Ask Catherine

August 2, 2021

Introduction:

We include questions sent to askcatherine@solari.com and posted at Subscriber Input.

Thanks for your questions!

Organized by Categories:

Cash and Precious Metals  
Covid-19  
Feedback  
Going Direct Reset  
Health  
Local Gatherings  
Recommended Links  
Take Action  
Testimonials State of Our Currencies  
Conclusion  
Additional Resources
**Question:**

Hi Catherine,

I wonder if Ellen Brown, who has a website [http://www.webofdebt.com](http://www.webofdebt.com), has some good ideas that we can implement. I know that years ago, she proposed state banks like North Dakota. I have not followed her work, but maybe she can help develop some good ideas?

**CAF Notes & Links:**

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**Question:**

Hello Cathrine,

I have just joined the Solari Report subscription. I have to say it is refreshing to see someone is actually offering some solutions to using during these tumultuous times.

I was wondering if you would have an explanation about the fact that JP Morgan Chase Bank has recently developed the cryptocurrency: JPM Coin?

Would you either know, or can rationalize, what plans are there by Chase (and other banks) in using such coins at this stage of the Central Bank Crypto Currency concepts?

Thank you,

**CAF Notes & Links:**

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**Question:**

Can you explain reverse repo that the fed evidently is rocking?


Thanks I’m enjoying every money and markets

**CAF Notes & Links:**
Direct or indirect monetisation

**Question:**
Dear Catherine,
My husband and I are subscribers (it is under his name P S). First I wanted to say how amazing we have found the Solari content and how calming it is for me to watch you and your perspective and how you laughter at all that is going on. We have woken up late but at least we woke up. On a side note, I am also a Philly girl and we both met while at Penn.

So my question is: What is going to happen with the home mortgages in the going to CBDC and what do you advise to do if you have a mortgage (pay it off or let it inflate away). Apologies in advance if you have already covered this.

Thank you,

**CAF Notes & Links:**
Less risk the better

**Question:**
Hi Catherine!

I haven't made contact with you yet, but I've been a follower of yours since hearing you on Jeff Rense in 2019 when I lived in Pacifica, CA - San Francisco Bay. I have been a subscriber since May of this year. Your insights are always unique and brilliant and I rely greatly on your guidance.

Prior to even being subscriber, I have been following your advice since you said in that first interview I heard with Jeff, "Get to know your sheriff and local folks. Send them a pat on the back, etc..." My girlfriend and I decided to move from CA to North Carolina in July 2019, and in December 2019, that became a reality - barely escaping the impending lockdowns. We already knew something was coming, just not what exactly. We moved to Charlotte and looked around at the surrounding counties that we're following suit with Virginia counties on declaring 2A sanctuary. In early March, I found
Lincoln county and a fast growing town called Denver that looked great, so I drove up there one Friday afternoon after procuring a real estate agent to buy my first house. I am 47. I guess coming from San Francisco, CA it should not be a surprise I never owned a house - too expensive. I stopped first at the local sheriffs office and talked to a detective there. We became friends. I found a nice house in a one way in, one way out neighborhood on the lake. It's awesome here. Very safe. You can see the address on my attached resume if curious.

I also reached out to the county commissioners, commending them for declaring 2A sanctuary in January 2020. One of them replied very happily saying "It's a rarity that anyone reaches out like that", which is exactly what you indicated would happen in your first discussion I listened to. She was encouraged to know she had support. We also have become friends.

I am now going around getting to know the local farmers and farmers markets to prepare for the coming economic lockouts.

[Questions Related to Employer Mandates - See Form]

Questions Related to Solari World Screen - Not Accessible.

It is a great honor to finally make contact with you. As stated I've attached my resume in case you know anyone looking for someone with my skill set. Wouldn't know where to start thanking you for your tremendous contribution and sacrifice you've made to helping We the People, Catherine. But my life is greatly changed because of it.

Yours Truly,

CAF Notes & Links:

Will have to create our own money and businesses

Question:
Hi Catherine,
Really enjoyed your recent talk with James Corbett. I do not know how you do it, but your way of carrying yourself, always enthusiastic, helps a great deal. Thank you. It's hard to not succumb to complete demoralization these days. Where I live in Portland, Oregon, I hear the sirens of mostly ambulances all day long. Maybe I should emulate Ulysses and plug my ears. I do have a question though. I have a nice nest egg in savings of around $25,000. Should I just pay off as much of my remaining mortgage
with that before the dollar tanks? I am worried that some day it will disappear, especially if I am not a good boy and roll up my sleeve.

thanks for being there!

**CAF Notes & Links:**

Always have some liquid reserves. Pay your mortgage off as fast as you can

**Question:**

Catherine,

My employer has moved from encouraging employees to report vaccine status to mandating it. Naturally, I think that is an invasion of privacy and the doctor patient relationship. Do you have any guidance or suggestions for me if I would prefer not to share that information? At this point I suspect the consequence of not sharing that information will mean being required to wear a mask in the office. If it is better to call me rather than respond by e-mail, you are welcome to call me at

Thanks,
C

**CAF Notes & Links:**

Employer Form - anything help

**Question:**

Hi Catherine,

I am a new subscriber to Solari and have been listening to your interviews for years now. Words can't describe how much I have learned from you; your insights have been an invaluable boost to my awareness level. I admire your sharp intellect and courage in your work; yet your insider perspective cannot be replicated. I do consider you a hero and from the bottom of my heart I thank you for all you've shared with the public.

I wanted to ask specifically about how money and power works around college endowments. I am currently working on a novel that features an endowment fund that has gone totally black (involving a secret society, a family foundation and a defense/intel. contractor) but I could use a bit more clarity on the particulars around 'how the money works' in the ivory tower. You have mentioned Harvard's rogue financial schemes previously but I am trying to get a sense of the key figures in managing an
endowment and how it can successfully go black and then become discovered by trustees and members of the college community. I would appreciate any description you can give on the main aspects of the endowment debacle or links to any book or articles you’d recommend on the topic.

Thanks again for all of your hard work, I look forward to hearing from you soon!

Sincerely,
B

CAF Notes & Links:

Last week
Norm Dodd on Foundations
dillonreadandco.com
Harvard Watch and Qui Tam documents
Naomi Klein - Shock Doctrine, Ford Foundation
David Talbot - Rockefeller Foundation

Question:

Hi Catherine,

Following up on your advice, I reached the conclusion that I don’t know and/ or trust any of my bankers. And trying to find a local ´independent´ bank in The Netherlands, I returned from my search empty handed. Are you able to recommend any bank?
Thank you in advance.

Regards,

Your reply:

L:

I found no available local options here in the Netherland. I use Rabobank for my account here. .
Hope that helps,
Catherine

L's Reply:

Hi Catherine,

Thank you for your quick reply.
[Subscriber Comments on challenges with Rabobank]
I would like to compliment the Solari Report on the investigation into the ‘going direct reset’. This information really is of great added value. As I have always had great interest in what’s happening behind the scenes, I’m happy with my new Solari report membership.

Speaking of what’s going on behind the scenes:

Question on Interview with German Corona Investigation Committee
Kind regards,

L.

Your reply:

L:

Big difference between a conservative bank subject to strict government regulation and a criminal enterprise - see example of JPM used in ESG Wrap Up, and insert

No large bank is set up right now to handle crypto - nature of the beast.

Glad Going Direct added value. Titus did a great job.

Did not find that interview useful. Very grateful for Reiner Fullmich and German Corona Investigation Committee

CAF Notes & Links:

Question:
Hello Catherine:

I'm a recent subscriber and am incredibly grateful to you for all you are doing to provide a most needed perspective on current events and past history. The website's resources are extraordinary, and I've barely scratched the surface.

My goal is to learn how best to move forward amid all the uncertainty. I want to come clean and have several questions in this regard. It would be great if you would provide your thoughts and general comments on the following:
1) Is it advisable to hold assets in traditional IRA accounts now? If
not, are paying the taxes and either converting to a Roth IRA or cashing out viable options?

`Taxes
Partnership with Government

2) What criteria should be used to evaluate an IRA custodian?

Securities
Precious Metals
Private Equity

Record
Ownership, Governance, Management
Financial and Operational Endurance

3) What criteria should be used to find a like-minded investment advisor?

Experience
Record
Understands Reality
Full disclosure of fees and conflicts

4) Your thoughts on federally-chartered credit unions versus state-chartered credit unions?

Governance, Management, Depends on State Jurisdiction

5) What are the criteria to properly evaluate local state-chartered banks with overall good ratings?

See bank local like at bottom of cash Friday
https://home.solari.com/cash-friday/

Many thanks,

L M
Concord NH

P.S. I emailed you several weeks ago but was unable to find the questions printed in the "Ask Catherine" section of the website. I
assume that the email went awry and am sending these questions now. I look forward to your response.

**CAF Notes & Links:**

**Comment:**
I recently had to have my house replumbed (about $6000 dollars). Knowing that the credit card company would take 3% off the top from him, I proposed to the plumber that I pay in cash and that we split the difference (i.e., he gives me a 1.5% discount). He went one better. In return for a cash payment, he knocked off the whole 3% off the bill ($180.00). What we should be doing is encouraging businesses to offer discounts for cash payments. An approach like this that puts money back into people’s pocket is MUCH more likely to become widespread than a strictly altruistic (and obscure) approach of not using cash one day a week. I used this approach on two subsequent occasions (furnace replacement, A/C installation). I didn’t ask for a discount but in both cases it was made very clear to me that they preferred cash to credit card.

**CAF Notes & Links:**

Reverse the skim…..

https://www.creditcards.com/credit-card-news/can-businesses-offer-discounts-for-paying-cash/

**Comment:**
The primary distinction between Feudalism & a Free Society is our right to Property Ownership. We have been defrauded from this Unalienable Right, but the time of the Great Reclamation is here. Scholars, activists and truth seekers alike are now verifying that the free American Republic, and most countries in the world have been captured through fraudulent contracts into neo-feudalism. Nowhere is this more apparent than in the united States that fought the Revolutionary War over the right to property ownership, and not taxes as we have been led to believe.
Whether you have a home mortgage, “own” your home loan-free or pay rent to a landlord, Land Patents are the cornerstone to our collective future and ability to live Life to its fullest and freely prosper. The erosion of our basic rights and quality of life has reached such dismaying proportions that many are now actively seeking remedy. Legal process of “political status correction” and formalized rebuttals to those who claim false authority have gone viral, but the issue of Land Patents does not receive proper attention.

In this very special in-house episode Dr. Barre Lando and Mike Winner will present Part 1: Gaining Allodial Title by reclaiming the original Land Patent on your property. We will discuss why this is equally important for those of you who consider yourselves “renters”, and give prima facie evidence that we are all tenants paying rent, fees and fines, while requiring “permission” from the lords of a literal Feudal System through permits and licenses. If we do not reclaim our birthright to live free and unencumbered on the Land, we will forever be “lost at sea” in our present system of Admirality Law.

CAF Notes & Links:

Thanks. Since people we are up against do not respect the law not sure if this will work

Question:
ADL no-buy list for PayPal
https://bariweiss.substack.com/p/get-ready-for-the-no-buy-list

CAF Notes & Links:

Comment:
My wife sells vegetable bedding plants at the local feed mill. She sells on the honor system where people put the cash into a wooden barrel. I’ve tried to get her to offer a 90% discount if people will pay in silver coin. I think for next season I’m going to be more insistent that she offer this discount for silver. I know that there are some “real money” advocates in our area. It might result in only a few people paying in silver, but it might get other small business owners, farmer’s market vendors, etc. to try it, too.

CAF Notes & Links:

90% sounds very steep - do you mean 9%
Reminds me I would like to do the same as Solari
Comment:
Subject: Banking & Climate Change Risk

The Office of the Comptroller of the Currency (regulator of national banks) announced the appointment of Darrin Benhart as its Climate Change Risk Officer and its membership in the Network of Central Banks and Supervisors for Greening the Financial System (NGFS).

Acting Comptroller Hsu said, “The changes announced today will enable the agency to be more proactive in accelerating the development and adoption of robust climate change risk management practices, especially at larger banks.”

The OCC regulates about 70% of the assets in the U.S. commercial banking system.

CAF Notes & Links:

Coming fast as pandemic is wearing thin

Covid-19

Question:
Dear Catherine -

My mid-50's and very healthy friend caved in to peer pressure and got the double shot. TWO weeks later, she suffered a deep brain stroke. She’s active, healthy etc etc. and she had a stroke. (I haven't seen her since one month before all of this happened).

One weeks ago, I had a deep brain stroke! Me. healthy, fit, no smoking, drinking, drugs and no history! Spent four days in the hospital and am on meds. Never had the vaccine. But had a stroke.

How I am lucky in that the only issue I have is that my left calf is an issue. Doctor says that me being healthy is the main reason I am still here.

Wondering is 'vaccine shedding' is the cause?

Looking to detox ...

Wishing you well ...

CAF Notes & Links:
Hi Catherine.
I know you are skeptical about graphene oxide being in the Pfizer and Moderna shots. But here is a 25 minute interview with a former Pfizer analyst who insists that it is. Just wanted to put this out in case the narrative changes. By the way, she mentions she ran this by the Front Line doctors and talks about their response.
Sincerely,
DEADLY SHOTS! Former Pfizer Employee Confirms Poison in COVID 'Vaccine'

Interesting. Would love to have a serious team of scientist review the graphene issue relative to vaccines, masks and swabs Lots of literature on the topic of graphene. Note Rappoport.

Do you need a religious exemption from the vexxx? May be time to join the Russian Orthodox Church. ALL the vexxx preparations use foetal tissue 'cell lines'. See example below for US Military religious exemptions. Thanks to JeffreyPrather.com Patreon account for the info.

Cheers, Deb

Military Religious Exception Draft

Hello Catherine,
I thought you might find the following items interesting.

First one is from a good friend of mine who is a banker at BIG BANK. THEY ARE up on the COVID scam. This is what THEY wrote to me on Tuesday:
“Something interesting happened at BIG BANK yesterday. They called a last minute conference call for ALL bankers in the country - meaning they told us in the morning to get on a call at 3:00 which they never do. Anyway, they gave all of us a 10% base pay raise for no reason at all. They quoted 'a competitive market' but I get a gut feeling that this was a power play and that they will be requiring the vaccination soon - "see how generous and wonderful we are? Now go get shot up or you're not working here anymore." We'll see. Stay tuned ..." Do you have any insight as why they did this?

Second one, both my husband and FRIEND A(above) have been emailed an injection (refuse to call it a 'vaccine') survey. BANKSs survey occurred in Mid-June, OTHER occurred 1 week ago. The question must be answered and if not, if will count against you (in what way they did not say). The question was: Are you fully vaccinated for COVID? Answer options were: A-Yes; B-partially; C-no, but intend to do so; D-no and do not intend to do so; E-prefer not to answer (If you answered E they considered your answer as D so E really wasn’t an option—go figure!)
What’s interesting is the there has been an influx of FIRST BANK mgmt. into SECOND BANK in the past few months. Perhaps that’s why they are essentially following the same playbook. Both are waiting to see what BANKS will do this information and when the mandate will come down (both are assuming that’s what’s coming)

Third one concerns coercion to take the injections for employees of `XXXXX(large health system in MN). One of my best friends is a nurse in one of their clinics. The injections so far are highly recommended (not mandatory yet). Here is how they are making it nearly impossible not to get an injection. If you don’t get the injection, you must wear a mask AND everyone who works near/with you has to wear on too. For all staff meetings, if there is one person who is not injected, then everyone has to where a mask. They are purposely going to make the injected hate the uninjected! This is mirroring Nazi Germany in so many ways… So far my friend has not gotten the
injection. She is actively looking for another healthcare job as she’s too young to retire. She worked with Dr. (State Sen) Scott Jensen over 20 years ago. I suggest she contact him and get his advice. I’ll keep you posted if anything happens with that.

Thank you for all you do and the information you provide! It’s greatly appreciated.

Blessings to you,
JK

CAF Notes & Links:

Goldman Sachs 30%

Comment:

Question:
Katherine,
My name is K R and when my wife experienced severe neurological reactions after her shot in Jan. (that continues today, 6 months later), I created and manage a website (C19VaxReactions.com) for her and other social media groups of people experiencing reactions form the vaccine. We held the press conference with Sen. Johnson in Wisconsin 4 weeks ago and have had interviews on Tucker, Newsmax, and Fox & Friends weekends as well as podcast with RFK Jr. I’m reaching out to you to see if you are interested in interviewing or connecting with someone in the group?

CAF Notes & Links:

Posted a link to the site. Very much appreciate what you are doing to publicise vaccine inquiry and death

Doctors for Covid Ethics 2 Day Symposium - edited versions available.

Comment:
Hi Catherine,
we took our folks to the Welcome Back Willie show on Saturday night at Willie’s Luck Ranch in Spicewood, Tx. It is the Old West movie set used for the film "Red Headed Stranger". Pop is 91 and Mere is 88. It was Mere's idea to go to the show. Who am I to say "no"?! They looked forward to it for weeks (it sold out in a day or two) and it was
such a great time. So many people came up to the folks and wanted to talk and listen to them. NO ONE wearing a mask, NO DISTANCING, lots of HUGS and HANDSHAKES. Just what everybody needed. By the way Willie, who still sings and plays great, is 89 and his sister Bobbie is 90 and plays that boogie woogie piano as well as ever.

Thank you for all you and your staff and cohorts do for us at the Solari Report.

All the best,
K P

CAF Notes & Links:

FABULOUS

Question:
Catherine,
If you have any guidance for us in Australia, please share it with me. The masses are compliant vs the other big cities fighting back. Who can we turn to for help and guidance?
Thank you, T

https://mobile.twitter.com/Carmilla5/status/1417618177408700420

CAF Notes & Links:

Prayer, mandate forms

Question:
Hi Catherine,
Thank you for all that you are doing, and for helping me personally connect the dots. Do you have a page that keeps a running list of court cases challenging Covid-19/injection measures?
I’m really interested in cases like the one by AFLDS filed this week, but am hoping to find one/more 501(c)3’s doing this type of work so I can effectively contribute 40% more.
https://www.americasfrontlinedoctors.org/legal/tro
Thanks!
J
Feedback

Question:
Hi Catherine,

I have asked this question before, but I have come upon some new information. I am a resident of Texas which I just found out is $96 billion in debt. To me, that means two things, the Beck brothers have Texas over a barrel and higher property taxes which means less resilience for my family and I.

So with that in mind I ask again, would it be wise to move to Oklahoma instead? I am not sure about where they stand on vaccine passports, but gun laws are great, homeschool laws are great, Oklahoma is the only state to sue a pharmaceutical company, the only state I know to always vote completely red in every single county this side of the Mississippi, affordable homes and property taxes. The only down side as far as I know aside from having access to water is whether they have voted against vaccine passports and mask mandates.

What are your thoughts?

Best regards,

CAF Notes & Links:

Close - can not tell which would be better - in part will depend on County. Agree OKC is more red as the big cities in Texas are moving less red.
Question:
Hello Ms. Fitts,
Thank you for everything - I will try and be brief.
After listening to you for sometime now, I sense you are a believer in Christ and what He did for us. Both my husband and I try to view everything through the spiritual filter of scripture - as it sounds like you do as well. My question is this: What is your personal view on this chaos we are living in and how it fits into the prophecies in Revelation - more specifically - where it states that there will be a one world government and one world economy?

(PS - My husband wrote in and suggested a book by Biblical scholar Dr. Michael Heiser - The Unseen Realm - (you would dig it!) where he believes that the great delusion scripture speaks of toward the end times could be the result of inter dimensional events….I have heard you mention "Inter dimensional" as well.)

Blessings from TX/NC

CAF Notes & Links:

`Never understood Revelations. I do believe they are now trying to implement the Mark of the Beast

Have ordered the book. Looks interesting. Thanks.

Question:
HI Catherine,
Perhaps I've missed it, but have you mentioned Sheriff Richard Mack and the Constitutional Sheriffs and Peace Officers Association (CSPOA) in any of your podcasts? I am a member of CSPOA and would like to know your opinion of this movement growing in popularity across the country. (Website: CSPOA.org) Do you know whether there are any county sheriffs in Tennessee who have declared themselves "Constitutional Sheriffs," meaning that they intend to enforce the Constitution in their counties even in the face of unconstitutional initiatives by the federal government? Am actively considering relocating from NC, and would prefer a location where such a sheriff is in office, supported by the local residents.

Am very grateful for what you and Solari associates are doing. Solari remains number one on my list for reliable and actionable information and advice.
CAF Notes & Links:

Sent you the Link to our interview with Sheriff Mack, Who’s Your Sheriff in the library

Comment:

Howdy

To have a more complete picture of the UFO story the Vatican library has to be unlocked for the coming roll out of disclosure.

Luis Elizondo is being portrayed as an UFO whistleblower, but almost no attention given to his attorney, Danny Sheehan.

Danny Sheehan has a close relationship with the Jesuits and the Vatican.

My question is did Luis hire Danny to represent to represent him or was Danny selected by others involved in the UFO disclosure roll out? What do you think?

CAF Notes & Links:

UFOS for the 21st Century Minds, Alien Agenda

Question:

Greeting Catherine

I have been following Dr. Simone Gould and America’s Frontline Doctors in regard to the Covid/masks/injections/etc. and seem to recall you referencing them in the past. At the bottom of their web page (see below) is note that they are “a project of the Free Speech Foundation”
When I looked up their Facebook page I was taken back by what I saw: https://www.facebook.com/freespeechfoundation/

Are you good with this??
Thanks Catherine and God bless

CAF Notes & Links:

Fiscal sponsor - does not give me a problem
Have to find one courageous enough to take the risk

Question:
Hello Catherine,
I am using a cell phone, because I have moved and do not have a landline. My ears burn when I use the cell phone and am trying to find a solution to this problem.

I received an email today, from Sacha Stone, about products made by memom.global. I also have read about a US company called Bluesheild. Both companies say their products counter the effects of EMF.

Have you looked into EMF protection? If so, do you have any recommendations or suggestions?

Thank you,

F

CAF Notes & Links:

Don’t know memo
I used Blusheild thanks to JBS
JBS interviews on EMF - on line celebration coming

Question:
Hi Catherine-

A chill went up my spine when I heard your latest ‘Ask Catherine’ show where another subscriber spoke of the problem they have had with unordered Amazon packages arriving and it went double-tingly when they mentioned that one of the products was a dark skin spot remover.

We have had a similar problem over the past year or so with bizarre, unordered Amazon packages arriving, with one being a dark skin spot remover! The other orders have included an array of skin/hair products, a face mask and the most bizarre one being a hard golf-ball sized thing meant to strengthen ones jaw!

The common denominator of all the products was that they would be used on the body.

We have spent a lot of time with Amazon to get this to end, and have also been told that the problem would be escalated to a ‘team’ but it has never ended. We initially wrote it off as being the actions of an ex-friend of ours who we abruptly broke contact with after some bizarre behavior on their part. We figured they had too much money and time on
their hand and wished to keep inserting themselves into our life. But now I have to wonder.

I am quite curious as to whether other subscribers have had this issue.

Could it be a random issue to send nano viruses or other things to various areas of the country/world? Are we targeted specifically? We may never know but I am taking the advice you had given to use gloves when checking any unordered packages that arrive in our box and to continue to just dispose of them as we have been doing. The world seems to be getting weirder!

Thanks for all you do!

J

Part 2:
Hi Catherine-

Seems the receiving of unordered Amazon packages is a review-fishing scheme. My paranoia is ended.

God Bless,
J

CAF Notes & Links:

BE CAREFUL. CAN ALSO BE MORE THAN FISHING.

Question:
Dear Catherine
On Saturday's freedom protests in London, Dr Reiner Fuellmich broadcast a message at Trafalgar Square.
https://www.bitchute.com/video/jQ9e8kACF6ta/
I thought you might like to know that at time 7.30 he mentions you as having invented the term Mister Global.
By the way, is Austin your middle name or is it part of a double surname? If I wish to quote you, should I refer to you as Ms Fitts or Ms Austin Fitts (or do you prefer Miss or Mrs)?
(I recall having seen some time ago a copy of letter President Bush had written to you in which he addresses you as 'Dear Austin'. )

CAF Notes & Links:

Mr. Global is a useful term Need a nickname for the secret governance system

Answer to Fitts, Austin and Catherine. Most of my neighbours in HV call me Austin

Question:
Hi Catherine,
(You don’t have to answer this in your Ask Catherine segment, as it’s maybe a bit more personal.)
We were intrigued to learn that you had been traveling around Europe recently. We are just south of France in Andorra and would like to get up to Switzerland to exchange old Swiss francs from a canceled series into shiny new digital francs. I checked the entry and return restrictions on leaving and re-entering France from Switzerland and was discouraged from making the trip at the moment. I prefer to not have to have that toilet brush pushed up my nose. So how did you find moving in and out of EU territory on your trip? Did you find the border agents checking everyone’s test results?
Any intelligence you may have would be really great and much appreciated.
Thanks
M W

CAF Notes & Links:

Drive to Switzerland - Germany was permitting Transit for Business - am able to go on 1 tank. Before I go again will have to check. Make sure you buy a highway pass…40+ francs.

Comment:
Dear Catherine and Solari Team,

I wrote and sent a booklet on the Wellness Pro microcurrent device unsolicited (to your Tennessee headquarters) and now have listened to your current Ask Catherine (July 22) where you state "don’t send (or open) unsolicited materials in the mail", what with all
the possibilities of contamination, etc. and wish to apologize for sending the code books.

I never wish to worry anyone receiving these -- guess I was feeling exuberant about Solari etc. But of course your advice makes sense. I did intend to post about the Pro device but will not, under any circumstances, be sending anyone anything unsolicited again.

Sincerely,

Totally understand. No apologies necessary. My assistant has forwarded. Have not had a chance to read yet.

**CAF Notes & Links:**

**Question:**
Hello Catherine,
I watched a very interesting video interview that I would be interested in hearing your response to. The link is here: Facebook. Is any of this a surprise to you? It seems to align with your ‘follow the money’ approach. Regards,
F

**CAF Notes & Links:**

Astrid was hero of the week 2 weeks ago.

**Question:**
Subject: Should I renounce my citizenship?

Hello Catherine!
My family (parents plus 2 siblings) immigrated from Detroit to Sydney Australia in 1970... I was 8 years old -now I am 60. My family had the status of "Permanent Resident". I became an Australian citizen over 3 decades ago... but I was allowed to retain a US passport and citizenship.
I've only been back to the states 3 times -once to Detroit in 1980 to see relatives, then a couple more times for a short holiday. There is not much contact with the American relatives -only occasionally to let them know when my parents passed on.

I am happily married and thank God we live on the NSW Coast a far away from Sydney. We own our home and live quietly in a lovely rural area.

My husband had to retire early due to clot damage which left him somewhat of an invalid in that he has a permanently damaged leg, wears a toe to hip pressure stocking and suffers from neuropathic pain. As a result we don't go out much because sitting for a long time (eg, movie or restaurant) causes him pain. However, we are very happy in our home. My husband gets a good disability pension from the Australian Defence Force as a result of his health problems and previous service. There is no way in hell that either of us will ever get a covid injection.

Because of the fascism of the Australian Government, I am wondering if some time in the future the government could threaten me with deportation if I refuse to be injected, because I am a duo citizen, even though I have lived here for over 50 years and am an Australian citizen. The thought disturbs me as my husband would be lost without me.

We have no children.

On the other hand... is being an American an asset if things get even worse here? It would be very difficult for us to relocate but it could be done. Mind you... nobody is getting out of Australia except the rich and politicians and I don't think that it is ever going to change. I don't think Australians are ever going to be free to travel again.

What do you think?

Much appreciated,

CAF Notes & Links:

I would not renounce. Small chance it may offer you options at some point, particularly if some states hold out against the tyranny.

Question:

Hi Catherine.

I wanted to share a theory which ties Western Esotericism (mainly Esoteric Christianity), King Henry VIII, and Ancient Hermeticism, through the Vitruvian Man, together to our modern world; as certainly evidenced within the dogmatic tenure developed within excessive Scientism, while the ancient Hermes' Caduceus is currently an elitist symbol for modern medicine.

Please find within a copy of a stock form of the report which I have shared with many.

All the best.

C
C’s theory


CAF Notes & Links:

Have printed out and will take a look

Comment:

In Money & Markets for 6.17.2021, Catherine asked for intel on why are buildings in Washington, DC shutting down or being left empty. Is this an indication that Mr. Global is “globalizing” DC? Where are federal agencies’ staff going to work? Here are some articles on how federal agencies are likely going to make 100% “work from home” permanent for the majority of their employees, and also how agencies are probably going to get rid a lot of buildings, and also how agencies are starting to advertise jobs as fully remote work:

CAF Notes & Links:

**Question:**
We have an interesting candidate, Kathy Barnette, running for Senate. Last time around, she lost the House race. She did not have the Republican endorsement and they definitely played games with her.
I've listened to her live a few times and a friend's college age daughter often speaks at her campaign events.
I'm considering donating to her campaign. It seems grass roots. But it has me wondering, how does one really discern who to support in these situations? Anyone have tips?

CAF Notes & Links:

History
Recommendations
Memberships/Affiliations
Open Secrets
Positions

**Question:**
Is it true that we are now occupied by a foreign government/military? This seems very frightening to me...Does this mean NATO can force the vaccines, etc?

CAF Notes & Links:

More incremental
I’ve been researching the history of bioweapons and it has been so enlightening in understanding what is going on currently with our pandemic. I have to thank those who have battled and therefore extensively researched Lyme’s disease. They make a claim that the disease/s that use the tick as a vector (Lyme’s disease) came from Plum Island where the original Level 4 research lab from the USDA was started by a project paperclip Nazi researcher after WWII. I kind of thought it was a stretch. But, once I started researching for myself I realized that the epidemic and Plum Island lab was right next to Long Island and Lyme, Connecticut where the epidemic began (actually many plagues began there including West Nile Fever. Coincidence? very unlikely). They were doing research on ticks and focused on creating bioweapons. I’m on my second book for the topic, and here is a quote that I think is pertinent to our current post modern experience of canceling farming and becoming more dependent on the experts/technocracy out of fear for an invisible enemy:

“The enemy is real and the victory we seek is a victory for every human being in every farm, village, town, and city on earth. Our grandparents built this country with the help of their animals. That was yesterday. Today, our farm economy pivots on animal agriculture.
I firmly believe America is on the threshold of the most challenging and prosperous decade the world has ever seen. This is the age of science and technology. The frontiers of the mind have replaced the frontiers of geography. Organized and imaginative research...will push the scientific frontier beyond limits we scarcely dare dream today.
Brains will continue to replace brawn in American agriculture and industry! Man will direct power rather than supply it! Brain power will be more important than horsepower!”
Ezra Taft Benson, Eisenhower’s secretary of agriculture, on dedication day of Plum Island’s laboratory
This quote was used in the book: Lab 257 by Michael Carroll
The first book I read was Bitten by Kris Newby where she reveals the scientist who discovered one of the causative agents of Lyme’s disease may have actually been responsible for aiding the release of the bioweapon itself.
Anyway, I think it is important for us to learn that bioweapons have been used for along time now (In WWI glanders was used to take out horses of enemies) and how they have become more sophisticated in their tactics. Ultimately, it is about getting more and more control over the global population.

COMMENT:

TOTALLY AGREE I believe it goes back hundreds and thousands of years.
Question:
Dear Catherine,

Here is a link to a technical interview and Q & A by Dr. Mobeen Syad with Dr. Bruce Patterson, MD. about long haul Covid research and treatment:


Why I found this relevant to SolariReports.

One of the Great Reset goals….transferring the assets out of the sovereign governments into private sector real assets and leaving all the liabilities and indebtedness (i.e. Social Security, Medicare, other entitlement programs) may encounter an added head wind if there is a public or political outcry to provide treatment benefits to Covid long haulers…..those they don’t kill off with the vaccine or initial Covid infection/treatment. Those benefits will not come cheap…..

Between time marks 54:00 and 55:00, Dr. Patterson estimates 10% to 30% of everyone who has been infected by Covid (including breakthrough patients) could have long haul Covid.

Patients with long haul Covid go through periods where the feel better, then get worse….and there is a relationship between activity or exercise, and the long haul Covid symptoms getting worse.

Dr. Patterson says the Long Haul Covid problem isn’t going away in 2 years, 3 years, or maybe even 5 years. But he and his team are seeing promising restoration of Long Hauler’s immune systems using their treatment protocol and they are now working on weaning patients from the drugs they are using and slowly upping their exercise levels to see if there can be a return to normalcy of patient lifestyle. They are working on scaling up their patient treatment program in the US and abroad.

Dr. Patterson says the economic hardship and suffering experienced by Long Haul Covid patients is mind boggling. He and his team are actively speaking to members of Congress to try to get the government to provide benefits to Long Haul Covid patients.

Perhaps Dr. Patterson should be considered for a Solari Report “Hero of the Week” award???

Thank you for all you do to keep us informed!!
Sincerely,

Have to look into it some more - don’t know

Many of other things like this in the Great Poisoning - autism - trillions

**CAF Notes & Links:**

**Question:**
I made this video for our local gymnastics studio. They barely survived lockdowns and had a very interesting visit from the insurance company right before the gym flooded while they were out of town…If you are looking for a family business to support, maybe consider them.

*Gymnastics World Flood*

**CAF Notes & Links:**

Sure looks like a hit to me.
Have posted video and asked our bookkeeper to send $100. Great cause. THANKS FOR SENDING!

**Health**

**Comment:**

**LOTS OF INFO ON ASEA**

Dear Catherine Austin Fitts,

Hello again, this is my second query to you. Anne Louise Gittleman has a new book out entitled: Radical Longevity.
She is a best selling author and has revised all of her some thirty-two or so books to include the breakthrough of Redox Signaling Molecules. She has included redox in her latest book. RFK Jr. said this in his endorsement of her new book: (Anne Louise Gittleman gives us a blueprint for escaping the shackles of the pharmaceutical paradigm and to arm our immune system. Read Ann Louise’s book and reclaim your body! It’s time to fight back.) Many others endorsed her newest book, you may or may not know some of these people. Anne Louise has a podcast and has interviewed Dr. Delores Cahill, so Anne Louise is on the same page as all who are embracing the facts as they can be nailed down regarding our current state of affairs regarding what is going on with injections being called vaccines etc. My request for you to inquire about Asea with RFK Jr. is my hunch that you may be in contact with him on occasion due to his speaking at events which draw like minds together.

Thanks for your consideration and all the best. Also I do not know if you may be aware of Dr. Ahvie Herskowitz who is a highly credible doctor who studied in Germany in addition to his study in the states. He personally uses and also promotes Asea and states that it is blessing for humanity. Here is a link to his work. He periodically appears on zooms to discuss the value of Asea and explains how he uses it in his practice. https://www.anataramedicine.com/

I am just in my transformational stage of being an Associate, so I am not a mover nor a shaker at this point. However, I am the voice seeking you out and therefore ask that per your interest and possible subsequent contact with Asea that you remember me as the initial liaison interested in being your sponsor in building an Asea organization of your own. Thanks again for your consideration.

**CAF Notes & Links:**

**Question:**

Dear Catherine Austin Fitts, 7/31/2021 (1:19 am) est, Sunday

The relatively new science of redox signaling molecules is not being recognized as the breakthrough science it is. In 1998 a Nobel Prize was awarded 3 scientists due to the discovery of nitric oxide in the cardiovascular system as a redox signaling molecule. However, prior to that time a medical pharmaceutical house had cracked the code to create redox signaling molecules outside of the body in bioidentical liquid form. They went bankrupt due to not being able to stabilize the molecules. Verdis Norton enlisted his son Tyler to help him launch the business of ASEA, which acquired the bankrupted medical pharmaceutical venture. The resulting breakthrough is non-pharmaceutical. The FDA ran the venture in circles allowing for a dietary supplement category only, with the mandate that at all times a disclaimer preface any verbal, print, or visual discussion of Asea to the public. I.e. Asea does not diagnose, treat, cure, or otherwise remedy any
disease. Here is some insight into who Verdis Norton is.  https://ourgglobalhomebusiness.com/sea-founders-verdis-norton-tyler-norton/  I expect your reaction to this communication from me to be that of passing it along because as you have stated. Health issues are not your forte etc. However, if you can wrap your mind around the reality that scientific breakthroughs which are not pharma are going to be summarily buried by the FDA etc, then it does fall in the realm of your perview in the sense of your recognition that a factual breakthrough of major proportions could render pharma obsolete once critical mass is reached. I am an associate with the company of Asea. I am a seventy-seven year old great grandma who is planning to return to teaching classical ballet and also perform with grace and style in ballet in other genres. The breakthrough I speak of is affording to me the stamina, the immunity of my youth, the grace and lifted mood/attitude to pull this off. We cannot use the word cancer, so we state that rogue cells, through intracellular communication are eradicated by our body wisdom to restore balance, without any side effects, because the natural healing taking place has no side effects. This is what redox signaling molecules do for the body. Your gal that handles your health section of the Solari Report is not going to know any more than you do about what I am saying. We operate on a next level marketing strategy. The company is in thirty plus nations and growing. A new research facility is opening up. They operate on a basis that is not effected by the stock market. The Headquarters is in Utah. They hold public tours of the facility. I know Verdis and Tyler would be more than happy to sit down with you and lay out the correct data with which you could readily discern the merit of the company. Tyler has established an ethos academy and is highly regarded as one of the most ethical business leaders in the next level marketing industry in the world. The Asea charity is Advancing Life, which works with the underground railroad and other non-profits to secure safe passage for children who are being trapped in sex trafficking. Also building wells to bring clean water in third world locations are the types of projects that the Asea associates may jump in and volunteer with to elevate humanity. The mission statement is: To make a living while being a force for good in the world. With the plethora of current and coming auto immune health issues and the myriad of other health issues facing humanity, this breakthrough is nothing less than the game changing breakthrough so desperately needed at this juncture. We go by the honor system in Asea and I, as an associate, am in line to be the sponsor of whomever I introduce Asea to if they are interested in leaning more about the research they may review to decide if this product is viable in their eyes to be involved with. Our top ranking associates are helping tens of thousands of people and the potential for residual income is what one chooses to make it. You are a smart woman in many areas, and in particular I think you could look at the business end of Asea and see the value of how the business is set up and running. In addition I personally feel that now is the time to strike blows against the power of pharma in the economic sector, the result of which is to empower humanity as each person helped by Asea may leverage their former health issue as a parlayed asset. If they have zero health issues such as myself, I am allowed to use other people’s experiences as examples and use my own testimony in a show and tell fashion which demonstrates my youthful dance ability, my stamina in the athletic sense etc, etc. etc.  Am I personally hoping to sponsor you if you are interested in Asea, or am I hoping to speak with anyone in your organization that I may sponsor as an associate? You betcha I am,
because it would create teamwork, which keeps multiplying exponentially and that residual income would put me in a position to engage in several worthy projects. One of which is giving financial support and moral support to the World Freedom Alliance, a project near and dear to your heart, and mine as well in that I see the validity of everything being done and planned. I am hoping you will reconsider that you cannot be directly involved because you do not know all about health and wellness. You know far more than most and you know business which is crucial and this venture if you see the big picture of which I am speaking could spell a high yield of income to be put back into your projects in terms of legacy income and capital for other investments etc.

In dance I use Sally Berry as my doing business as. I am an Eichelberger with my father’s people from the black forest region of Germany. I use Sally Rubis, my last husband’s name. He was Italian on his mom’s side and Swiss on his dad’s side, hence the name Rubis. My company really knows how to stay compliant with the FDA watchdogs ready to howl at the slightest breach so we are out there as low key with zero controversy in our dialogue. But really high key when it comes to promotion and getting the word out one person at a time. If what I have written resonates with you in certain aspects that may turn out to be a very good thing for both of us and many others we have yet to encounter. All the best and please get back with me if you feel the tug of looking into what I am opening up to you as a potential win win situation.

Regards,
CAF Notes & Links:

Question:
Subject: Heavy Metal Toxicity

HELLO,CATHERINE!
YOU MENTIONED UNDERGOING TREATMENT FOR THIS CONDITION...NOT SURE IF THERE WAS SOMETHING YOU RECOMMENDED...? THANK YOU,IN ADVANCE!
M K
CAF Notes & Links:


Newer DETOX on Wellness Series
Local Gatherings

Question:

SIGN UP FOR CONNECT.SOLARI.com

CAF Notes & Links:

Recommended Links

Comment
Subject: Two Things

This is from 2016:


And this on van der Pijl’s Twitter feed:

CAF Notes & Links:
Comment:
Subject: Is this something you would want to share?

CAF Notes & Links:

KISSLINGER QUOTE - I would avoid unless you can get independent verification.

Comment:
Subject: Steiner

https://slowerase.com/2021/01/eliminate-the-soul-with-medicine/

Use vaccines to delink etheric body. Steiner is right.
Comment:
Subject: Slavery

Catherine -

First, I want to thank you for the work you do and the dots you connect. I'm normally just a quiet listener as I am learning, but do not have a deep understanding of financial systems.

My role is cybersecurity, so I am keenly interested in patterns and although I would not normally reach out to you, the financial slavery topic that keeps popping up in your recent interviews and reports has really stuck with me. I feel like it has become one of those topics that God kind of highlights by puts His finger on to get my attention.

The thing that has become really interesting to me is that I've started to get additional information from a totally unrelated source that I have recently come across and wanted to ask if you are familiar with his work. He is a Canadian named Gary Wayne and has written a book called the Genesis 6 conspiracy.

He has challenged and helped bring clarity and understanding on quite a few topics for me recently and I am intrigued that those pieces of the puzzle have reinforced the same words I have received from you.

God is teaching me a great deal through these topics, but I truly don't see the full picture yet. This is how He tends to work with me and I just know that I need to be paying attention.

Still, I wanted to share a little of Gary's work with you. It might just be what God is doing with me right now, but it feels like you guys are speaking the same language from two different perspectives and thought it might be encouraging for you as well.

Blessings, and thank you again for your stand!

J W (one of your Tennessee neighbors)
This is a series of short teachings from Revelation that I thought you might find interesting as well.

https://www.youtube.com/watch?v=wKUSjtWREiQ&list=PLEbNQYO4CUjsKmvD0AuQhZZ7qLW_BZ-Ja&index=21

https://www.youtube.com/watch?v=k4OeDkvuOIQ&list=PLEbNQYO4CUjsKmvD0AuQhZZ7qLW_BZ-Ja&index=20

https://www.youtube.com/watch?v=j6wWlxuVuWY&list=PLEbNQYO4CUjsKmvD0AuQhZZ7qLW_BZ-Ja&index=19

CAF Notes & Links:

Don’t know. Will check out.

New to me. Will check out.

Comment:

Dear Ms. Austin Fitts,

I'll not waste your time except to say that you have my love and my prayers.

Please consider these two short videos:

1. CONFIRMED - UN Armored Troop Trucks Are in Toronto, Canada, Patriot Truther Investigates Up Close !!
   First published at 02:34 UTC on July 21st, 2021.

   https://www.bitchute.com/video/WzXGzcJRIKhZ/

2. GET SUPPLIES - MULTIPLE SOURCES SAY THIS IS IT - JULY 23, 2021 - MIRROR

   https://www.bitchute.com/video/cDdcHMnHRyEb/

CAF Notes & Links:
Important to have resiliency.

**Comment:**
Dear Catherine,

You may find this interesting:


Sincerely,

**CAF Notes & Links:**

Great stuff

**Question:**
Who owns organic?
https://organiceye.org/who-owns-organic/

**CAF Notes & Links:**

Yup. Find and build local markets

**Take Action**

**Question:**

connect.solari.co

**CAF Notes & Links:**
Other:

Send in questions:
Askcatherine@solari.com
Subscriber input