

Ask Catherine

June 14th, 2021

Introduction:

We include questions sent to askcatherine@solari.com and posted at Subscriber Input.

Thanks for your questions!

Organized by Categories:

- Cash and Precious Metals
- Covid-19
- Feedback
- Going Direct Reset
- Health
- Local Gatherings
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Cash and Precious Metals

Question:

Subject: question on creating a currency system outside the bank digital system

Ellen Brown, who ran for Treasurer in California, has been promoting the idea of public banking for some time. This is the same as the the Bank of North Dakota. Her website Webb of Debt.

QUESTION - Do you think we can create Public Banks in state, counties or even cities as a counter to the proposed global digital currency?

CAF Notes & Links:

This is the road to tyranny - On a scale of 1 to 10, under this current governance structure, this is a NEGATIVE 50

<https://www.icba.org/newsroom/blogs/main-street-matters---advocacy/2021/05/13/the-problem-with-public-banking>

Just sent to Alison:

Alison:

FYI below - from an ASK CATHERINE Session today. I am working on a wrap up on CBDCs during July. Once I have it finished, would love to do a follow up interview to help connect dots between

CBDC, Vaccine Passports and Human Impact in August. I know how busy you are so would like to schedule now. Best time for me is any Friday in August.

Let me know what works.

Looks to me like they **may** be looking to push public banks to do the customer service - wiping out the current community banks and credit unions is helpful to establish control. The public banks can do the customer service on the CBDC. Hope to know more after I finish the research in July.

Thanks!

Question:

Subject: Mortgage Question

Hi Catherine,

I need some advice on a situation my wife and I are going through where we cant get a mortgage from my credit union because aside from my full-time job, I have a small business where I get paid as 1099 and my credit union does not want to work with me because they use Fannie Mae and Fannie Mae does not help 1099 applicants. I mean they do not even want to try. What is the best way to get a mortgage or pre-qualified if we don't have enough for a conventional loan?

Best regards,
L. D C

CAF Notes & Links:

Options - some may not be available in this market or where you are or work for you - some should

1. Find a bank or credit union that will hold on their balance sheet
2. Build your own - fix upper
3. Find local private lender - possibly then refinance out - work with local real estate brokers who could help find these options
4. Check out Prosper
5. Save and put more down
6. Seller financing
7. Rent with option to purchase

Question:

Hello,

Is there a list of investment recommendations or a model portfolio for subscribers to follow?

GP

CAF Notes & Links:

Ten years as IV persuaded me no such thing.
Lynn Alden - not screened....plus screen

<https://www.lynalden.com>

Rambus

<https://rambus1.com>

Question:

Dear Cathrine,

Can you recommend some investment that gives secondary income, without supporting the horrible system? I know my medicine but I do not know finance... Kind regards M G

CAF Notes & Links:

Need to take the time:

**Difference between a good chiropractor and a bad
chiropractor**

**If you have a good local bank or credit union, talk to them
about local loan opportunities or investments.**

Refinance family and friends mortgages - see above

Food coop

<https://nhcdfa.org/investing-in-nh-communities/community-development-fund-for-new-hampshire/>

Screened equity portfolio - hedged or unhedged

Covid-19

Comment:

Subject: Directory of Doctors Prescribing Outpatient COVID-19 Therapy

[COVID-19 Doctors Directory](#)

CAF Notes & Links:

Thanks!

Comment:

Subject: Sharing Story Links

The Vaccine Bill of Rights - America's Frontline Doctors

<https://americasfrontlinedoctors.org/take-action/the-vaccine-bill-of-rights/>

Encouraging Angels: Environmental Toxins, Human Kidney Cells and Nanofiber Swabs

<https://www.americanpartisan.org/2021/06/encouraging-angels-environmental-toxins-human-kidney-cells-and-nanofiber-swabs/>

Vaccine researcher admits ‘big mistake,’ says spike protein is dangerous ‘toxin’

<https://pandemic.news/2021-06-02-vaccine-researcher-admits-big-mistake.html>

CAF Notes & Links:

Front line Doctors are excellent - Simone Gold

Also recommend Doctors for Covid Ethics - Dr. Bhakdi and Dr. Yeadon

Two of the best websites along with Swiss Policy Research, Children's Health Defense and Mercola

Comment:

Subject: 'Improperly diluted' vaccine doses given to patients at Maine Walgreens

Dear Catherine

See the link below. I think your hunch about two different vaccines that are deployed according to socioeconomic status may be accurate.

S JT

<https://www.wabi.tv/2021/05/22/improperly-diluted-vaccine-doses-given-to-patients-at-maine-walgreens-location/>

CAF Notes & Links:

Yes - wide discrepancy in adverse event experience so far.

BRETT WEINSTEIN INTERVIEW - is 70% by July 4th goal related to explosion of cancer expected after 6 months? Have to watch. Recommended by Dr. Meryl Nass - who is an excellent source.

Comment:

Three friends in my immediate sphere (86yo, 41yo, 72yo) have all received advanced stage cancer diagnoses and within weeks of receiving the experimental injections (EI's). I find it a leap to consider the EI's to be the singular cause however wonder whether there is some constituent in the EI's that may accelerate manifestation and move us closet still to the ultimate goal of depopulation.

Given how the obvious is being obscured certainly something as challenging as tracing EI's back to causing or accelerating chronic diseases will likely be revealed when HELL FREEZES OVER.

Simply posting to bring in to awareness the possibility...

CAF Notes & Links:

BRETT WEINSTEIN INTERVIEW - is 70% by July 4th goal related to explosion of cancer expected after 6 months? Have to watch. Recommended by Dr. Meryl Nass - who is an excellent source.

Just saw an autopsy analysis of a patient who died from a vaccination adverse event that was converted to a COVID death - very ugly business

India - vaccination and starvation - epidemic of death - being attributed fraudulently to Covid -19 and "new variants"

Question:

Dear community for the unvaxxed,
Oxalis acetosella and Vaccinium corymbosum, seem to be good as they are anti free radicals... also sunlight Vit D, and Vitamine C... any thoughts...?

CAF Notes & Links:

Build immune system, detox

Solari Beauty Tool - make one - need to put JOY stockpiles in your spiritual warehouse

Question:

Dear Catherine

I just watched a video 'MAGNETISM INTENTIONALLY ADDED TO 'VACCINE' TO FORCE MRNA THROUGH ENTIRE BODY' in which Dr Jane Ruby explains the science behind the magnetism phenomenon. According to Dr Ruby this ingredient is not fit for humans and its use is a crime against humanity.

<https://www.bitchute.com/video/FIVAlon6lju4/>

Dr Ruby also suggests that this must be included in all informed consent.

I read that you were on the list of speakers at the Red Pill Expo. Is your presentation available somewhere for general viewing?

CAF Notes & Links:

To my knowledge not publicly available. Assume Griffin may sell package.

Feedback

Comment:

Subject: Good Dr. Tenpenny Interview

Hi Catherine:

It has been a long time since I have emailed you. So much to read; so much to ponder; so much store; so little time.

I want to thank you for the Dr. Tenpenny interview and the way you tried to tactfully address the totally off the subject comments that followed the interview. Your interview with Dr. Tenpenny was very good: informative, timely, thought provoking. I was going to post a comment under the interview, but was advised not to write just what I wanted, so I decided to write you personally hoping not to feed the mind control bewitchment/spell being performed. Of those who commented, only one of those names looked familiar. I guess Solari has its infiltrators waiting for the moment to pounce, as well.

It is interesting how, Mr. Global used one of Dr. Tenpenny's comments to muck-up and pull attention away from her life saving information. I thought of my overwhelming anger when active in the ProLife movement. I kept saying, "but they are killing babies" while people promoted a woman's right. Dr. Tenpenny seems to be saying, "but they are torturing and killing us" yet people are still thinking of sexuality issues. Thank you Catherine for posting it.

Even though it may have appeared off at first, I think this needed to happen now for those who can see to know the insidiousness of these evil spirits in high places and how they easily manipulate us. Some of the scriptures Dr. Tenpenny mentioned are ones we say in our Giza Prayer Group prayers everyday at 9 AM wherever we are in our time zone around the world. You know, the Lord is our only hope.

Sincerely,

CAF Notes & Links:

Dust up. More discussion at the commentary.

My focus - fix the things that impact all of us - the things that effect individual groups or niches will sort out.

If the money was run

No bandwidth for fur balls.

Question:

Subject: QRS

We bought this, and it is amazing. I have no idea how to describe it to people? Any ideas?

TM

CAF Notes & Links:

Gift - 2004 helped me bring back my metabolism

Read materials prepared by a distributor on what it can do
How I feel - rebalances my field after I have spent too much time on computer - increased coherence
Everyone is unique - different - so loathe to tell someone anything other than it works for me. - have to try
Listen to Dirty Electricity in Library - Sam Milham

Question:

Subject: Cyber Polygon

Dear Catherine

As the Cyber Polygon on the 9th July approaches, does Solari have any contingency plans for how we will be able to keep informed and in touch if the electric grid collapses and the internet is down?

If the electricity is down you probably won't even be able to make a short wave broadcast, and I suspect that one will not be able to send or receive mail if one is not vaccinated. We will be in the the dark physically as well as metaphorically,

Best regards as always

A

CAF Notes & Links:

Tyrannical financial control grid requires retail transactions and cars on all electrical system.

This is the reason for the climate change OP.

Assume they will use all of this to pour taxpayer money into the grid.

Small chance of widespread shut down. Could happen due to space weather

Big chance to build control grid.

Question:

Subject: Organic

If all organic people can make their own organic country, how to convince people to make a right choice? Creator help us!!!

CAF Notes & Links:

Prayer and Success at doing yourself is the best marketing

Question:

Subject: Getting Things Done

I hope this is the correct channel for the ask Catherine weekly segment, my apologies if it's not.

You get a tremendous amount of things done from the beautiful wrap up's to the weekly segments, research and God knows what else. What are some base principles to your productive? I've heard you mention time blocking, which I do and seem to blow up my blocks doing work or reading or researching and feel like I could be getting more done.

Thank you for your time and all the information you and the team put out.

CAF Notes & Links:

Associate with competent and ethical people and build in time for shadow work. We are all working with highly unreliable systems - so have to stay in amusement and "turtle through" see Turtle Forth memo

Question:

Hi Catherine,

You often emphasize the importance of knowing 'Who's Your Banker?' 'Who's Your Farmer?' 'Who's Your Sheriff?' and 'Where's Your Money?'. I have been in the process of repositioning myself for the last 7 years and am addressing these pillars to the best of my ability.

I am getting the majority of my food directly from the local farmers, as well as growing my own which is going very well. I live in an apartment and started with the balcony and wild-crafting and have expanded to renting 2 parcels of land at a local farm and 'guerilla'

gardening at some secret locations as well as 1 bee hive... It's a constant learning curve. I'm probably at 10% dependency on the big box stores currently, more so in the winter as I live in Gatineau Quebec, and well, this is a somewhat northern climate with limited growing season due to harsh winters. I plan to do canning and preserving and freezing this season to decrease my dependency on the big-box stores during the winter season.

I've also moved my banking to the local bank which was very satisfying, and will be setting up my business banking locally as well. This bank is called Desjardins and pays dividends yearly for being a member (approx 180\$) and re-invests profits into the local community and lets the members vote on where this money goes and who the managing executives are. The local farm coop I am also a member and volunteer at (a hub in the city where all the local farmers sell their stuff and we can place our order and pick up 1 day per week) is partly supported by them. They also offered the option of opt-out of chip ('tap') feature on debit card when I signed up and to opt-out of online banking. For these reasons, as far as I can tell so far, they seem like the best banking option for Canadians in Quebec and Ontario.

I am limiting my online and electronic transactions as my silent protest to the technocratic take-over and do my best to pay with cash as much as possible and not leave all my money in the bank. I have paid off any debts I had years ago, I do not participate in incurring debt and I live below my means.

My question for you and struggle is with this whole '**Who's Your Sheriff**' Pillar. Can you please explain more on this? To what extent do I need to form a relationship with the police and at what level of the chain of command? Is it more about just observing and understanding how they operate in my local area? How does this work strategically? I'm coming from a standpoint and understanding of having seen and experienced some high levels of corruption and abuses of power from them over the years so I am very hesitant on how to approach this pillar if at all.

I do not want to cast a negative shadow on these guys/gals either. I know there are good and bad people in all segments of industry and I am willing to have an open-mind and re-examine my views. **I just need more information and insight as to why and how to go about this please!**

With gratitude,

CAF Notes & Links:

Don't know the Canadian system, so you are right. Reason for care. I would first research and study how the Canadian enforcement system works. Then I would find examples of where

other people have successfully engaged in supporting their local enforcement. Success stories. While you are doing this, pray for the answers for productive engagement to emerge. Don't be afraid of DOING NOTHING until you are sure. You are correct that doing unproductive engagement could increase your risk.

Comment:

Hi Catherine-

I just started pursuing the links you provided from today's 2021/06/10 Money and Markets stories- so far all of them but one are blocked from displaying. I live in Lane County, Oregon. Has anyone else experienced this? It pisses me off mightily. First, when I copy and paste the URL it changes the **https** to **h7ps**. When I change it back it gives me this:

Uh-oh, there are no results for this search.

Let's see, it could be due to:

- The search string might be too specific. Try a more generic search.
- Spelling might be incorrect. Check that all words are spelled correctly.
- Your filter settings might be too strict and could be blocking results. Try changing those in the toolbar above.

CAF Notes & Links:

Send to support who believes the problem was on your end.

SUPPORT IS THERE!

Question:

Hello Catherine,

Once again, I cannot thank you enough for being the only person I have encountered that speaks the truth, unfiltered. It woke me up and change my world and life perspectives, and will continue to do so.

I wanted to ask you a couple of questions.

1. The more I read and listen to you and some other sources, while using my own logic, the more this whole story seems like a big social experiment among everything else. As both you and John have pointed out, this is all very "thinly

disguised". Also the fact that they seem to selectively allow some opposition (e.g. Dr Mercola, which you also pointed out), is also suspicious. Is there no chance that it all aims at finding out who is not as much of a conformist, for whatever reason? Perhaps to trigger various reactions for the sake of the development of AI? If injecting whatever it is they want to inject in us is not so hard, but they insist on this "official" method that requires our consent, perhaps there is a social aspect we should explore here? Or maybe it is simply a way for them to learn how opposition thinks so that they can better deal with it? Just wondering.

Trying to build/buy consensus. If they kill the real leaders too fast, herd could stampede. Watch livestock management.

2. I heard another member asking for car advice, and you mentioned buying a pre-2012 car, but it wasn't clear why. I would assume that modern cars are just mobile surveillance devices these days? I was looking to buy a new electric car and was thrilled about this new technology after test driving a Tesla, but I suppose it is one of those modern perks where there is a catch, as is the case with internet, social media and city life?

Mobile surveillance and mind control devices. Spatial control.

Get an old car in great shape and refurbish.

I would not get an electrical car if you paid me.

3. Finally, have you ever been afraid for your safety, doing what you do and shedding light to these evil plans? Have you ever been threatened in recent times?

Thank you immensely! God bless us.

CAF Notes & Links:

Thousands of time - especially during litigation. As to current, not going to answer for security reasons. I have always found that the most effective approach is to deal with these by myself as quietly as possible and involve as few people as possible in the risk management of them unless it makes dealing with a specific noticeably more effective for me or Solari and our subscribers.

It is like rain. Put up your umbrella and keep on walking, ignoring the thunder and leaning into the wind. If you get hit by lightning, it is what it is. No sense worrying about it.

Comment:

Hello Catherine and all,
Thought this story might interest for Solari Report:
Two rural counties in Nevada decided to become “constitutional counties” where the rights of citizens will be protected from all attacks.

<https://yournews.com/2021/06/14/2153558/two-nevada-counties-go-constitutional/>

A lot of the pushback needs to come from the bottom up.

CAF Notes & Links:

Good sign. Sheriff Mack doing a good job.

Question:

Catherine,
Why do you think the weather can be controlled? This drought is very bad out west and now the state of California let all the water out of the resevors to drought stage. Is this part of the effort to cause food shortages and to reduce the population in the US? Many Thanks!

CAF Notes & Links:

See Dr. Skidmore collection
BeiJng office of Weather Modification
Clearly an effort to centralise control of farmland and food system

Question:

Does someone want regime change in Pakistan? That’s one way to bring down a government – stand in the way of people’s internet access. Good illustration that SIM card identity is a precursor to Digital Identity and Vaccine Passports. But also too much,

too soon, i.e. yet another overreach. If you weaponize SIM cards now, people will revolt long before vaccine passports. Apparently, even government officials aren't going along with vaccines.

<https://www.rt.com/news/526262-punjab-pakistan-sim-card-vaccine/>

"Punjab is the most populous province of Pakistan, containing more than half the country's total population, as well as the country's second-largest city, Lahore. The regional government began its vaccination drive in March, but has struggled to drum up enthusiasm for the public health initiative. Punjab isn't the only region in Pakistan to take a more extreme approach to vaccination. In Sindh province, plans have been announced to stop the salaries of government employees who refuse to receive the jab."

<https://www.news18.com/news/buzz/pakistan-province-will-block-mobile-phones-of-citizens-refusing-to-get-covid-19-vaccine-3839012.html>

*... concerns about the side effects of the jab, coupled with misinformation that it causes infertility or death within two years, have sparked vaccine hesitancy ... "It will be hard for me if I can't use my phone, but I am very scared about the vaccine ... Under new incentives, those who do get vaccinated will be allowed access to cinemas, celebration halls, and **shrines**, while restrictions will be lifted on businesses in districts with more than **20 percent** of the population protected .. National data also shows that around 300,000 recipients of the first dose of the Covid-19 vaccine **haven't returned** for a second dose."*

Meanwhile, most of Pakistan's vaccines come from ... China and Pakistan wants energy debt forgiveness from ... China:

<https://asiatimes.com/2021/05/pakistan-begs-china-for-power-debt-forgiveness/>

"Pakistan has already entered what some analysts see as a sovereign debt "danger zone" with total liabilities and debts of \$294 billion representing 109% as a percentage of GDP as of 30 December 2020."

Their new security head is looking for a post-Afghanistan relationship with the US.

<https://theprint.in/opinion/pakistan-realises-it-cant-abandon-us-for-china-yet-but-how-far-will-bajwa-co-go/666884/>

"he is expected to deploy his perceived advantage of having spent a decade or more in the think tank and security policy circle in the US capital to start a conversation with the Americans that the Pakistan Army Chief General Qamar Javed Bajwa and his cabal currently need."

In summary, contrary to the fear narrative about SIM cards, the Pakistan population seems to be well educated (via Internet?) and standing their ground.

CAF Notes & Links:

SIM card in Pakistan very Interesting. My guess is early trial balloon.

Comment:

Hi, Catherine – I've seen or heard subscribers talk about getting into small scale farming. So far, my wife does the farming while I furnish the initial capital with my job. We found farmland prices to be a stumbling block, especially at our age and wanting to remain debt free. However, in our rural/suburban area, we've found people whose residences abut land farmed chemically, and they have asked my wife, who uses organic methods to grow grains for human consumption, to farm just a few acres next to their residences as a buffer against the chemicals. The rent per year is nominal compared to outright purchase, since small acreage in our area is priced for residential development. Sometimes, my wife has to sacrifice several rows due to chemical spray drift, but she plants them with a tall cover crop to block further drift. She managed to get 3 corners of a road intersection for a total of about 8 acres, and now someone with 7 additional acres would like her to do the same for their residence. It's taken a while to outrun the accumulated weed seed banks, but the property owners are happy to have her farming up to their back yards and next to their wells. Finding good, older equipment takes patience, and those without mechanical skills need to find someone local. In our case, Mennonites rebuilt an old, pull type combine for us, and have made an emergency visit to the field to make repairs during harvest. It's doable. Would be happy to share our experiences with those just starting out.

CAF Notes & Links:

Very interesting. Sent to Pete Kennedy and will discuss with him.

Going Direct Reset

Question:

Catherine,

I recall you had mentioned there is a correlation with pandemics every hundred years and changes in the monetary system to go along with it. Can you go into detail about it?

CAF Notes & Links:

See my review of Michael Pye The Edge of the World - would love to see some serious research in this area.

Question:

Catherine, I would value hearing your thoughts on why Deagal is predicting that the United States population will decrease to 100 million by the year 2025.

Are they openly acknowledging that Antibody-dependent Enhancement (ADE) and Prion's disease etc (resulting from the injections) will cause hundreds of millions of people to die in only a few years?

<https://www.deagal.com/>

<https://internationalman.com/articles/doug-casey-on-the-shocking-2025-deagal-forecast/>

United States statistical projection:

<https://archive.is/khZon#selection-559.0-559.11>

Canada statistical projection: <https://archive.is/vInt0#>

What are your thoughts on this "deagal" organization?

Incase you (or anyone else reading this) is not familiar with the organization, here is a some info that someone posted about deagal on a random website:

"Despite the overwhelming suppression of its significance, WikiLeaks documents have revealed it was legitimately used as reference material in a Stratfor report on the technological capabilities of The People's Republic of North Korea: https://wikileaks.org/gifiles/docs/26/2655808_dprk-marko-p-.html

According to their own website, deagal.com, Deagal provides news and intelligence on international military aviation and advanced technologies.

Deagal's reports, in particular the aforementioned research on North Korea, were also provided to the President during Presidential Daily Briefings. Deagal thus provides information which is subsequently used by global intelligence communities and governments.

Here is a partial list of known Deagal partners and clients, according to their own website:

National Security Agency
North Atlantic Treaty Organization (NATO – OTAN)
Organisation for Economic Co-operation and Development (OECD)
OSCE
Russian Defense Procurement Agency
Stratfor
The World Bank
United Nations (UN)

This highly regarded intelligence organization has a grim outlook for the United States in the coming years including a 78% decrease in population. In fact, it predicts a similar, cataclysmic fate for the United Kingdom, Australia, Canada, Germany, Japan, and Denmark, and more U.S. allied nations.”

Thanks for your time.

sincerely,
-G

CAF Notes & Links:

Addressed last week. Looks like a shock collapse of dollar system. BUT could also be a globalisation transfer like occurring now.

Health

Local Gatherings

Question:

CAF Notes & Links:

connect.Solari.com is in testing.....small number of groups.
Will open up later this summer.

Recommended Links

Comment:

Subject: Sharing Link

SECRETS 'REVEALED'- QUESTIONS & ANSWERS WITH DR. DAVID MARTIN AND JUDY MIKOVITS

<https://www.bitchute.com/video/2FrZcoLl98lw/>

CAF Notes & Links:

Question:

Catherine,

Have you heard of a tv show called “Manifest” (2018-present)?

<https://www.imdb.com/title/tt8421350/>

If you have not seen it, I thought you may find it interesting to learn that it portrays a character which is a high level government operative that is involved in various nefarious activities that is named “Kathryn Fitz”.

What do you think? Part of some type of psyop perhaps? Just a coincidence?

Has anyone else on here seen this show? If so, what are your thoughts on the story?

sincerely,
-G

CAF Notes & Links:

Don't know. Things like this have happened many many times. One book in the 1990's professionally written with hundreds of my emails.

Take Action

Comment:

<https://www.globalresearch.ca/a-sinister-agenda-behind-california-water-crisis-looming-food-supply-catastrophe/5747504>

If this is true, at some point we all need to start doing something to reclaim our local governments and states.

CAF Notes & Links:

Yes - that was true in 1991 when I started working on it. Still is. Better late than never!

Other:

=-9-

Send in questions:

Askcatherine@solari.com
Subscriber input

