I couldn't help but feel a twinge of guilt at "embarrassing" him like that. In any case, I will continue to use cash as long as I can!

I sincerely thank you for all that you and your team does. Solari is a beacon of light in the darkness of these times.

Respectfully,

A B

CAF Notes & Links:

Question:

Dear Ms. Fitts,

As ever I really enjoyed your most recent discussion with John Titus.

One question which arose for me was regarding the ownership of the New York Fed and the Bank of England. The Bank of England (BoE) was founded in 1694, and was supposedly "nationalized" in 1948. My understanding is that if something is "nationalized", it then becomes the property of the state.

I'm from England, but have lived in southeast Texas for the past decade. I'm not aware of any evidence that 90% of BoE shares ever passed into public ownership. Also, why would its owners simply cede their stake in such a profitable enterprise to anyone else, never mind the British people?

It wouldn't surprise me if the House of Windsor did own 10% of the BoE, however.

As for the NY Fed, I'm still a little confused. Is it owned by both the member banks (primarily JP Morgan Chase, Citigroup, Wells Fargo and Bank of America), and intergenerational family wealth? Do the Rothschilds, Rockefellers, Warburgs, Morgans, etc., also individually own stock in it?

As always, great work. Thank you so much for everything you do to bring such essential information to the attention of the public.

Yours sincerely,

T C

Your answer:

https://en.wikipedia.org/wiki/Bank_of_England

Correction . Just checked. It is 3%, rather than 10% - assume that gives them access to essential data....

CAF Notes & Links:

Question:

Hi Catherine,

Thank you for all that you and your team are doing! I found you thru the Red Pill Expo and have found your content to be both informative and inspirational!

A quick background on me. I'm a father of two, boy (6) and girl (3). My wife and I have been married for a little over 7 years. We moved our family out to 30+ acres in the hill country of Central TX last year after living in Central Austin for almost two decades. Both my wife and I are in the real estate business.

In your last episode with John Titus you asked subscribers to write in and talk about how we are pushing back. With that invitation, I'm making the introduction and giving you an update on our efforts.

Ways We are Pushing Back and Taking Action:

- With our move to the country we have embarked on the process of regenerative farming. We are in the process of setting our goals and outlining our long and short term plans for our family farm.
- We are part of a growing group of families that have collaborated to start our own Waldorf Inspired Co-Op (school)
- Participating in Cash Fridays; also using cash at every opportunity
- Moving money from Big Banks to smaller regional/local operations

Questions:

- I've narrowed my local banks down to the two below. Not sure if you all help in this endeavor but thought I'd see if you all provide any recommendations. I started with about 6 in the area and have narrowed to two: <https://www.texasregionalbank.com>; <https://www.ssbtxas.com>
- I'm thinking about creating our own currency system using the Co-Op (school) as the starting point for transactions, then leveraging our community and partnering with local businesses. Any insights or places to look for information and ways to start the process?

Best,
RW

CAF Notes & Links:

Question:

Catherine,

I'm in the process of "coming clean" and boy, are you right! It took me 1 minute to find this article about the criminal conduct of Chase.

<https://www.cnbc.com/2020/09/23/jpmorgan-to-pay-almost-1-billion-fine-to-resolve-us-investigation-into-trading-practices.html>

I understand avoiding the big Fed banks, but what is your opinion on the regional banks, such as a Fifth/Third? Do those function more like a credit union/ community bank? I presume, same due diligence for all.

Many thanks for all of your great information to help us all understand and navigate these absurd times.

Best,

L

CAF Notes & Links:

Question:

Dear Catherine,

Thank you so much for your offerings. It's been really helpful this year to find voices of clarity and truth and yours has been a potent one for me and who knows how many others.

My question: I have (what seems to me like) quite a bit of money in the stock-market. It is being managed by a very good, hands-on firm. XXXXXX, who is with RaymondJames. She, and they, her team, have done amazingly well with it, especially over the last three of years. And they allow me to make choices on the types of stocks I don't want to have; and more recently, what I do want to have.

I'm wondering what your thoughts are regarding keeping money in the stock market. I'm sensing and hearing from various sources (including astrologers!!) that the financial system is soon (6-18 months, I assume, or at least by 2024--?) to completely collapse as we navigate the fall-out from the shit, excuse my language, coming down. Or it's part of the plan, or whatever.

Do you have an article(s) or videos discussing this recently? Or previously? If not, I'd love to hear what you have to say about the economic possibilities in the near future, including your thoughts about the stock market, reserving cash, buying metals, and so on. (I'm not so drawn to crypto, but I may just not know enough. I'm more of an earth-based person).

And, I am also very happy to have a consultation with you about these matters and I could be more specific. I didn't see that offered on your site. I'd love to know what you charge if you are doing consultations, and if you could coach me on how to navigate my questions.

Thank you for any response!

I look forward to hearing from you,

L

CAF Notes & Links:

Question:

Hi Catherine,

We are agonizing over a decision of how to use our money right now for the best possible outcome of our freedom to stay on our land. We are small organic farmers and have set up a homestead in the last few years. We are aware that inflation will reduce our ability to pay off the small farm over time, and so we are looking at how to pull all our money out of IRA and savings and put it into something tangible: our mortgage. What is driving this is that we are not vac'd. So we understand eventually we may not have the choice to use the money we already do have in the system because of this, and it seem wise to pull it out now while there is still value.

Here's our question:

Do you think that people who have not paid off their mortgages will lose their homes in the reset if they have not got the shot ? This is our fear. We are trying to position ourselves as best we can.

In other words, should we do everything we can in the next few months to 'own' our land? We would be financially vulnerable and on the edge for a while till we made more... but we'd be out of the mortgage.

And, how does a response happen? Do you email us back? Or do we listen to a podcast where you talk about people's questions ?

Thank you so much. We trust you.

Warm regards,
M and J

CAF Notes & Links:

Question:

Hi Catherine,

Your first interview for planetlockdownfilm.com was my first somewhat comprehensive glimpse into the 'big picture' behind the Great Crime. Since then my understanding has been becoming progressively clearer, somewhat like a developing photograph.

The drive towards absolute control with national digital currencies, leading to a global digital currency and the demise of cash has obviously spurred the drive for alternative ways to preserve our wealth and do business.

Currently cryptocurrencies, such as bitcoin, are free and decentralised ways to 'hold' our money and to transact.

My question is 'what are your thoughts, and John's, about the possibility or likelihood of government agencies taking unspecified action to make cryptocurrencies unworkable?

Do you think this can be done and/or is likely to be attempted?

My own view is that if the independence of the big cryptos, such as bitcoin, is compromised the future may involve smaller groups finding ways as needs arise to create new cryptocurrencies to transact.

Thank you for your work and commitment.

Regards,

D

CAF Notes & Links:

Question:

Hi Catherine,

You recently shared that Solari does keep a mutual fund. How can you guide me towards learning how to invest in a mutual fund that is right for me, without putting you in an advisory position which I know you cannot do? Could Tim Caban help? What are the baby steps? As I feel like I need a primer before I reach out to someone like Tim.

Best regards,
D C

CAF Notes & Links:**Question:**

Good morning Ms. Austin Fitts,

I am a NYC teacher who is now out of a job because I won't submit to the "vaccine" mandates. Strangely New York City does not seem to be offering a religious exemption, while New York State seems to be doing so. I am the primary breadwinner for my family, and now because I am unemployed, I will not be able to pay my mortgage or support my family. Consequently my family, and I have decided to move to Lebanon, where my husband's family can support us while we try to get back on our feet, until things, hopefully, become more normal in the US. We will be selling our house, and I wanted to know how and where I can convert some of the money that we get from the sale of our house into gold and silver. I also want to know how I would be able to take that with me to Lebanon. Lebanon's economy is in free fall, and politically, it is a ticking time bomb. I want to know how I can secure some sort of a future for my sons. I would greatly appreciate any information that would help towards that endeavor. Thank you and God bless you.

Sincerely

I B

CAF Notes & Links:

Question:

Hi Catherine,

I am becoming a huge fan of yours, since I saw your presentation on how the riots during Covid were really a land grab.

I am becoming convinced that the dollar will soon be nothing....like the Venezuelan dollar they used to wrap gold. My husband is not. He insists on putting as much into our 401K as he possibly can, and he insists on racking up large amounts of cash in savings. I want to take that cash and put it into our land (3 acres) to make us more self-sufficient (barn, animals, garden, 2nd well, etc), and he of course thinks I am nuts. He is about 3-4 years away from retirement (we are hoping he can retire at 62ish). I own a small business that employs only myself. I can also run that business out of my home - IF he let me build it in the barn. I feel this puts me at a greater advantage than relying on my rental space in case of future lockdowns/mandates. I am also tempted to take money out of the retirement account if need be to cover everything, but we would get hit with a huge amount of taxes.....

Basically, I want to convert all our excess money into something OTHER than the dollar....metals and home sufficiency items.

What are your thoughts, am I crazy?

I have had him watch a couple of your videos, and he likes them, but he is very trusting and just can't conceive of something like this happening. Me - I am a cynic.

Thank you so much!

M

PS - your videos did help me get him to leave Chase, and go to a local CU, so he is not totally against what you say.....

CAF Notes & Links:

Covid-19

Comment:

Dear Catherine,

You asked last week for us to keep you posted about successes large and small. We've had an enormous success this morning (September 7th) in Tucson, Arizona. The Pima County Board of Supervisors withdrew a proposed mandate that would have required all healthcare workers licensed by the state (doctors, nurses, massage therapists, acupuncturists, chiropractors, counselors, etc.) and their entire staff to be doubly vaccinated.

The mandate was to be voted on 8/9 (most of us learned about it right before that day) and then was postponed until this morning. The past month has been filled with extreme tension for many. There were protests (not covered in the news that I could see) and letters written to the board (see attached). Many healthcare practitioners and their staff, who had been following the science all along and chose not to get the shot, made plans to close businesses and find new ways to make a living. It was terrifying and heartbreaking.

Today the board met again. Several healthcare practitioners, including three doctors, made powerful 3 min presentations focusing on CDC reports, the legal issues involved with mandating the shots, and the ethical problems involved in forcing an entire community of health professionals to get a medical procedure. More than one speaker let the board know they would be held accountable and liable for deaths and injuries from mandated shots. After a closed discussion, board returned. The doctor on the board of supervisors who had proposed the mandate withdrew it.

Many came together in different ways for this major effort -- an effort most in the city didn't know was happening. The relief is palpable! It's not exaggerating to say that the board saved many lives and many businesses both large and small today.

Inspired by Steiner's lines that most of our help in these times will come from the spirits of the departed, some of us in our frequent and urgent prayers for clarity, ethical action, freedom, and wisdom on this urgent matter made use of Steiner's wisdom and called on all the help we could, including from the spirits of the founding fathers and the spirits of all those who fought for freedom in our country. In my experience, they are quite willing to help in the spirit of Love and Freedom for all.

I'm sending you and John Titus big thanks and love, and so many extra thanks to Thomas Meyer. I'm profoundly grateful for all you do!

I'm leaving my name off the end of the email as I am still at the moment working for an employer who is pushing hard on the shots. Please don't publish my address either. Thank you.

https://home.solari.com/wp-content/uploads/2021/09/Pima-County-Board-of-Supervisors_090721-Agenda.pdf

CAF Notes & Links:

Comment:

Hi Catherine,

Here is the short summary I spoke of in my last email. How a simple tactic can change the momentum on the present "vaccine" attack.

Donald.

Vaccines are a big part of everyone's lives these days.
All we can do is follow what seems to make the most sense to each of us.

Who do you listen to? Is it Government leaders, civil servants like Michael Fauci or the media.? Likely one of these.

The best science with the clearest sources is largely ignored. The vaccine makers themselves.

Who knows vaccines better than the companies that research, develop, test and manufacture them?

The 3 largest vaccine makers in the world who service the western countries are Glaxo Smith Kline, Sanofi and Merck.

They all said the same thing.

We have not been able to produce a workable vaccine for Covid 19.

Ken Frazier Merck's CEO said in July 2020

“What worries me the most is that the public is so hungry, is so desperate to go back to normalcy, that they are pushing us to move things faster and faster,” Frazier said.

“Ultimately, if you are going to use a vaccine in billions of people, you’d better know what that vaccine does.”

On the scientific front, Frazier brought up the fact that it typically takes several years or longer to develop vaccines. Merck won approval for its mumps vaccine after four years of research and development, a record, and it took five and a half years to score an approval for Merck’s Ebola vaccine.

Glaxo Smith Kline, Sanofi and Merck were guaranteed billions in profits to produce Covid 19 vaccines.

They know vaccines better than anyone and profit is why they exist.

Without a doubt they carefully chose their words.

They said they could not do it.

Common sense suggests if anyone could have produced a viable vaccine it would have included some or all of this group.

So who did win the race to produce the Covid 19 vaccines?

In Canada it is largely Pfizer and Moderna.

Moderna’s vaccine is said to be safe and effective, just like Pfizer’s.

Prior to Covid 19 Moderna had never made a vaccine, a drug or a product of any kind.

They were a research company who studied gene therapies with no sales. They are beyond inexperienced they are out of their field entirely. They are not a company that should be trusted to produce vaccines that affect the lives of many.

It is a sick joke they are producing vaccines for millions of people.

Mike Yeadon was the Chief Scientist and VP in charge of allergy and respiratory research with Pfizer.

He left the company on good terms in 2010 and cofounded a company, Ziarco, using licenced products from Pfizer

He sold his share of Ziarco for over 300 million dollars several years later.

Without question Yeadon is a highly competent person regarding Pfizer and respiratory issues.

Yeadon said the Covid 19 vaccines can have NO BENIGN USE and must have an unknown use.

He added taking a Covid vaccine is like playing Russian roulette, you are risking your life for no good reason.

Who has a better grasp of Pfizer and their products regarding respiratory problems than Yeadon ?

Pfizer CEO Albert Bourla said in a December 2020 interview he had not taken the Pfizer vaccine because he didn't want to jump the line. He also said "Trust science" Who's science Mr Bourla yours and Moderna's or the 3 largest companies who said a workable vaccine was not doable? Science is about rational analysis not belief. Trust can be dangerous if it is placed in the wrong person or group.

Bourla and his entourage were to travel on business to Israel in March 2021.

On March 7, 2021 it was reported in the Jerusalem Post he cancelled the trip because he had not been vaccinated.

He had not taken his own company's vaccine. Why not just take it and go? It would have avoided more bad PR.

On March 10. Bourla took a picture of himself and tweeted it showing him taking a needle

Why create he theatrics of the public picture? Just take the shot and go.

It was said Bourla would travel to Israel shortly after receiving the vaccine but he has not gone to Israel since.

By not taking his own vaccine. Bourla changed his companies' agenda and created a potential PR nightmare One would think he would want to be the first to receive it if he believed in it. CEO's are the leader of a company and project its image. Bourla projects a sense we don't know what he will do next but trust us anyway. Hardly an inspiring leader.

Would you believe anything he or the company he represents says?

The three largest vaccine makers say they could not produce a Covid 19 vaccine. One of the approved manufacturers, Moderna, had no experience with vaccines. Another approved vaccine manufacturer, Pfizer, had serious doubts posed by the actions of their own CEO and the words of a former Pfizer Chief Scientist and VP in charge of respiratory research.

All this information is available through the main stream media. No speculation is included.

The 5 companies mentioned have spoken through their words, actions and experience as to whether a safe and effective vaccine could or has been produced to date. It is clear the largest companies say no and the actual producers are questionable to say the least.

The people who created the official Covid 19 response have prepared a mindset and created momentum for vaccine mandates and passports.

Mandates and passports are an aggressive movement against human rights and individual choice.

It is well known in martial arts that the momentum of an aggressor can be used against them if the right counter move is executed.

Many people are now looking for answers because they have been betrayed by the "get your shots and normal life will return" rhetoric. Many can sense the totalitarianism. Anger is rising. Many are true believers who cannot think and sleepwalk. They are not our target. Lets give the ones stirring in their sleep a reason to wake up. Give them the plain evidence that the best evidence says the shots are not safe and effective from the drug companies themselves.

The bureaucrats like Fauci and most politicians are not credible. Two weeks to flatten the curve has become forever. People are angry. We have to direct the anger because the NWO want to direct the mob against us. They (Trudeau openly) are saying the unvaxxed are the cause of the ongoing infections.

NO! The best science says the vaccines were a fraud to begin with. THIS is the battle. We have to stop being defensive and tell people the plain truth.

WE have the BEST science not the fraudsters. The biggest vaccine makers said vaccines could not be done and they were right. Moderna is a joke. Pfizer is a fraud. Assure them there are many of us and we will win. Why believe proven liars? Tell them the greatest virus is fear. The so-called leaders have been lying all along and telling us all we can do is be afraid. Do you want to continue to live in fear.? Ask people directly Can you think or can you only believe? Some can only believe. They are casualties. The crowds emotions have been stirred. What side will direct that emotion?

Until now we have avoided discussion because we did not know we have the best clear evidence on our side.

This is the great awakening.

The vaccine makers are unknowns. Make them known. This is the counter move to the obvious aggression of vaccine mandates and passports.

Now is the time to inform others of this. The evidence of the five vaccine makers make a strong case the vaccines are neither safe nor effective. The great lie will be revealed by showing who has the best clear evidence.

Mind control is real but so is the desire for truth. This is the battle.

A good example of the shift in momentum from an aggressors' attack to the defenders' advantage is given in this movie clip. Right tactics and timing are the keys to making the switch happen

It might not be right for to all to watch as it is violent.

<https://www.youtube.com/watch?v=QULj7MecgaQ&t=1s>

CAF Notes & Links:

Comment:

Aloha Good People who deserve all Blessings they have inherited from God, I have heard of 5-6 of these ingredients...LOOK AT THE INJECTION INGREDIENTS FROM WORLD DOCTORS ALLIANCE

"I gathered all vaccine ingredients into a list and contacted Poison Control. After intros and such, and asking to speak with someone tenured and knowledgeable, this is the gist of that conversation.

Me: My question to you is how are these ingredients categorized? As benign or poison? (I ran a few ingredients, formaldehyde, Tween 80, mercury, aluminum, phenoxyethanol, potassium phosphate, sodium phosphate, sorbitol, etc.)

He: Well, that's quite a list... But I'd have to easily say that they're all toxic to humans... Used in fertilizers... Pesticides... To stop the heart... To preserve a dead body... They're registered with us in different categories, but pretty much poisons. Why?

Me: If I were deliberately to feed or inject my child with these ingredients often, as a schedule, obviously I'd put my daughter in harm's way... But what would legally happen to me?

He: Odd question... But you'd likely be charged with criminal negligence... perhaps with intent to kill... and of course child abuse... Your child would be taken away from you... Do you know of someone's who's doing this to their child? This is criminal...

Me: An industry... These are the ingredients used in vaccines... With binding agents to make sure the body won't flush these out... To keep the antibody levels up indefinitely...

He: WHAT?!

Your conclusion?

The man was beside himself. He asked if I would email him all this information. He wanted to share it with his adult kids who are parents. He was horrified and felt awful he didn't know... his kids are vaccinated and they have health issues..."

INGREDIENTS TO VACCINES - You CANNOT make an educated decision without being educated. Here are just SOME vaccine ingredients. These are being INJECTED into your kids;

Formaldehyde/Formalin - Highly toxic systematic poison and carcinogen.

Betapropiolactone - Toxic chemical and carcinogen. May cause death/permanent injury after very short exposure to small quantities. Corrosive chemical.

Hexadecyltrimethylammonium bromide - May cause damage to the liver, cardiovascular system, and central nervous system. May cause reproductive effects and birth defects.

Aluminum hydroxide, aluminum phosphate, and aluminum salts - Neurotoxin. Carries risk for long term brain inflammation/swelling, neurological disorders, autoimmune disease, Alzheimer's, dementia, and autism. It penetrates the brain where it persists indefinitely.

Thimerosal (mercury) - Neurotoxin. Induces cellular damage, reduces oxidation-reduction activity, cellular degeneration, and cell death. Linked to neurological disorders, Alzheimer's, dementia, and autism.

Polysorbate 80 & 20 - Trespasses the Blood-Brain Barrier and carries with it aluminum, thimerosal, and viruses; allowing it to enter the brain.

Glutaraldehyde - Toxic chemical used as a disinfectant for heat sensitive medical equipment.

Fetal Bovine Serum - Harvested from bovine (cow) fetuses taken from pregnant cows before slaughter.

Human Diploid Fibroblast Cells - aborted fetal cells. Foreign DNA has the ability to interact with our own.

African Green Monkey Kidney Cells - Can carry the SV-40 cancer-causing virus that has already tainted about 30 million Americans.

Acetone - Can cause kidney, liver, and nerve damage.

E.Coli - Yes, you read that right.

DNA from porcine (pig) Circovirus type-1

Human embryonic lung cell cultures (from aborted fetuses)

You can view all of these ingredients on the CDCs website. I encourage everyone to do their own research. Look up the MSDS on these chemicals. Read the thousands of peer reviewed studies that have evaluated the biological consequences these chemicals can have on the body, especially when being injected.

Fact check vaccine ingredients here:

<https://www.cdc.gov/vaccines/pubs/pinkbook/downloads/appendices/b/excipient-table-2.pdf>

The Light that is Birthed in you deserves your Protective OUTRAGE!

CAF Notes & Links:

Comment:

Hi,

I was wondering if you have seen what the City and County of San Francisco (CCSF) employees are doing. Other employees are using this approach too but CCSF had a deadline so they got it going really fast.

Approximately 200 CCSF employees got a mandate for the injections or regular testing. This includes SFO Airport employees, Police, Firefighters and others. Commoner Law Group drafted Conditional Acceptance (CA) letters and other documents right away. They held free emergency meetings to educate people on the process. I'm not a CCSF employee but have been learning this approach and find it very interesting. Commoner Law Group has the documents available for free online but I've attached the CA here.

This is what the SF Chronicle had to say about it.

["Nearly 200 San Francisco employees are attempting to rebuff the city's COVID-19 vaccine mandate and other protocols like testing and mask wearing for city workers, submitting identical, conspiracy-tinged letters suggesting the city is infringing upon their "God-given and constitutionally secured" rights.

The letters, which began streaming into San Francisco's human resources department in late June, came after city officials announced they would require city employees — with certain exceptions — to get inoculated or risk losing their jobs.

The letters say the workers would submit to the vaccination mandate only if the city accedes to a long list of demands and disclosures around vaccine safety that health experts said were “nonsensical” or false.

About 103 of the approximately 192 workers who submitted missives are employed by the Fire Department, with Sheriff's Department employees making up the second-largest group, according to H.R. officials. Last week, the president of a union representing sheriff's deputies said the department would face a wave of resignations if the city enforced its vaccine requirement.

San Francisco is requiring all 35,000 city employees to be vaccinated against the coronavirus once a vaccine receives full approval from the Food and Drug Administration.

The arguments posed by the letter have no legal bearing, as state and federal laws allow for such conditions of employment. Human Resources Director Carol Isen responded to each sender, reaffirming the city's vaccination policy and the Sept. 15 vaccination deadline for those working in high-risk settings. The city did not respond directly to any of the claims made in the demands.

In a statement to The Chronicle, human resources officials said they were glad that over 80% of city employees have been vaccinated.

“We are working with all City departments, employees and union partners to answer any questions about COVID-19 and the highly transmissible Delta variant,” the statement read. “We will continue our robust outreach to every employee to ensure that they know that infections and deaths from COVID are preventable and that vaccines are readily available, safe, effective, and the only way to end the pandemic.”

Still, some experts said the reluctance expressed in the letter is particularly concerning coming from employees in public safety, who come into close contact with civilians, hospital patients and people incarcerated in city jails.

“Almost all of the statements are either absurd, misleading, meaningless, and are written not to solicit any serious response but to be deliberately hostile for political purposes,” said Dr. Lee Riley, an infectious disease expert at UC Berkeley.

Vaccination data released to The Chronicle on Friday showed at least 167 Fire Department employees remained unvaccinated, or about 9.5% of its workforce. At the Sheriff's Department, 161 were reportedly unvaccinated, making up about 16% of its employees. About 7.7% of city employees across all departments have not received at least one shot.

City fire officials did not immediately respond to requests for comment. In an interview, Shon Buford, president of San Francisco Firefighters Local 798, said labor leaders wished department heads had created more of a dialogue around the vaccine mandate. Buford said because union leaders did not have the time to vet the letter, he was unable to endorse it or comment on its contents.

The letter, titled and framed as “conditional acceptance” of the city's vaccine and mask mandates, poses an eight-page, 41-point list of its demands to meet the vaccination requirement.

It cites discredited theories about dangers of the vaccine, testing and masks, and asks city officials to prove the negative before they will consent to the city's mandates. Among other "conditions," the letter asks the city's H.R. department to ensure that wearing a face mask will not subject employees to discrimination and to demonstrate that COVID-19 vaccines are free from a host of substances, including mRNA, lipids, formaldehyde and antibiotics.

"That's a set of very extreme claims," said Dorit Rubinstein Reiss, a law professor at UC Hastings College of the Law who reviewed the letter at The Chronicle's request. Reiss said the language and style of the letter seemed to be influenced by "sovereign citizen" lore, a set of fringe political beliefs in which the adherents attest that they are immune to government laws.

"This is not a document with legal validity," Reiss said in an email.

Concerns raised in the letter about the contents of vaccines or other products, or their safety and efficacy, are baseless, said Dr. Robert Siegel, an infectious disease expert at Stanford.

"This came from some kind of conspiracy factory," Siegel said.

Many of the products the letter suggests as potentially dangerous vaccine additives — including lipids (fat), sodium chloride (salt) and sucrose (sugar) — are consumed by people daily, Siegel said. Other products mentioned in the letter include chemicals commonly found in the environment.

"The whole thing is just garbage," he said.

Siegel said the contents of the letter raised concerns about the judgment of those who signed it.

"These are people who are entrusted with the health of the public," Siegel said. "How do you know this person is ever going to comply with things that are the best interest of public health? (The writer) clearly has no way of judging the cost-benefit of things, and so his judgment is deeply under concern."

In March, the state's Department of Fair Employment and Housing concluded that employers may require a vaccination as long as the employer does not discriminate on the basis of protected characteristics and provides reasonable accommodation for those with a disability or sincerely held religious beliefs.

Similar guidance from the federal Equal Employment Opportunity Commission states that employers, with certain restrictions, can require a COVID-19 vaccination for all employees entering the workplace.

Since the pandemic took hold last spring, San Francisco has been a leader in enforcing safety restrictions and guidelines that often predate and go further than those of other cities across the country.

The vaccine requirement for city workers is among the most stringent in the country, with many other jurisdictions and health care institutions offering the choice to either become vaccinated or submit to regular testing.

Dr. Warner Greene, a virologist and senior investigator at the Gladstone Institutes in San Francisco, called the letter "just a grab bag of half-baked ideas to try and justify or overturn a wise public health decision."

He noted that the letter raises several complaints that already have been dismissed in court, either in other states during this pandemic or in previous years. "This is grasping at straws," he said.

“Businesses have a responsibility to provide a safe workspace, and it is in that light that requiring vaccinations is OK,” Greene said. “I think that this public servant is not really interested in protecting the public, but has concerns about protecting themselves. They’re not concerned about public health at all.”]

Just sharing for your push back segments on the money and markets if you are interested.

K

CAF Notes & Links:

Feedback

Question:

Hi Catherine:

1.) The physical harassment you reported enduring recently here in the states sounds like what you worried about facing had Hillary Clinton won in 2016; I recall you saying after Trump won that you’d been looking at options to relocate, preferably to a country not in NATO. It sounds as though you’d be better off staying put in Europe, even after the pandemic ends (assuming it ever does). Don’t you think so?

2.) I relocated from Chicago to Albuquerque four years ago. There are plenty of things to relish about not living in a huge metropolis depending on where you live – lower cost of living, higher standard of living, better access to nature, less competition for jobs, etc. However, I have to speak up in defense of cities and the young (and not-so-young) people that still want to experience it. You talked in depth in the Megacities wrap-up about your great experiences in many cities in your earlier years. There’s certainly more to do there, and they were the places that were receptive to having an open mind (unlike today). Plenty of Americans (myself included) grow tired of spending their entire lives in small towns far removed from urban areas. In many respects, city life suits them better. I know the mind control and the totalitarianism are far more dangerous there, but I think our cities are worth fighting for and saving. I heard John Titus say he’s hopeful to see Chicago get over the rut it’s in now. There are plenty of people in those places not buying the official narrative and are fed up but not going anywhere. I pulled this photo from a public social media page, posted last year as a finger in the eye of Mayor Lori:



Caption

Hopefully, all the conservatives protesting the ridiculous mask mandates will soon have allies in the cities' fully-vaccinated gay men fed up with being deprived of a dance floor for so long, regardless of what MSNBC tells them. The mothers and grandmothers I encountered in Chicago's Albany Park Public Library at their Stop Common Core table

seven years ago are just as valuable to this fight as all the equally-aware southern belles in your Tennessee beauty parlor. They're pushing back right where they are. Is it always appropriate for a city dweller to get out of town?

3.) I have listened many times to your "Cotton Candy Land" commentary published December 6, 2018 in Money & Markets following George H.W. Bush's funeral. It is a tour-de-force commentary, an epic take-down of many deep state players, and a brutally honest assessment of America. In it, you attribute your severe poisoning following your open letter to Condi Rice and a slimy decision in the Hamilton litigation issued on your mother's birthday (both in 2004) to Dick Cheney. You said you'd explained why elsewhere but would be happy to explain again for anybody interested. I've never seen the explanation anywhere else. I would love to hear it, but if you don't want to, no problem. Also, you told Daniel Liszt in a Dark Journalist interview that you'd written a sort of companion article to Meditations at the Crossroads about the suspicious death of your father in 1980. Do you think you'll ever publish it? If you don't want to answer either question and wish to delete, I understand.

4.) The old media just keeps getting dumber. All the articles I see keep describing Ivermectin as solely a medicine for horses. Did they really think we're so lazy and stupid that we couldn't even look it up on google or DuckDuckGo? Wikipedia lists it as being used in humans for head lice, scabies, river blindness, and several other ailments.

CAF Notes & Links:

Question:

Dear Catherine

I viewed the last Money and Markets with you and John Titus dated September 2nd. In the discussion, John said the the Civil War was planned in Europe. That statement has piqued my interest. Could you recommend a book/source that I can read to learn about this? I did read "The Real Lincoln" by Thomas DiLorenzo and that was an eye opener.

On a totally different subject.....I read "The Invisible Rainbow" by Arthur Firstenberg and learned so much from it.....and shared it with my friends. Then "Children's Health Defense" won the case against the FCC. What great news that is! I keep learning more and more from all of you!

C S

CAF Notes & Links:

Check Descent Into Slavery by Des Griffin and The Federal Reserve Conspiracy by Mullins.

Question:

Hi Catherine -

I have been thinking about, if those humans who have been genetically modified by the jab, may at some point be informed they are now owned by the corporate powers that be, and consequently, all of their assets are also owned, circumventing human laws of passing on property to heirs? The "You will own nothing" statement we've heard, is thought provoking to say the least; in considering how they intend to try and accomplish those ends. I realize this may fall into the category of so called high octane speculation. I'm including this short video because the person speaking is very articulate in framing exactly the point I am asking about. (But he does not take it a step further.)

<https://www.bitchute.com/video/uy0gPUIY7Oks/>

Many thanks for all you do!!

A G (SD)

CAF Notes & Links:

Question:

Hi Catherine,

Have you come across anyone creating a non-GMO travel guide? With the way the world is, we will only stay in a hotel or property that has a full-kitchen in order to avoid GMO foods. But there must be some savvy people out there who want something similar, a guide to any non-GMO restaurants or travel options that currently exist.

Thanks,

J

CAF Notes & Links:

Comment:

Catherine

Thank you for all you're doing. I get so much out of Solari.com. I've decided to get rid of the "dumb" phone and have a flip top but now the corrupt institutions that allow us to have these devices, are not going to support a flip top. Are you aware of other companies that will support a fliptop phone?

Also, are there any credit card companies that you subscribe to? It seems they are also all corrupt!

Peace on Earth,

L C

CAF Notes & Links:**Question:**

Hi Catherine,

I am curious to know if you have plans for creating a video/audio podcast format that can easily be downloaded via the audio/video podcast app on an iPhone, etc.? This would be very helpful for me since I'm frequently listening/watching while on the go. Regarding security for your subscriber-only content, Grant Williams recently enabled his podcasts for subscribers only to access by sending them a special link at one point, but I'm not sure what he had to do to set it up.

Kind regards,

E

CAF Notes & Links:

Comment:

Hello,

I am new to the solari report.

I wanted to add to your push back stories. I am Canadian, Trudeau had to cancel part of his campaign tour because they were afraid for his safety and that of his staff. Every stop he makes he is met with large crowds of angry Canadians. It is easy to look up the videos, I have never seen anything like it.

Here in BC a FB page started up called BC businesses against the Health Pass. Within one week more than 100K people joined the page. With a population of 5M in the province I think that number is pretty amazing. It believe it is at 116K people now. Many businesses are declaring that they will not participate in the Vax pass. FB pages opened up for many of the provinces that have had similar support.

Many of the people myself included who are not business owners have vowed to support the businesses that are standing up. One little Cafe in Victoria BC had so much support that they ran out of food. Sunnyside Cafe I believe it is called. This story made it to the mainstream news her in Canada.

I personally am working on closing all my bank accounts and I am moving to credit unions who are not mandating the vax pass for staff. I have cancelled most of my credit cards and have starting using cash again. A big change for me, I used my credit cards for everything. These FB groups, businesses and people standing up along with the small steps I have taken personally are what is keeping me sane in an insane world.

I thoroughly enjoyed my first week with the Solari report.

A sincere Thank you from British Columbia Canada!

M

CAF Notes & Links:

Question:

Hi Catherine.

You've often alluded to a moment at the end of the 90s when you were told that unspecified elites had given up on the country and were shipping things abroad. Since that decision has fatally impacted us all, do you have any idea of the specific people, institutions, or forces behind the beginning of our many ends?

Just wanted to provide another unsolicited (short) video that you may be interested in: the first by James Corbett and the second about an incident that he seems not to know about.

Red Alert: False Flag Incoming!

https://www.lewrockwell.com/2021/09/no_author/red-alert-false-flag-incoming/

Georgia anti-vaxxers shut down inoculation clinic after harassing healthcare workers (I didn't see any real evidence or videos, just the usual denunciations.)

<https://money.yahoo.com/georgia-anti-vaxxers-shut-down-150622399.html>

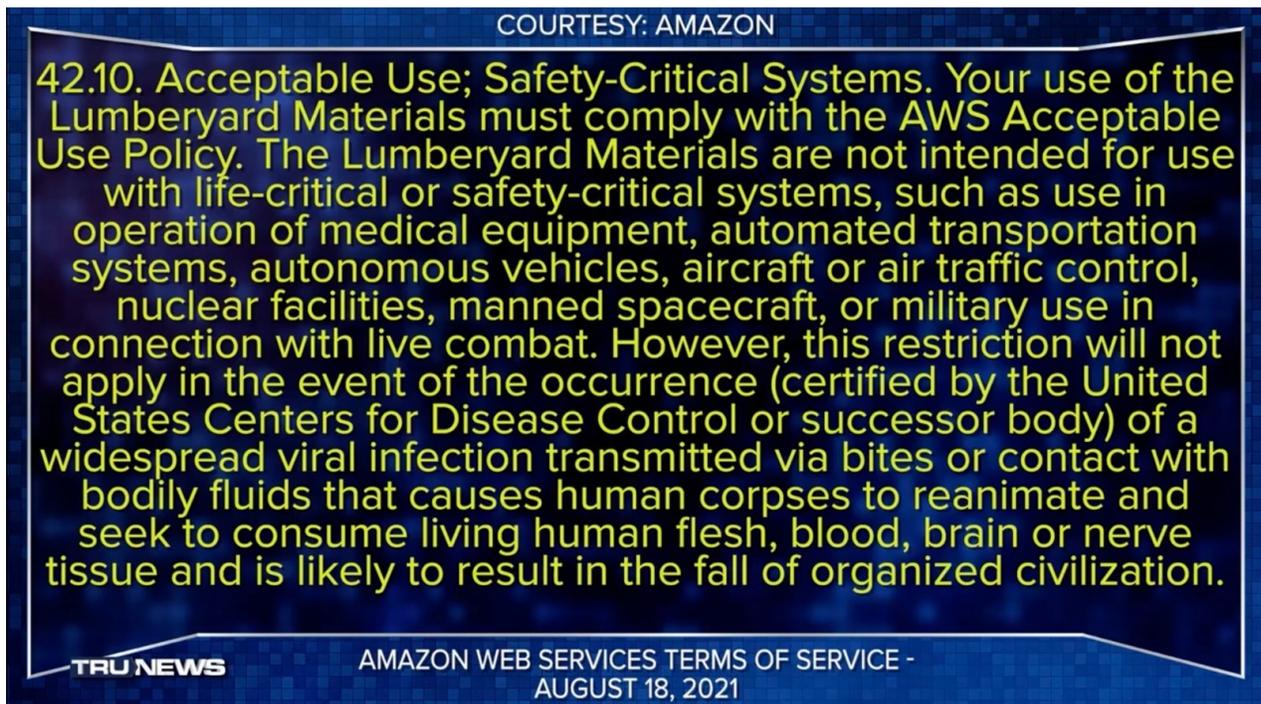
Best,
S B

CAF Notes & Links:

Comment:

Hi Catherine,

This is by far the weirdest Terms of Service ever. From the TruNews' 09/02/21 segment on AWS. Here it the screenshot. I went to the AWS website to check, it is still there.<https://aws.amazon.com/service-terms/>



Caption

CAF Notes & Links:

Question:

Hi Catherine

I am trying to find the link on your site to donate to the Children's Defense Fund. Can you send me the link please?

All the very best to you!!

A

CAF Notes & Links:

Question:

Hello Catherine,

I am just only learning about you and your work now, and I am grateful to you for what you are doing and teaching. I am in Vancouver, Canada, a single parent, my children are all young adults living at home, we rent, and we're doing the best we can. My two youngest have high-functioning ASD, and my two daughters and I are a federal employees.

You already know that the PM called for an election as part of his sinister roll-out, and that he intends to continue with his plans after that.

I am part of a federal employees' class-action law suit with Police On Guard in Canada who are working with Canada's top Canadian Constitution lawyer, Rocco Galati, who is representing all of us (5,300 was the last number of requests for inclusion that I heard the other day). The PM (I don't even like to capitalize it, considering what he's doing) intends to continue mandating the poison v's, and August 13 Minister Hadju announced

that the federal government is spending x number of billions of dollars building "voluntary isolation facilities" in Ontario (right on the federal website).

My children are scared, and so am I; I want to protect them and myself (and everyone!) by doing what I can to help, while keeping everyone protected and as safe as possible, and helping to turn this around and put a stop to it because it's wrong, and it's heinous. This is not humanity, but predatory mindsets that, now that they have long since not had any worries about financial survival for themselves, they get bored, acquisitive, greedy, and competitive, and utterly seem to lose their humanity entirely.

I am a shop steward at work, as well as a health and safety advocate, and support and advocate for the workers at work, and everywhere, as well as for families who have children with specialized needs. I have been sharing your information immediately as I only learned of you so recently. And everyone that is scared, I'm doing my best to provide emotional support, encouragement, healthy and safe avenues of action for them, and links to information and other supports.

I have deleted my amazon account, and I belong to a credit union in Vancouver, not a bank (most of the banks here are the big banks who have been funding all the things I'm sure you're aware of). I've switched to Proton Mail (Police On Guard use it, I checked it out, and signed up), I'm using Telegram, using cash more and more (not just on Fridays (but all day on Fridays), buying and storing dried food due to the upcoming food shortage....I'm trying to make sure I'm doing everything I can to participate in helping the good people and truth speakers to prevail, overturn and overcome this thing. And I am sharing everything I learn with people at work, in my neighbourhood, online, etc.

I don't know if I'm doing everything right or everything I can possibly do, even.

If you have any further suggestions, or even a link to something you've written already or directed people to already that even works for people in Canada to do (such as your #CashFriday), I would love to hear it, whenever you are able to make the time to do that. And if not, I understand, and I will keep reading, listening, searching and sharing.

Again, thank you so much for doing what you are doing, and HELPING all people globally!

With Gratitude,

S M

CAF Notes & Links:

Question:

I love your site perhaps because I have only been a member for a few months, but I am having trouble finding some of the videos/features you discuss.

Comments under this video about the Red Button, trying to figure out where I missed that? And am with the person who asked about the keeping cash comment. I listened intently for feedback, etc.

Additionally, as I look, I don't get why the Zelenko feature (and others) now has a line through it?

If you do a search for Red Button on the site or Internet with + Fitts you will get it <https://www.youtube.com/watch?v=jTm3Jbr6ePQ>

I am sorry, do not mean to bother you with this, I just want to keep current and make use of all you offer.

Thank you.

L H

Can not thank you enough for all of this great information! I must say, I want to watch John's video but I can't seem to find it? He commented on how few watched it, where do I find it???

CAF Notes & Links:

Your answers but missing Red Button.

John on CBDC

<https://home.solari.com/coming-thursday-2nd-quarter-2021-wrap-up-cbdcs-why-you-want-to-hold-on-to-your-cash-with-john-titus/>

Johns Best Evidence videos

https://www.youtube.com/channel/UCLvRDyn_rVvZ7RRwdcEiJGw

Comment:

I have recently contacted several private schools for kindergarten (KG) and elementary school in USA, this is the feedback:

- private schools seem to be very near to capacity at this moment; in contrast, some public school districts are seeing drops in enrollment;
 - the signature template on one admission director's email included her gender proper pronouns 'she/her/hers'; the school seems very woke for early childhood education;
 - one franchise K-5th school provides iPads to all students (including KG). discounting the datamining of children aspect of this (which certainly is the driver for the ipads here – equipment which i am sure i have to pay for, while they datamine the kids for free), i am constantly trying to get my kids to use the internet LESS and spend more time in the real world. now how is that for a mixed message, where they spend hours on the ipad at school only to be told to avoid it at home. and probably there will be homework on the ipad to bring home as well;
 - one school had a cute video made by the children to introduce their school; the problem was they were all wearing thick cloth masks in the video so it was impossible to understand what they were saying. in addition the KG had correctly socially distanced their children, so the 5 year old kids have to sit in those old school metal desks, and the entire classroom space is used up by desks with little room for any movement. all that was missing were chains on the desks to actually make sure the kids that age can stay seated all day;
 - recently there was a minimum age mandate passed; the effect was to have younger kids held back so they could be more mature and test better on the standardized test the next year. the purpose was to raise the (apparently atrocious) academic test scores in the district, so as to qualify for more public school funding. so my kid was told to repeat a grade because they did not make the age cut off, even though they have already completed that grade elsewhere. mind you, this is PRIVATE school so i don't think they even qualify for funding. as i am willing to pay the tuition, test scores / public funding are not an issue, and the child has already completed the grade, shouldn't this be a decision for the school and the parents? now waiting to see if private schools have more leeway;
- homeschooling is an option, but i am exploring the private school route at this moment.

CAF Notes & Links:

Going Direct Reset

Comment:

Was talking today with a woman in the Atlanta area who found us through you. She was drawing unemployment for awhile from the state of Georgia. Due to some distractions, including the death of a friend, she didn't file once or twice, and they discontinued her account. To get back into the system and start drawing unemployment again, they are now requiring unemployment recipients to sign up with a service called ID.me. She read its customer service terms of agreement and was alarmed to see that if she allowed ID.me to take her biometric data, they would have the legal right to sell her biometric data and otherwise profit off of it.

I haven't looked into this any further and am just repeating what she told me, but if you're not aware of ID.me and people --potentially-- unknowingly signing away legal rights to their own biometric data, this should probably be on your radar screen. Website is ID.me. The woman who uncovered this volunteered to share what she learned with you, if you have any desire to speak with her.

Addendum..... I took a quick look at the website before sending this to you. All over their webpage they say they don't share your biometric data without your consent, and other things to allay concerns. My guess is the fine print that you sign gives them the right to sell it and profit off it, notwithstanding the pretty sounding assurances on their website.

CAF Notes & Links:

Question:

Hi Catherine,

I was looking through the agenda for Hong Kong Institute of Bankers' upcoming Banking Conference when I noticed the term "RegTech". <https://www.ascentregtech.com/what-is-regtech/> In light of what you know about the global financial reset, could you explain how our financial & banking decisions would drive or hinder the development of this technology? RegTech looks like an evil technology.

Thank you and regards,

C L

CAF Notes & Links:

Health

Question:

CAF Notes & Links:

Local Gatherings

Question:

CAF Notes & Links:

Recommended Links

Comment:

FYI, Food

https://www.northerntrust.com/united-states/insights-research/2021/weekly-economic-commentary/food-for-thought-1?utm_medium=email&utm_source=marketo&utm_campaign=econ-global-

[brand&mkt_tok=NTA0LVpZSy0xNzMAAAF_S9hyRYo9aWygt1A1MHP4OBJo9kDZrPiQk1dRQ7ssyoJChaqxu-MmZL8Jg0ZM3xIG6b2yB4GwE3JI58Mvg-da2e1QnvEvx6AW0tmyooJcGgPJ_g](https://www.armstrongeconomics.com/international-news/australia-oceania/australian-teacher-has-had-enough/)

CAF Notes & Links:

Comment:

Hey Catherine,

I have heard you lamenting about the fact that you've never been able to understand the Book of Revelations. Please checkout Brenda Weltner's interpretation of Revelations as text written in the Hebraic style using symbols, imagery, and layering and not Greek chronological style.

[Revelation 101: Chapt.1](#)

I really appreciated your interview on Finding the Christ and hope to learn more about Steiner's take on Ahriman soon. Thank you for all of the great insights on how to life a free and inspired life.

Respectfully,
--J D

CAF Notes & Links:

Comment:

Hi Catherine

Just in case you have not seen this....very inspiring, very passionate .

<https://www.armstrongeconomics.com/international-news/australia-oceania/australian-teacher-has-had-enough/>

A

CAF Notes & Links:

Comment:

Hello Catherine,

Are you aware of the upcoming event... It may be something to mention during your interview with Corey Diggs... [Http://worldwidedemonstration.com](http://worldwidedemonstration.com) It seems to be legit and put together fairly well.

M p.s. I love solari!!!!!!

CAF Notes & Links:

Comment:

Hello Catherine,

I found the future science series extremely helpful, and very good to understand a little about nano-biotech and about graphene carbon tubes.

I have come across a product that appears similar but a different shape.

www.grafexsuperc60.com

A second one is PQQ

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5349805/>

They are purported to assist detox those who have succumbed to the mrna vaccines on The Truth About Vaccines website

https://thetruthaboutvaccines.com/stop-damage-mrna-vaccines/?fbclid=IwAR28dInGz0HWMVKMdUnQItXcW77vLfA7N-7ZH8PT0ZgDoF6-c82w_vpSL1c

which I have previously understood to be reputable.

If it was possible to verify that these products are genuinely positive biotech working against the negative bio-tech, I (and others) would be really pleased to know.

Regards,

F (from lock-down in NZ!)

CAF Notes & Links:

Comment:

more virtue signaling from a corrupt firm

https://www.americanthinker.com/articles/2021/09/emwoke_inc_inside_corporate_americas_social_justice_scamem.html

CAF Notes & Links:**Comment:**

I was recently introduced to a wonderful woman, Diane Langberg. Her work as a psychologist and a Christian is both enlightening and overwhelming. After years of dealing my own childhood trauma it's refreshing to hear a voice that has so beautifully married the subjects of God and trauma. Catherine, I would highly recommend listening to her if you have not and would love to hear you interview her. Tim Fletcher is another wonderfully intelligent psychologist who has invaluable information. I encourage everyone to check out this information. God bless and Stay safe out there!

CAF Notes & Links:**Take Action****Question:****CAF Notes & Links:**

Other:

Comment:

CAF Notes & Links:

Send in questions:
Askcatherine@solari.com
Subscriber input

