

Ask Catherine

May 31, 2021

Introduction:

We include questions sent to askcatherine@solari.com and posted at Subscriber Input.

Thanks for your questions!

Organized by Categories:

Cash and Precious Metals

Covid-19

Feedback

Going Direct Reset

Health

Local Gatherings

Recommended Links

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Take Action

State of Our Currencies

Late Additions

Conclusion

Additional Resources

Cash and Precious Metals

Question:

Hi Catherine.

I was introduced to your work via an interview you did with Rocco Galati. After which, you gifted me a temporary subscriber membership and my life started to transform. I feel as though your work has brought me back from a dark abyss and grounded me. It's as if I'm drinking from a well of knowledge when digest your work - I can't get enough of it. I am deeply grateful for all that you do, and include you and the Solari members in my daily prayers.

I have two primary questions:

1 - I am 40 years old, in a relationship with a younger woman, don't have any children, rent a condo in Toronto, Ontario, and have worked in the construction management field for the last 10+ years, now making just shy of \$100k/year. Our savings rate is 35-40%. I do not like my work and know that it's not aligned with my values. My girlfriend and I are currently traveling around Ontario and Eastern Canada during our weekends and vacations to find a new area to live. I want out of the City and intend to buy some land and create a homestead of sorts. One of my goals is to grow food for at least 10 families. We will most likely start by doing your tiny house on acreage (with water) idea. My question is this...are there any particular careers you would recommend for a person of my age/status? I've thought about getting into the trades (e.g. electrician, carpenter), or into the field of building biology, or even into the financial sector as a CPA. My sense is that farming alone won't pay the bills and thus I need another career to generate enough revenue, and farm as a hobby. Knowing what you know about finances, the economy, and the world at large, are there certain careers you would recommend? Certain careers you would avoid?...And because I will regret it if I don't ask - is Solari hiring?

Accounting and tax preparation, electricity, carpenter, plumber - would do several

2 - You often talk about having part of one's investment portfolio in individual stocks (of highly productive and ethical companies) vs. index funds. Up until reading your work, I was following Jim Collin's advice in 'A Simple Path to Wealth' and thus have a lot of my portfolio in a single equity index fund to track the entire US market. The more I learn about what is actually in that index fund, the more uncomfortable I become in holding it. I no longer want to "fund the enemy." Knowing that, can you recommend some resources for learning how to properly assess and pick individual company stocks? I am considering subscribing to The Motley Fool, simply to glean their tools/advice for assessing individual companies, not necessarily to invest in their stock

recommendations. Any further information you can provide on this subject would be greatly appreciated...as funding the enemy is now keeping me up at night. :-)

Yours in Truth and Love.

Read 2016 and 2019 Wrap Ups ESG Investing. Don't know of a good sources to learn - most important due diligence is governance - owners, board and management. Have not yet found a good source that describes a system. The more you understand about how the world really works, the easier this will be to do.

CAF Notes & Links:

Question:

Good Afternoon Catherine,

I had two questions about the Common Law Offset law you used to dismiss a debt. I would like to try and see if my bank US bank would be willing to offset my mortgage debt (\$90,000).

Not a NY Fed Bank

Assume this is highly unlikely. I would not do this without talking to a lawyer prepared to defend you. I had a lawyer who was educated and prepared to assist me in negotiation or real fight. No foreclosure involve.

So, my questions is the law you used to substantiate your assertion? I know also for a fact this bank also got a giant check from taxpayer the 2008 bailout. So, I want the claim to be retroactive to the day after I purchased my home in 2009.

Department of Justice used a common law right of offset. Should publish something this Sumer that will include a description.

How do I hold them responsible? You said something about the NY bankers or reserve

I am going to send a letter ASAP, I would like to get it to the correct people. I think this is a great tool to help people. I can do the research, I think sometime we do not know how to put accountability back where it belongs...but, I do.

I would appreciate your feedback, I will try and wait to hear back before I mail my letter.

Truly Thankful,

Don't know enough about your case to know if there is a way to make this work- may be a terrible idea. You will have to figure out, but do not do without counsel - ideal would be Marie McDonnell and counsel.

CAF Notes & Links:

Question:

Hi Catherine:

I'm curious to hear your general opinion of long-term care insurance. I was recently disqualified from my plan due to a technicality and refunded the premiums I paid. I'm looking into buying a plan now, but am wondering whether I'm just being too much of a worry-wort about the future, especially when there is so much to confront right now? I am 33 and am probably (hopefully!) decades away from ever needing such insurance. A lot of articles advise people not to buy until they're far older. Not seeking advice, I know you can't give it, but your general musings are always appreciated.

Best,
W

CAF Notes & Links:

Would much prefer to self finance.....keep control

Question:

Thank you Catherine for your amused clarity. I've been a member for a few months now and have found your commentary most helpful. At the very least, just to know that serious minds are out there, using discernment to see through the crap ... helps immensely. I am considering ways to protect what savings I have. One thing that I was thinking about was physical gold and silver. Do you think investing in a home safe to store those is a good idea? Would you advise withdrawing a certain amount of cash to store in a safe? Also, when one purchases silver from Solari, how is it delivered to the buyer?

thanks Catherine!

CAF Notes & Links:

<https://library.solari.com/what-percentage-of-my-assets-should-i-hold-in-precious-metals/> What Percentage of My Assets Should I Hold in Precious Metals?

<https://library.solari.com/how-to-buy-and-install-a-safe-with-dan-perkins/> How to Buy and Install a Safe with Dan Perkins

<https://home.solari.com/best-of-precious-metals-market-report-franklin-sanders-on-how-to-buy-store-silver-gold-part-iii/> Best of Precious Metals Market Report: Franklin Sanders on How to Buy & Store Silver & Gold – Part III

Question:

Hi Catherine!

Can you explain what is going on here in this articles with the MEMX and dark pools?

Is this part of the Dark Money you talk about? Thanks so much!

[Shhh! Don't Tell Congress that the Cabal It's Investigating Over GameStop and Archegos Quietly Got SEC Approval to Jointly Run their Own Stock Exchange](#)

CAF Notes & Links:

Have not investigated the Game Stop and Archegos - my focus is investment and I tend to ignore speculation - full time job to follow the ups and downs of explosive numbers of speculations

Question:

Dear Catherine,

I recently became a member on your site and have been reading everything as fast as my brain can process these new concepts. I need financial advice. Can you help in anyway?

I have a master's degree in Electrical Engineering and started my brief career over twenty years ago as a defense contractor in the satellite development world. I gave up my career 15 years ago to homeschool our four children ages 15 to 6 now. My firstborn was vaccine injured and it has taken us many years to understand and deal with all his issues, though, not as severe as many other families have had.

My husband is a // working for a // that supports big pharma, big food and big agriculture. In summary, everything that we as a family are against. Our plan was to save enough in retirement accounts so my husband could leave that industry at age // in 6 years. We are not wealthy people by choosing to give up 2/3 of our income in being a one-income family. However, we currently have \$1.1M in retirement accounts invested in mutual funds and will have our house paid off in four years. The house is worth \$450k and we owe \$200k. We don't believe in debt and have never owed anything other than our home. We believe in a our God-given immunity, food as medicine and natural treatments for disease. We buy most of our food from local farmers and from food co-ops and have started to grow some of our own food now. Our goal for retirement was to build a nest egg of \$2.5M and live off the interest of that and use some of it for real estate rental property to diversify.

I'm very concerned about the collapse of the stock market in the near future or the transition to digital currency and the hyperinflation. I grew up in Brazil during the years which the currency collapsed and the government seized everyone's bank accounts overnight without any warning and left every citizen with \$50 in the bank with a promise to pay us back over a period of several years. Sadly, I never conceived it possible that this could happen in the U.S.

Yes, it could — they are seeing how much they can get away with.

However, I see many of the same signs of government corruption, censorship and socialism now in America.

Should we take the penalties and get our life savings out of the stock market? Should we convert some of the funds into gold IRA? Any advice or insight you're willing to provide would be so greatly appreciated.

No one knows - increase resiliency - lower risk

Listen to last equity overview and one coming up

Pay of home debt much faster

Custodian diversification - one of the reasons people do PM

Permanent decreases in your cost structure by DIY - like growing own food
You and your children learn practical skills that you can apply together - like growing food, auto repair, home improvement, cooking

Thank you for being a beacon of truth and light in this dark world. May God bless you, keep you safe and continue to give you courage.

In Christ,

CAF Notes & Links:

Question:

Dear Catherine

In your conversation with Beth Martens you mentioned a video in which a man pays for a hotel room, and it shows how the money circulates within the town.

If you happen to recall the name or link of the video could you please post it?

Thanks.

Regards

Keep looking for it. Can not find it. It was so charming!

CAF Notes & Links:

Question:

Hello, Catherine!

Would you mind glancing at the annual report of a local bank I am vetting?

It's the Adirondack Trust Company of Saratoga, NY. It has been family and privately owned for 119 years.

https://www.adirondacktrust.com/wp-content/uploads/2019/02/ATC_Annual_Report_2018_ForWEB.pdf

Can not do individual underwriting.....2018.....need 2020 - can get call reports from FDIC.
Would talk with Local CPAs and business people and check Bank Ratings

How to Find. A Good Local Bank

CAF Notes & Links:

Comment:

Dear Catherine,

I just wanted to share this with the community in case they wanted to look into a fund with some Christian values.

I just finished reading the book "In God We Trust" by George Schwartz from Ave Maria Mutual Fund. For those interested in value investing with morals, their performance on most of their funds has done quite well since their inception. FUM is growing and on average outperforming the S&P500 over the past 20 years. I know you suggested to us that you prefer individual stocks but a fund like this may be a little more moral than the others if investors are interested.

Checked their fact sheets - more than a few cases in which we have a profoundly different view of Christian values or our fundamental map of the world.

On a personal note:

I wanted to thank you for your praise on Ask Catherine on May 13th. I really appreciate your support and I continue to educate, motivate and inspire many around me to become their own doctor. I turned 30 on May 13th, so it was a special birthday surprise. I'm very glad you felt a benefit from the lights which XXXX brought you and the protocol which Jason forwarded. Every time you mention how they help you on the recordings I smile. I am more than willing to help you in any way I can, so don't hesitate to reach out if you believe I may be of assistance to you.

I thought you might want to also know that Jason's recent results were not great, but he still has a very strong spirit. I am speaking with him a few times a week and ensuring he is getting all the support he needs. He is doing a fantastic job lining up all the practitioners and executing on all the mitochondrial protocols I've given to him. He has everything in place so my mission with him now is keeping his mindset optimistic and strong. Many doc's have told him to get his affairs in order, but he is a spiritual warrior and has been through many battles before and come out on top. There are also countless people who adore him here in our community in Queensland preying for him and willing to support. I thought you may want to know this.

Bless you Catherine and please stay well and enjoy the gorgeous summer in the Netherlands, I wish I could fly over and visit.

Heart to heart,

Nathan

CAF Notes & Links:

Please put Nathan's website in here

Question:

Hello Catherine,

I do not think this is a big deal, but I do think it is at least an harbinger if not symptomatic of what is going on.

I placed an order through the mail using a personal check for payment. The amount was approximately \$148.00.

After a few weeks the check and order form were returned to me with a 2x2 printed placard stating that they were unable to proceed with the transaction.

“Our decision was based ... on information obtained from Certegy Check Services, Inc, (“Certegy”). Certegy provides authentication and risk management services to merchants and businesses nationwide.

Certegy did not make the decision to take the adverse action and is unable to tell you the specific reasons why the adverse reaction was taken by us. ...”

That makes no sense. Furthermore no attempt was made to present the check to my bank. I have no idea who “CERTEGY” is nor why such an organization would be contacted in relation to a payment by check?

I am not sure what to make of this, yet I am wondering if this is even more of an attempt to push consumers to using the digital platform for purchases?

I just wanted to get this on the record in case others find themselves in a similar position.

Thank you for your time.

M C

Checked with a banker - they will bounce for problematic record or NO RECORD

Recommend you follow up

CAF Notes & Links:

Comment:

Well, here's one for Catherine and John Titus.

House Hearing: Only Jamie Dimon's Microphone Mysteriously Malfunctions During Pivotal Questioning

By Pam Martens and Russ Martens: May 28, 2021 ~

<https://wallstreetonparade.com/2021/05/house-hearing-only-jamie-dimons-microphone-mysteriously-malfunctions-during-pivotal-questioning/>

At minute 2:16:00 Al Green asks Dimon about banks owning slaves and the sound goes tinny and sharp shrieks. Later when Dimon is asked about interests rates being raised during the "plague" the sound goes crazy again. It only happened to Dimon. He never answered the questions.

CAF Notes & Links:

Typical....has happened to me

Question:

Question for Ask Catherine: The Independent Community Bankers Assn. has issued an op-Ed opposing the creation of taxpayer-funded public banks. As the EVP/COO of a small community bank, this is the first I am hearing of such proposals. I was wondering whether you have heard of this (other than post office banking) as a piece of replacing the existing economic system?

CAF Notes & Links:

Yes...has been a real concern for years.

Covid-19

Question:

Catherine,

Below is an email I sent to Dr. Tenpenny regarding some statements she made in her last interview with you. Her staff replied saying she was unable to get back with me. This is slightly concerning considering the content of the email I sent. Since you are her friend, will you please reach out to her with this, or maybe you can provide some clarity to me. I love both your work and her work, and I respect both of you tremendously. Thank you for taking time on this if you choose to do so. I look forward to hearing back from you and/or Dr. Tenpenny soon.
E W. V

Sent from ProtonMail for iOS

----- Forwarded message -----

From:

Date: On Thu, May 27, 2021 at 23:43

Subject: Fwd: Questions on Your Interview on the Solari Report with Catherine Fitts

To: DrTenpenny@gmail.com <DrTenpenny@gmail.com>

Cc:

Dr. Tenpenny,

First I want to say I appreciate what you do in the fight for medical freedom. I am engaged in a bout myself, appealing a denial to my request for a religious accommodation for immunizations from the Surgeon General in the US Army. While I could never understand all the persecution and backlash you have experienced, I know what it means to endeavor for religious and medical freedom.

I watched your latest interview with Catherine Fitts, and I am slightly confused about something you said. I am writing with the hope that you will provide some clarity to me. You referred to the white paper SPI-O: Summary of further modelling of easing restrictions - Roadmap Step 2 at the link https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/975909/S1182_SPI-M-O_Summary_of_modelling_of_easing_roadmap_step_2_restrictions.pdf. The specific paragraphs on which you focused were paragraph 32 and paragraph 56. In the interview you said, "That the third wave that, when it comes this fall, that 60 to 70 percent of people who have had two shots will be hospitalized or die." After this Ms. Fitts displayed a bit of shock, as did I when I heard you make this statement. Ms. Fitts placed the link to the article on her website. I followed the link and read the two paragraphs from which you pulled this information. I read them along with you as you read in the video and several times afterward as well as the rest of the report. You later remark in the interview, "what they're saying though is,...., what they're admitting to in

that paper, is antibody dependent enhancement is real." I did not come to the same conclusion as you.

While I am not a doctor, I am an officer in the Army, and I read many white papers each month as well as articles, books, and other technical writings spanning a plethora of subject matter. Let me tell you what I extrapolated from those paragraphs. Paragraph 32 states,

"The resurgence in both hospitalizations and deaths is dominated by those that have received two doses of the vaccine, comprising around 60% and 70% of the wave respectively. This can be attributed to the high levels of uptake in the most at-risk age groups, such that immunization failures account for more serious illness than unvaccinated individuals. This is discussed further in paragraphs 55 and 56."

From this, I draw the conclusion that of those who become hospitalized or die, 60% to 70% will have received the first and second doses of the shot. This differs from your statement, "...that 60 to 70 percent of people who have had two shots will be hospitalized or die." As paragraph 32 states, "This can be attributed to the high levels of uptake in the most at-risk age groups, such that immunization failures account for more serious illness than unvaccinated individuals." Since in other areas of the white paper the uptake of the shot in the at-risk age group is projected to be 95%, this statement draws the conclusion that these older individuals would have passed due to greater complicating issues regardless of whether they received one dose, two doses, or no dose. Again, this is my understanding of what the white paper is saying versus your statement, and I am more than open to being enlightened on what I may have misunderstood.

Paragraph 32 states, "This is discussed further in paragraphs 55 and 56." My final query in this matter comes from my understanding of paragraph 56, which states,

"This shows that most deaths and admissions in a post-Roadmap resurgence are in people who have received two vaccine doses, even without vaccine protection waning or a variant emerging that escapes vaccines. This is because vaccine uptake has been so high in the oldest age groups (modeled here at 95% in the over 50-year olds). There are therefore 5% of over 50-year olds who have not been vaccinated, and $95\% \times 10\% = 9.5\%$ of over 50-year olds who are vaccinated but, nevertheless, not protected against death. This is not the result of vaccines being ineffective, merely uptake being so high."

You read from sentence one and sentence four in your interview with Ms. Fitts, but you skip over sentences two and three. I assume you skipped over these because they get a bit statistical and mathematical, which doesn't usually go over well in a verbal interview. I would probably do the same and expect enthusiasts to go through the entire white paper, reading each paragraph for personal comprehension and analysis, which I did. In skipping these two sentences, the audience who only heard your words and didn't read the paragraph for themselves, who also heard your statement, "...that 60 to

70 percent of people who have had two shots will be hospitalized or die," may reach your same conclusion. There is the phrase, "in a post-Roadmap resurgence", alluding to the several phases outlined in the rest of the report and other results, that may inspire someone to go back and reread the two paragraphs or more of the document. Sentences two and three, in my opinion, circle back to a point made in paragraph 32, "This can be attributed to the high levels of uptake in the most at-risk age groups." Paragraph 56 also makes the statement, "There are therefore 5% of over 50-year olds who have not been vaccinated, and $95\% \times 10\% = 9.5\%$ of over 50-year olds who are vaccinated but, nevertheless, not protected against death," leading me to believe that this 9.5% outlying group is the majority of the 60% to 70% of those who received the two doses that will be hospitalized or die.

Throughout the document there are several references to a resurgence, but it will be far less than anything we have seen in the past. This deduces, again, the 9.5% of at-risk recipients discussed could plausibly engross most of the 60% - 70% that will be hospitalized or die having previously received both doses of the COVID shot. I do not believe this is due to the shot or differing behavior. Personally, I don't buy anything about hospitalization rates or death rates from 2019, 2020, or 2021. I also don't buy the efficacy statistics reported by news organizations, governments, or pharmaceutical companies regarding the shot. I do think there are more sinister forces at work in this, but I also cannot bring myself to see how you discern, "...that 60 to 70 percent of people who have had two shots will be hospitalized or die," from the same document I read, which is SPI-O: Summary of further modelling of easing restrictions - Roadmap Step 2 at the link https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/975909/S1182_SPI-M-O_Summary_of_modelling_of_easing_roadmap_step_2_restrictions.pdf.

I follow your work. I paid for the premium package and attended the webinar you hosted a few weeks back. I am a force for religious and medical freedom in my own community, and I am willing to give up my career in the Army over this issue. I want to understand how I am wrong in my conclusions about this specific issue. Please get back with me as soon as you can in your busy schedule. I know you have so much more at your disposal in terms of resources than I do, and I truly look forward to hearing from you soon with some schooling for me on how I overlooked or misunderstood something from this. The primary reason I am even going as far as to email you all this with these questions is because I believe in your work and the work of so many others, and I want to make sure I understand what is true. If there is the possibility that you made a mistake in this one area, I also want to bring that to your attention so others do not pick it apart and use it to discredit you. As a leader of many subordinate units, I understand the importance of ensuring everything I say and publish is vetted and corrected if in error. I hope that I am the party at fault in my understanding, and like I said, I look forward to you pointing out my less than adequate knowledge of this subject.

Very respectfully,

CAF Notes & Links:

Have forwarded to Dr. Tenpenny. Some discussion on this issue. The future predictions are multiplying and I just don't trust the source. Very concerned about the combination of vaccinations impact on immune systems and toxicity levels combined with more waves of pathogens and/or the annual flu season.

Keep your Vitamin D levels high

Question:

Hi Catherine,

Your prayer book is helping me tremendously to keep my priorities in order.

I just received an email from a friend telling me all about how to use the Solari disclosure forms to fight the COVID mandates. I think the forms have now gone viral... so to speak

I was wondering if you could look into adding one more thing to the forms. I enrolled my daughter in camp, then realized that they were going to treat her differently than the vaccinated teens. I am going to un-enroll her from the camp, but I think that something may be done along the lines of the disclosure forms for the children. Isn't this a discrimination against the un-vaccinated? (of which most kids are at this point). Aren't they creating an outcast society, mandating a 6' distance and masking? FYI Not all camps are doing this. Just the Lutheran camp to my knowledge, not the 4H camp locally.

You were talking about fighting locally, I think this is an area we can use the form to fight.

Anti-inclusion etc. Here in NY State Cuomo created a mandatory mask wearing for small kids (2-4) and the parents fought and won getting this regulation removed. So we have a chance!

These practices are so detrimental to kids. My daughter is really expressing her frustration that she can't 'hang out' with the other kids without a play date because all the organized activities are so regulated.

Anyway, thanks for everything.

CAF Notes & Links:

Very detrimental

Feel free to revise forms for your particular use

If they approve vaccine, mandates from school

Lower consent - will try to persuade her to consent without your knowledge

If your child has a smart phone or watches TV or spends a lot of time on the Internet, they are being mind controlled to crave the injection and to ignore you

Question:

<https://covid19criticalcare.com/wp-content/uploads/2020/11/FLCCC-Alliance-I-MASKplus-Protocol-ENGLISH.pdf>

Dear Catherine,

I am reviewing the FLCCC literature on ivermectin. I see that they have mask guidelines similar to the CDC.

FLCCC claims high scientific content, has the FLCCC been provided study result by Solari contributors like Dr. Tenpenny?

If so, what is their response?

Thanks,
RS

CAF Notes & Links:

Know nothing about them other than Dr. Kory has done a good job of fighting for on the availability of Ivermectin. Based on their “advice’ on masks and social distancing, have a hard time believing in their “high science content”

Fear Tyranny - don't get caught up in the health care weeds.

You go through the available material, you decide what is best for you to navigate the Great Poisoning

Question:

Catherine,

My name is EV, and I am a captain in the US Army. I am writing you to explain what I have experienced in my fight for religious and medical freedom, concerning the Army's immunization/vaccine policy, over the last few months. I joined Solari a few months ago, and I enjoy all the work you and your team do. I look up to you as someone who fights for faith and truth, and now that the heat has turned up with my particular situation, I am ready to inform more people of the battle I am currently fighting.

I submitted a request for religious accommodation to The Surgeon General of the Army several months ago. The packet finally made it to him, and he denied the request for accommodation. His exact quote was, "I have considered CPT Vance's request for religious exemption from receiving all mandatory vaccinations based on his sincerely held religious beliefs. Pursuant to my authority in AR 600-20, paragraph 5-6e(1)(b), his request is denied. 2Protecting the health and safety of Army personnel is a military necessity, as described in AR 600-20, paragraph 5-6a, and thus the basis for this denial. 3In making this determination, I considered the factors of military necessity, CPT Vance's request for religious exemption, all supporting documentation provided with the request, and the recommendations of the Commander, United States Army Alaska, and the subordinate commanders in the Soldier's chain of command." This was a bit of a blow to me today because I thought, in having the support of my command all the way up the chain, surely The Surgeon General of the Army would approve the accommodation.

This process started in November 2020. The Army was pushing their flu shot campaign as they do every year, but I had a religious conviction to not get it or anything else containing the toxins and foreign DNA, particularly aborted fetal DNA, or the vaccines and/or immunotherapies – shots – using aborted fetal tissue in their research. I knew about the mRNA technology of the COVID shot, and that does not align with my Christian faith either. Seeing that I had a religious objection, I approached my garrison chaplain. I conducted two interviews on the matter, and he led me to the correct regulations to start the process. I finished and submitted my memo to my chain of command on December 15, 2020.

The administrative section of my chain of command had never dealt with a religious accommodation like this one before, but the company and brigade level were very supportive of approval and pushing it up the chain to the US Army Alaska (USARAK) Command level. This is a Two Star General Command level. The process stalled once the packet reached the USARAK level in January 2021. First, the excuse was the admin submitted it through the wrong pipeline because they thought it was like all other religious accommodations, such as wearing a particular head garment or growing a beard. The second excuse was the USARAK General Surgeon needed to review it and find out what needed to be in it and where it was supposed to go. There is a timeline in DODI 1300.17 which states the Army has 60 days from initiation by the Soldier to deliberation by the approval authority.

Once the timeline had come and gone, I started to make calls and send emails to see what the holdup was. The admin would say it was with legal or it was with the chaplain or medical. Each time I called or emailed it was something different. I decided to take a more hands on approach with some of the officers I knew on the General's staff and I received a bit of stonewalling there too. It's now May 2021, and the General still has not signed whether he would recommend for approval or disapproval. I called the General's secretary, and said that if he didn't get to it very soon, I would file a complaint with the Inspector General's Office (IG). It was signed and recommended for approval the next day.

This whole process seemed unorthodox, and frankly it stank to high heaven. This entire time I had been extending my stationing iXXXXX awaiting the result of my request. I put off my Captain's Career Course in order to receive deliberation, which in turn hurts my career and makes me less competitive against my peers. This denial means I will need to put off the course indefinitely which will ultimately lead to involuntary separation from the Army if too much time passes.

After receiving the General's blessing, my packet made its way to The Surgeon General of the Army. Two weeks went by, and since it was already overdue on the timeline in DODI 1300.17, I sent an email to The Surgeon General himself. By mistake, I thought the packet had gone to The Surgeon General of the United States, Vivek Muthey. So, that is who I emailed. His staff got back to me and pointed out my error, but I was persistent. I received a call from his senior advisor, Rear-Admiral Hunter and explained my situation to her. She said that she would do her best to help me and make some contacts as well as update me on her progress. The next morning, I received a call from The Secretary of Defense's liaison asking if everything made it to where it was supposed to be. I explained my conversation with the R-Admiral, and he said to call him if I had any further issues. The R-Admiral's aid called me and said I would receive a call from The Surgeon General of the Army's executive officer. I received this call, and she said that she would do her best to expedite the decision process.

Today, I received the confirmation that the religious accommodation was denied. The only choices I have are to request separation from the Army, appeal The Surgeon General's decision, or say the Army means more to me than The LORD God. I refuse to do the last, and I won't do the first until I get a denial on appeal and a subsequent IG investigation concludes no foul action. This of course will leave me without the career I have worked so hard to build and no job to support my family. I did not join the Army to get paid, travel, or gain power. I joined to serve my country and protect America's interests, but I now have a bit to lose since I have made it my profession.

SINCE IT IS AN EMERGENCY AUTHORIZATION - is there a legal appeal?

I do not really know where to start with an appeal. I know I will need legal representation from the military, and civilian consultation would probably be helpful as

well. I am willing to fight this fight, not just for myself, but for the cause of religious freedom and medical freedom for all. I believe the two go hand-in-hand. I am fighting for all the murdered babies sacrificed on the altar of self-centeredness and used in pursuit of vaccines and medical devices that do not really help anyone other than the pharmaceutical industry. Most importantly, I am standing on my faith in Jesus Christ and His Word, the Bible, against this evil agenda, and I will not back down. I am of the belief that while the Army said no to my religious accommodation, they were truly saying no to The Word of God. God will not be mocked, and His Word does not return void. His Word and my natural right to practice my faith are more important to me than the air I breathe.

I hope you received some actionable intelligence from this email. I have also emailed this to a contact I have with The National Health Federation, and I am trying now to approach every resource I can for information, guidance, and help. I have included two documents with this email. The first is my religious accommodation packet that was sent to The Surgeon General of the Army, and the second is The Surgeon General's memo denying my request for accommodation. Since this information will most likely be in future legal proceeding, I would appreciate you not sharing it through social media or with anyone who may do that as well. I am fine with you sharing it with others at Solari, any legal counsel, and others who may help with this, just no social media for the time being. Please let me know if you have any recommendations, and I look forward to hearing back from you soon.

Again, thank you for all that you do in the fight for The Faith and The Truth.

Very respectfully,

Don't know what is the best - very personal decision. ICAN doing legal cases.....would touch base with them.

CAF Notes & Links:

Comment:

Catherine,

fyi ... In Yuba City, CA last weekend ... she is quite funny -- Free & Brave PT 2: Session 3 - Dr. Sherri Tenpenny

<https://churchofgladtidings.com/media?sapurl=Lyt6ZGhwL2xiL21pLys5YjNoejdxP2JyYW5kaW5nPXRYdWUmZW1iZWQ9dHJ1ZQ==>

She has given 460 presentations in the last year when normally she gives only 35 per year.

Take care, D

CAF Notes & Links:

Comment:

Hi Catherine,

I'm sure you have seen this, but just in case... A paper showing how the nano tech (they call it DARPA hydrogel) turns to crystals and builds a network of nano-transmitters. Also, they mention ivermectin destroys the array. Not the best source, but intriguing and worth having scientists with access to an electron microscope look at this.

Also, thank you for the prayer book you recently sent. I am not actively religious, but have found the daily prayers helpful in ways I couldn't have understood beforehand.

Best wishes,
-D

<https://home.solari.com/wp-content/uploads/2021/05/Analysis-of-test-sticks-from-surface-testing-in-the-Slovak-Republic.pdf>

CAF Notes & Links:

Not sure what to make of it....

Question:

Hi Catherine,

My wife, C, and I have been trying to get pregnant for over 3 years. Currently, we're doing IVF, which has been a long road. I started giving C injections in March and she's getting more and more emotional through the process. The fertility clinic will not allow me in the office with C for appointments unless I show proof of vaccination. I won't take

the vaccine for reasons you know. I was thinking of forging a vaccine card, but if anyone ever gets arrested/fined for forging a vaccine card, it'll be me. What do you think I should do? If IVF works, I'm concerned the hospital won't allow me to be present during birth. I'm so tired of all this, but I fear the vaccine more. None of this makes sense...nothing.

Thank you for your consideration. I hope to hear from you.

Sincerely,

STRONGLY RECOMMEND against forging anything.

Get a good midwife - do a home birth with hospital back up only in emergency.

Stay out of hospitals period.

The Farm in Summertown TN as midwifery school,

<https://midwiferyworkshops.org>

Book Publishing Company

<https://bookpubco.com/content/spiritual-midwifery>

CAF Notes & Links:

Question:

Hi, Catherine

We know this is not an approved vaccine. And, we're led to believe that the largest vaccine trial is underway all across the planet.

My question is in regard to the upcoming vaccine mandates that are expected by businesses and schools. That way the government can take the position that there is no government-mandate.

But, if this is in fact a scientific trial, and I'm not saying it is, doesn't it mean that it's necessary that at least some of the vaccines administered have to be placebos? Valid scientific trials must include a double-blind control group who does not receive the medicine/vaccine being tested in the rest of the participants. And, it's most critical that those people who received the placebo do not know it.

Therefore, how can they logically demand that employees and students receive a vaccine when in fact a percentage of those that believe they received a vaccine instead received a placebo? Which means they have more in common with the unvaccinated population?

And, if they counter that by saying that there is no control group and in fact everyone is receiving a vaccine (no placebo), then this is not a scientific trial. It would be in fact the largest medical experiment conducted on the human population in the history of the world.

I thought the history of the 20th Century taught us to be more vigilant against that sort of thing.

Best wishes,
D D
Fenton, MO

CAF Notes & Links:

May be one of the reasons we are seeing reports of saline solutions again and again

Question:

Hello Catherine,

Thank you so much for the information you provide. It has been so helpful for me and my husband during this time.

I homeschool our children and our oldest son will be a senior in the fall. We had always assumed our children would go to universities, but with the current climate in the schools, as well as the covid job requirements for the public universities, we are re thinking our plans. We have been talking to him about trade school, particularly an apprenticeship as an electrician. We want him to be as independent as possible and this feels like a good option for that, as well as having his own tangible skill. What are your thoughts on the future of universities? The future of the trades? With going to university, I feel like it is a building your own prison situation. And where would he work after? Not to mention all the debt! It is hard to help make decisions for him and his future during this time as it all feels so uncertain. But we plug a way, trying to make the best decisions with the information we have.

Thank you for your time!

Blessings,
A

CAF Notes & Links:

Do a detailed curriculum and learning plan - everything he could possibly want and need

Accounting, project management, sailing, telecommunications, making videos, check, electricity, homebuilding

Then build your own program with sufficient skills and certifications that four years from now he has several skills that can generate an income.

Much better. Can not afford to waste money on very expensive waste of time. He needs serious skills.

Question:

Catherine,

Thanks again for a terrific episode 5/20. I can't think of anything that I do that has as much value as your 90 minutes of opinions and insights on our current time.

A question re: OSHA and businesses mandating the shot. Can't this be considered (legally) practicing medicine without a license? Would love to get your thoughts on this angle.

Warm regards,

L

CAF Notes & Links:

Don't know - can not mandate on an EA, have to give informed consent and I don't think they can do so, especially with the insurance issues.

Question:

Catherine:

Could you please ask Dr. Tenpenny why covid shots cause a magnetic reaction at the injection site? Could this be part of a plan to make people more susceptible to directed energy weapons? Or to an EMP? Any other reasons can she think of?

Microwave Technology And Its Use Against Humanity
<https://www.assassinationscience.com/EMP5.htm>

(physical pain would keep people from protesting the currency reset)

.....

I read recently that anyone who got a covid vaccine should wait 4 weeks before having an MRI. I can't find that source anymore. (I swear the web puts out stuff then hides it on purpose, a few days later, to frustrate and confuse us). Here's a caution I found re: infected patients:

ACR Guidance on COVID-19 and MR Use

For patients with known active COVID-19 infection and Persons Under Investigation (PUI) for COVID-19, the American College of Radiology (ACR) recommends that practitioners minimize the use of MR except when absolutely necessary, and postpone all non-urgent or non-emergent exams. In some cases, the use of alternative imaging methods such as point of care or portable imaging may be appropriate. As with all imaging, the impact of the results of the imaging must potentially affect imminent clinical management.

<https://www.acr.org/Clinical-Resources/Radiology-Safety/MR-Safety/COVID-19-and-MR-Use>

CAF Notes & Links:

See my discussion with her - discussed possibility of IRON - see David O'Hagan's new piece called IRON

Question:

Catherine,

Thank you so much for all that you are doing for so many of us.

I have 2 questions:

1) I believe you have answered this previously and apologize for asking again. Do you have a link for how one can obtain Ivermectin and HCQ? I understand there might be an option through America's Frontline Doctors?

That is my understanding. See forum in new part of Subscribers Input - included with European Saliva Test

2) My parents will be traveling back to the US from the Dominican Republic in October. Proof of negative covid test will be required. They do not want the nasal swab. Do you know of any saliva tests available in the Dominican?

Thanks again for all that you do.

CAF Notes & Links:

Don't know. Many travellers are doing them from my reports.

Comment:

Hello Catherine,

Very happy customer.

Here is a link to covid data that i've found insightful.

I listened to an interview of Dr. Peter McCullough from New American and the open vaers website was mentioned.

<https://rumble.com/vg6dcd-peter-mccullough-interview.html>

CAF Notes & Links:

Not sure where McCullough's loyalties lie

Very comfortable with Sukarit Bhakdi, Mike Yeadon, Simone Gold,

Tenpenney, Lyons-Weiler

Description of form said fines, subscriber checked and pointed out fines and imprisonment

Comment:

Greetings Catherine,

When you mentioned in your recent interview with Dr. Tenpenny that you didn't think mr.global has the integration of the O.S. into the human figured out, I tend to disagree on that.

You may be right

I suspect it is much more advanced than most are aware of, and already highly operational. I have been a target of this kind of neurotechnology warfare, heavily when I acted as spokesperson for the organization Architects and Engineers for 9/11 Truth many years ago. There is much I would like to add intel wise but will refrain for privacy/security issues.

Here are 3 links to publicly available military operations information that expands on this technology that may be helpful to share with your subscribers:

- Neurotechnology in National Security and Defense by Dr. James Giordano of Georgetown
https://media1-production.mightynetworks.com/asset/5230173/Neurotechnology_in_National_Security_and_Defense_by_Dr._James_Giordano.pdf

- Dr. James Giordano: The Brain the Battlefield of the Future
<https://www.youtube.com/watch?v=N02SK9yd60s>

- Dr. Charles Morgan on Psycho-Neurobiology and War
<https://www.youtube.com/watch?v=cTtIPBPSv0U>

I do deeply agree with you about the power of **grace...**

Warm regards,

I B

CAF Notes & Links:

Great links. Have posted several times. I tend to think that someone is much further ahead than anyone knows

Feedback

Question:

Hi Catherine,

I submitted this on website under support but looks like should send to you. My wife totally enjoys your show/info as do I and she encouraged me to send this onward.

this short video appears to first show magnetic bits in the shot area then someone looking up their friend using 5G with all his stats while they are sleeping.

<https://www.goyimtv.tv/v/3581704690/The-Vax-of-the-Beast-5G-Connection>

First evidence of the completing package. Think this is significant for Ms. Fitts to view.

here is also a speech from 1995 (assuming translation correct) and Alex Jones talking about it in 2018. (I am not a big fan of his but...)

<https://banned.video/watch?id=60b119d8e246c458c8e2cc5b>
<https://banned.video/watch?id=60b151b0fe8c1f599472f838>

I have been sending out Covid information for fourteen months - can send you all my emails if desired have them exported into zip files. Lots of links.

Myself and another engineer friend as well as Ivor Cummins have a reasonable handle on all this - behind the scenes.

-J

CAF Notes & Links:

Appreciate the links

Question:

Hi Catherine –

First, let us say how much we appreciate all that you do. We cannot being to fathom how you put out so much information...do you ever sleep???

Anyway, first question:

Are you familiar with Cathy O'Brien? Sayer Ji just did an interview with her and we learned that she is apparently the last vocal survivor of MKUltra Mind Control! OMG,

what an interview. She was rescued, then de-programmed by her rescuer, whom she married, and now she speaks out as much as she can with her story. It is an agonizing, yet beautiful story that EVERYONE should hear! We had no idea the depth of sickness that is in these programs. Cathy's website is www.trance-formation.com and she talks openly and frankly about everything that she went through. Quite amazing.

Second: we hear you and John Titus talking about the "repo" market. We do not understand what it is, what you "see" when you "watch" it, and what are the ramifications. Can you explain for us, please?

Third: we just finished watching your interview with Dr. Sherry TenPenny. Awesome! We love her, and have followed her since before this scandemic started. One thing you both touched on in that video was the OSHA ruling that employers would potentially be liable for injuries and/or death if they mandated the jobs for employees and/or new hires. We're sure you've seen that they backpedaled that – astronomical BUMMER!!! Who do you think shut them down?

Keep up your awesome teachings and info. We love you!
T & D W

CAF Notes & Links:

The Osha backpedaling is dreadful. Unfortunately, Argues in support of the doctors and scientists that believe this is a genocide plan.

Do now Cathy Obrien - have mentioned her in the materials in Solari Reports on mind control. Pedophilia with Jon Rappoport See Secret Don't Tell in best books - this is hundreds of years old.

Question:

Dear Catherine
Are you familiar with the work of Celeste Soulm? If you are, what credence (if any) do you give to Celsete Solum's research on FEMA camps?

CAF Notes & Links:

Have watched some. Don't know what to think of her. Have not been able to get comfortable with her as a source. Just can not say.

Question:

Do you think Zillow is just more data mining and shutting out local real estate offices? T

CAF Notes & Links:

Yes - and someone is using it to acquire and centralise control of real estate.

Question:

Hi Catherine,

You wrote the following in "An Introduction to Solari Circles:"

The Circle members practice maintaining their “deposits” within the Circle by agreeing to a savings “hand” —an amount that each member will “deposit” each time they meet. So for example, twelve meet every two weeks and have a “hand” of \$100. Every two weeks, \$1,200 is collected and one member of the group takes the entire amount. Over time this form of savings ensures that interest that the banking system would earn on this amount of deposits goes to the benefit of the group instead, while encouraging members to save and support each other in accumulating funds to buy a home, start a business or pay down debt.

I am not understanding the highlighted part. Could you please explain it further?

Thank you,

S T

CAF Notes & Links:

You and your circle get the float.

Question:

Hi Catherine!

Boy oh boy, I can't adequately thank **you** and **John** for what you do in **Money and Markets** every week. I also appreciate the fact that you provide the **links** to the stories you analyse so we can dig deeper and expand our understanding. Something occurred to me, though, regarding the links: internet content changes every day, and stories get re-written; URLs often disappear without warning. The **Wayback Machine** doesn't catch everything, and in an environment wherein the web is always under someone else's control, vital intel can simply disappear or be placed beyond our reach.

Just out of curiosity, does **Solari** ever archive the content of these resources safely offline as resource assets, or has it occurred to you to do it? (I ask this though I have learned it is safe to assume that there is very little occurs to me that didn't occur to you

first!) 😊

Cheers- R

CAF Notes & Links:

We archive the headlines, but not the stories. Very occasionally we will archive one. What we do is buy LOTS AND LOTS OF HARD COPY BOOKS

Comment:

Hi,

It would be great to hear you talk with E. Michael Jones. Two of his books are an absolute necessity for understanding history: Barren Metal and The Jewish Revolutionary Spirit. He can be reached at jones@culturewars.com

Kind Regards,

J

CAF Notes & Links:

Bought a whole bunch of his books before I left US and they are sitting in Hickory Valley. Hmmm.....

Question:

Can you point me where the articles about giving parents “free” money then making them medicate their kids with Ritalin to get it to continue are located?

Came out of my experience speaking with retired teachers and helping Kelly O’Meara with her research. You might check out her books and articles - don’t know what specifics she mentions. See our interview with her.

It appears that the PPP money that people spent on personal items is much the same type of bait as it the \$300 a month for each child.

I am in my fifties, but if they can get the young vaccinated, they will never know life differently.

Thanks for all the good info!

T

CAF Notes & Links:

Question:

Hi Catherine

I am enjoying being a subscriber and I am listening to many podcasts on your site... trying to catch up.

I just listened to the latest Money and Markets... and I wanted to say something.

I have lived in Australia for over 50 years. It has changed so much it is unrecognizable from my youth. It doesn't feel Australian anymore unless you are in a country town.

I think that there has been a deal done between China and Mr Global.

And that is that China gets Australia after the Reset.

Over the last 20 years much of our farmland has been sold to them. Utilities... Water... And 100 00's residential properties.

Our universities are full of Chinese students so much so it's hard to "spot the Aussie" and they have muscled up Confusious organisations for their students...

We have less and less freedom of speech.

Victoria became a Fascist Police State last year.

Months ago our Prime Minister stated the "All Australians will get the jab"... as if it was safe... he already wanted to give it to children.

China loves our meat and wine and grain and minerals and coal etc -our biggest trading partner.

1 out of 5 people in Australia now was born overseas.

Anyway... I could go on.

It's a feeling I have... an intuition. What would be the price Mr Global would pay for China's full cooperation? It's the feeling that comes from watching your country being

taken away from under your feet for 2 decades. It's in the atmosphere... it is a gut feeling.

You might look at the mainstream news in Australia and think that the Australian government is cranky with China. It's all pantomime.

I'm not talking about a war. Just an ultimatum and a submission. A visiting army to assist with a new outbreak of a lethal virus... or to help us with our "electricity" problem. The CCP will come in as rescuers and stay as our protector.

What do you think about this?

CAF Notes & Links:

Don't know . There is no doubt that the Chinese military and space capacity are growing stronger daily while the US military is being destroyed. That means that Australia is exposed. However, it will all come down to who owns and controls what in space. I have a number of allies that are convinced that Mr. Global lives in Australia and a lot of what is happening is to protect Mr. Global and his operations and make sure Australia is not overrun by people fleeing the Northern Hemisphere.

Chinese conductor on Zurich train - felt like military.

Question:

Any thoughts on his videos such as Seoul Initiative....seems like 2035 is when the new world begins.

TM

CAF Notes & Links:

Hmmm....our team did not add the info on whose videos. Will check and get in next weeks.

Question:

Catherine,

I've seen some of Dr Greer's videos on Amazon and youtube. He raises the concern that the Intelligence Community and Military Industrial Complex are planning a major False Flag encounter of ET invasion. Sounds like "Mr Global" next major event...

your thoughts?

Has long been considered a serious possibility. Carol Rosin's warnings about Werner Von Braun.

Have a Terrific day

D R

CAF Notes & Links:

Question:

Hi Catherine

We are seriously considering selling our house in Colorado and moving to Tennessee. The political climate in Colorado is not great - vaccines , 1a 2a and future of homeschooling do not look great also Tennessee has a better climate for growing / raising animals etc . We currently have a whole set up in Colorado for growing and animals etc which we spent a long time building . My question would be is it wise to leave our current set up for new pastures in Tennessee or should we just take our chances with Colorado?

Thank you so much

A

CAF Notes & Links:

Pressure will be on everyplace- Can not tell which way it will go. Tennessee will be tough. Will have go to California fires and tornadoes etc.

Question:

Catherine,

Can you please expand on the relevance of Warren Buffett's retirement to the timing of the announcement of the Gates' divorce?

You mentioned he had provided "air cover" for them for some time.

As ever, really enjoyed your discussion with Titus.

CAF Notes & Links:

Was a board member overseeing the money - also Brought a lot of trust in the investment and business community. Now that he is retiring reconfiguring into a new board, etc. Mr. Global wants his team overseeing his money.

Question:

Catherine,

I was scrolling through the Twitter cesspool and ran across an interesting theory. This person suggested the "divorces" of the two wealthiest men on the planet (gates/Bezos) are just fronts to protect their assets. This person suggested that these gentlemen couldn't sell their shares but their "ex-wives" could.

What do you think? Could this be an indicator of an upcoming market crash or something else?

Many thanks,

L

CAF Notes & Links:

I do think it is asset protection but more complicated and 2 very different situations. Makes repositioning possible. Protection from leaks and protection from liabilities.

Question:

Catherine.

I need to buy a reliable car. It can be new or used, preferring used, but I hear the prices have gotten ridiculous. I am wondering if you or your readers have any ideas on preferably mid or full sized practical, reliable vehicles that have a little hauling capacity and either won't spy on you, or ones that spy less or can be adapted not to spy on you? I believe everything after 2012 has some type of spying device in it, but less would be better.

I am wondering that if, after you find your trustworthy local bank, is there is any reason to have a safety deposit box there? Thanks. C

CAF Notes & Links:

**Consumers Reports...very good on new cars
Find a great mechanic -who does refurbishing. Get a very old one that
has been refurbished without a lot of digital
My understanding is have to go before 2012, but not an expert**

Question:

Hi

Love your content and infectious optimism. Your content has allowed me to see the other side of the story or real intention behind Mr global.
Would be interesting to hear your thoughts on the latest JBS hacked that has shut down processing plants worldwide including multiple in Aus.
Even In Aus it is highly difficult to sell home kill meat commercially and has only just been enabled on a small scale with mobile abbitiors that require strict standards and registration. My gut feeling is they are trying to drive up the price of real meat with these supposed hacks on company's that hold the majority of the market.

Pete Kennedy has agreed to do a Solari Report on the War on Meat - serious problem.

What was actually on my mind was the availability of seemingly unbiased data of vaccine deaths in Australia. The screen shot is of the website and the link attached.

<https://www.tga.gov.au/periodic/covid-19-vaccine-weekly-safety-report-27-05-2021>

Not close to the ground, but the vaccine injury data is spreading virally by word of mouth - reports are seriously discouraged.

I always look forward to Thursdays to hear the latest money and markets report

Many thanks

CAF Notes & Links:

Question:

Hi Catherine –

Thank you for all of your great work with your website and publications. Your interviews, quarterly/yearly wrap-ups, money & market reports, etc provide a new lens on the world, and I find myself analyzing information in a much different way since I've become a subscriber. And I've had the opportunity to share your work with various friends, and they too have begun to see and think differently about our shared reality, so your work is actually much more viral that you might know.

I've shared one of your solutions to the looming food crises with a small group of friends(the idea of pooling resources, purchasing land, and hiring a farmer to grow our food) and I was wondering if you could do an interview with someone who has already gone through this process. I've been doing research on this solution, and think it would be an invaluable resource for all of your subscribers to be able to hear about all of the various details that go into this type of project.

Many thanks in advance, and blessings to you for your dedication to living a full human life!

CAF Notes & Links:

Will look into it.

Comment:

<https://www.youtube.com/watch?v=D1pzeTFmCn8>

Hi Catherine

Here is a link I am hoping you will use before it is taken down. It is a lecture by Lena Pu on 5g. It graphically illustrates the medical effects of 5g radiation on the human body. This was recorded before a live audience somewhere between September and October of 2019. Lena mentions the smart grid and the nanotechnology inserted in vaccines, and also distributed by aerosol spraying. I think it would be a good addition to your website, because I myself did not take your warnings about microwave radiation seriously. After watching this video I most certainly do take them very seriously now. I am not going to be using my microwave oven anymore.

I just finished listening to Whitney Web on TLAV. That is another video that deserves a place on your website. She is predicting a dangerous time of desperation and instability on the part of "Mr. Global" because the whole pandemic scheme is suddenly falling apart completely.

Take care.

B H

CAF Notes & Links:

Posted both.

Posted tonight at subscriber input

It has happened... had one of those conversations with someone who is mind controlled and post V***. I have read about others experiences on this site and others. I have read and thought I understood the danger and the philosophy behind these kinds of conversations. I appreciated numerous warnings by our Catherine – don't talk to them- and thought I understood because of my

confidence in her and understanding of the psych-ops. BUT, nothing prepared me for the real thing.

I was sucked in before I knew it. I kept trying to escape, my hand was on the door, the doorknob was turned. The surreal sense of being trapped in a bazaar exchange with someone who looked, said, and stated the opposite of what she was once like. When I finally got outside, there was the heavy presence of evil; it was hard to breath; I wanted to run. It was only after praying, binding and blocking Satan in the name of Jesus that I could turn and walk home. It is telling that she got a surprised look on her face and paused when she heard herself say, "they are going to have to do something to force people to get the V****."

Comment:

Hi Catherine...

Would love to hear your commentary on this presentation David Martin did recently.

<https://www.bitchute.com/video/GpCqVwBTgwQj/>

Thank you,

K M

CAF Notes & Links:

1000 emails, 100 books, 1000 videos.....

Can't promise!

Comment:

Dear Catherine,

I'd like to share an experience I've had some days ago:

Since the age of around 20 I've been very electromagnetically sensitive (I'm 44 now) and especially man-made fields have a very big impact on my system. I feel different frequencies in different ways (physically) but also investigated the effects of pulsed electromagnetic fields on early life stages in a science-setting – which is a tricky thing since 'energy' does not seem to be topic traditional biologists seem to be comfortable with. Long story short, over the years I've become very familiar with how different energy fields feel and especially the last 3/4 year has been crazy in that regard. The

whole overlaying field has been increasing in strength and there have been many changes in frequencies. A human energy field is also something I'm familiar with. It's hard to describe but for sure on a human to human level it's very fluent and compatible – let's say you move in and out of each other energetically and it's a very easy, fluent energy when people are happy and balanced, pleasant experience. Last week however I was visiting with my mom and a friend of hers who is fully vaccinated. All three of us were in my car and I immediately noticed her energy field which was extremely different from anything I felt from a human before. It was almost like static from a radio or tv. Not this multi-layered, moving, fluent field that effortlessly meets mine. It was almost like hitting an energetic wall and it was very uncomfortable. When we were walking out on the street I could not feel it but in the car it was really really strong. And it suddenly hit me that her energy field did not feel human anymore, it felt almost like a wifi but on a very different frequency. I know there are a lot of theories about spike proteins from vaccinated people making unvaccinated sick by shedding. But after this experience I believe it is their altered energy field.

Kind regards,
A

CAF Notes & Links:

Very much appreciate your report.

Seeing multiple fact patterns. Some seem fine - unaffected. Some are clearly not themselves. Electromagnetic field has been mangled - thinking process too. Not themselves.

Question:

Hello Catherine,

I was checking on donations and happened upon the link below. I was wondering how Gates and Company could keep their massive incomes and move money around? The IRS changed the allowable deductions in 2020 to 100% of income. I agree with you that Gates was trying to move money to Melinda and this was probably their tool.

<https://www.irs.gov/charities-non-profits/charitable-organizations/charitable-contribution-deductions>

CAF Notes & Links:

Part of this is that Mr. Global is moving in new people to run HIS money and to protect it from liabilities for gates/Epstein...possible missing money?

Comment:

Hello:

In the latest

Visions of Freedom, p38; it states "Brahe is credited with discovering that a comets head always faces away from the sun". It is actually the tail that always points away from the sun.

Visions of Freedom was a thoughtful and excellent read.

ThanksCAF Notes & Links:

Thanks! Will let Nina know.

Going Direct Reset

Question:

Dear Catherine,

Is this a report of Going Direct activity?

YES....all major `Fed actions are.

Sincere question from one who is learning.

N L

[View this email in your browser](#)

We posted a new article:

[Fed Drains \\$485 Billion in Liquidity from Market via Reverse Repos, Undoing 4 Months of QE, Even as QE Continues, Total Assets Near \\$8 Trillion](#)

It's a crazy situation the Fed backed into as tsunami of liquidity goes haywire, banking system strains under \$4 trillion in reserves, and General Treasury Account gets drawn down.

CAF Notes & Links:

Question:

Catherine,

Hi, I submitted this question last week, and it got attached to the question ahead of it on the pdf, where you type out your answers. So, you answered the preceding one but not mine. I listened to the audio of your responses and didn't hear it mentioned there either. No big deal, except this question is causing me a lot of stress, because, unless I'm missing something, the housing market could crash soon, and then, chaos?? Going Direct??

I know it's hard to believe they could be ready to spring the walls of the prison so soon, but I was listening to Rob Braxman's podcast the other day, and the surveillance state is much further along than I had imagined. They are in a position to start rounding up

whistleblowers, and other "subversives," any day now. (These tracking systems were set up in secret. I read a lot of tech news, and I had no idea.) "Big Tech BotNets - The Fearsome New Technology"; YouTube or Odyssee, 5/20/21.

Why round people up when you can use Mind control and Phoenix Program to deal with them free range?

My original question:

On 6/30/21, the mortgage forbearance extension program will end, for federally backed loans, meaning 2.3 M home owners could become delinquent. This would happen gradually at first, then reach a peak this fall, in Sept. What worries me even more². is the fact that 1.9 M home owners are more than 90 days delinquent, and the foreclosure moratorium also ends on 6/30/21. How likely is it, in your opinion, that the US housing market could see a significant decline in July?

Thank you!

P

Your answer:

P:

What happens will be whatever best markets vaccine mandates and passports. Tyranny is the goal.

That said, my guess - and it is only a guess - is that there is an 70% chance the market holds value or continues to rise whatever happens with the forbearance policies. There should be plenty of cash in the private investors hands to continue to accumulate residential real estate.

That leaves 30% chance of a major economic disruption or war that could send most or all asset markets in into illiquidity.

CAF Notes & Links:

Question:

Dear Catherine,

A question for you – how do you intend to deal with the new EU vaccine passport? I'm in Switzerland, and the Federal group snuck a modification (in March) on vaccine passports into the existing Emergency Law, with no notification to the public. As you probably know, there is a referendum scheduled for early June for the Swiss populace to vote yea or nay on the Emergency Law, but the brochure they've put out on it makes no mention of the modification!! (We can only hope they vote 'nay' (I'm not a Swiss citizen so unfortunately can't vote)). Since I have no intention of getting any of the shots (or any of the suspect tests), that could really limit my life here. I'm seriously considering leaving before that becomes impossible with these limitations on the new 'unclean'.

Unfortunately, the only property I own is a small house in a southern Tuscany hill town, and Italy seems to be going full draconian. (We rent in Switzerland.) I could always go back to the US, though house prices are going through the roof – not good. Anyway, just would like your thoughts on the situation.

Last request – I'd love to connect up with Solari folks in Switzerland! Can't wait for Solari Circles! I need to talk to like-minded folks!!

Best, C

CAF Notes & Links:

Lots of great Swiss subscribers. Hope to be back in Basel in third week of June. Will see about the possibilities of getting folks together.

Health

Question:

CAF Notes & Links:

Local Gatherings

Question:

I discovered the Solari Report fairly recently, and my gratitude to you cannot be put into words.

My family and I are considering moving to the Burlington, VT area. I would like to learn more about the area from locals I can trust. Would you be able to put me in touch with other Solari subscribers, folks who live in that area?

Thanks for your attention.

CAF Notes & Links:

Will check. Have sent to customerservice@solari.com - feel free to check back.

Comment:

Thank you Catherine for your alert on the plan by Executive Order 14008 to take 30% of the private farm and ranch lands by 2030. 15 of the Western governors got right on it, with Nebraska in the lead, but Wyoming where I live has barely recognized this threat. The American Stewards of Liberty have a model opposition resolution that can be taken to our county commissioners.

If the Constitutional Sheriffs would only realize the power they have to prevent unconstitutional private property encroachments it would also help. Hope you provide more examples of sheriffs that Push Back to help our county sheriffs see what is possible, particularly if they can come together as one body.

I would welcome knowing anyone in Wyoming who is interested in either 30×30 Land Grab and/or the Constitutional Sheriffs.

CAF Notes & Links:

Need to spend major time from here on out on defending the land. Multiple ways...including the CLIMATE CHANGE TAX

Recommended Links

Comment:

Aloha Ms. Fitts,

I shall keep this brief. I know you are one of the busiest women in the world. Who am I? My name is . I live in Hawai'i. A little over a year ago, you allowed me to air an interview you did on my radio show 'Healing Consciousness'. I have been a Solari Report member ever since. The point is, I was at the University of Washington when I was seeking evidence and the answers to eternal questions, because the accidental death of my younger brother was causing my surgeon dad's decline. In the process, I found a fantastic source of information that I never imagined possible, after the disappointment of experiencing many deluded people. I would like to present this and hope you will consider this evidence; not only for the proof that the personality survives the death experience, but for those who have conquered the limitations that cause death, like Christ did. I have organized some of it: articles, published documents, videos, eyewitness testimony of physical phenomena, scientists' reports and researchers' conclusions for you to analyze and consider.

I would love to meet with you, in person, as the portfolio is large. If so, I will be with one of the greatest Spiritual healers the planet has ever known, S.Y. He is of the bloodline of King Kamehameha the Great, who united all the Hawai'ian islands. In the tradition of the 'Kahunas', the initiated priests of Hawai'i (who utilized natural Spiritual forces with the science of Spiritual laws) enacted healings that were considered miraculous. Stephen is a retired, decorated police detective, and also a Certified Fraud Examiner (CFE) and a Certified Protection Professional (CPP). He first went to check out this phenomena to make a case for fraud. Now he attests to its authenticity. If you are interested in receiving a Spiritual healing, meeting in the physical is important. We could definitely meet online first.

The world is dying for leadership that is true service to humanity, promoting unity and tolerance. You are one of the few, Catherine, who exemplify that with your depth of meaningful information to save lives. God is Great and the time is now to bring His Truth and make the Holy Bible come alive with even more confidence than ever.

Mahalo nui (Thank you).

Ola'ana ka pono, (Life perpetuated in Righteousness)

Rev. AL, BA, CCIM

Rev. S Y, CFE, CPP

CAF Notes & Links:

How can I learn more about hi?

Comment:

fyi ...

Migrant teen children being flown to Chattanooga TN, in the dead of night ... by DOD contract ... 30 to 50 children loaded onto chartered buses. Many are being located in group homes.

<https://www.wrcbtv.com/story/43920052/first-on-3-latenight-flights-carrying-migrant-children-arriving-in-chattanooga>

https://www.theblaze.com/news/biden-secretly-transport-migrants-into-tennessee?utm_source=theblaze-dailyAM&utm_medium=email&utm_campaign=Daily-Newsletter_AM%202021-05-21&utm_term=ACTIVE%20LIST%20-%20TheBlaze%20Daily%20AM

CAF Notes & Links:

Any more information on where they are coming from and where they are going is appreciated.

Comment:

Hi Catherine,

I am a relatively recent Solari subscriber and have found the vast majority of the content to be excellent and very helpful. Great work!

Years ago, I was “awakened” to the partial reality of our world through a long term study of the JFK assassination, although it was unpleasant, I learned critical analytical skills that have helped me in many diverse areas. I mention this because I have seen various comments made in Solari articles/reviews regarding the case that are either recommending less than stellar sources, or using them directly. In particular, Solari cites Peter Janney’s work (his father was CIA btw) as being one of the best books on the case. I urge you to read all parts of the review by Lisa Pease in the link below. You may feel otherwise afterwards.

I also urge you to have Jim DiEugenio as a guest to discuss not just who killed JFK, but the disinformation/propaganda about the case which extends to items like the Majestic papers and other golden apples that certain researchers have bit on (unfortunately, Hoagland appears to be one of them). If you haven’t heard of him, DiEugenio recently completed an upcoming Oliver Stone 4 part documentary as script writer and is perhaps the best JFK researcher out there at this time who maintains the excellent website sourced below.

<https://kennedysandking.com/john-f-kennedy-reviews/janney-peter-mary-s-mosaic-part-1>

Best wishes and thank you for your work!

-D

CAF Notes & Links:

WOW. New to me. Don't agree with everything Pease said - lots of people were killed to keep the lid on this one but Pease is a very good researcher. Janey did a good job of weaving in the economic and political macro issues.

Very much appreciate your sending in.

Comment:

FYI, just started watching this movie <https://docsfair.nl/covid-19-the-system/>

Did not know it had English subtitles otherwise I would have sent earlier. It is from Nico van der Sloot.

Two people in my friend's and family circle had a tetanus shot. They had an abnormal reaction to it at the place of the shot. One friend was told not to get the COVID shot for a month (she was not going to get it anyhow because she has an aneurism). Did remind me of the tetanus vaccine delivery in Kenya. Is there something else in it?

Y

CAF Notes & Links:

Movie looks intriguing. Will try to check out.

Question:

Your submission has been received. We'll let you know the status of your proposal by September 30, 2021. Below is a record of your proposal.

PRIMARY CONTACT FOR PROPOSAL

Q. Are you a speaker for this proposal?

R. No

Q. First Name

R. Catherine

Q. Last Name

R. Austin Fitts

Q. Email

R. askcatherine@solari.com

Q. Phone (Mobile Preferred)

R.

Q. This phone is a...

R. Work

Q. Email Address for Second Contact

R.

Program Proposal

Q. Session Title

R. Who's Your Banker? Who's Your Farmer? Who's Your Sheriff? Where's Your

Q. Session Length

R. This is a standalone 60–90 min session

Q. Session Description

R. Catherine Austin Fitts mission statement: Our mission is to help you live a free and inspired life. This includes building wealth in ways that build real wealth in the wider economy. We believe that personal and family wealth is a critical ingredient of both individual freedom and community health and well being. I have heard CAF in online interviews. The depth of her knowledge and ability to collate complex ideas is impr

Q. Is there anything else you would like to share about what you plan to do for this session?

R.

Q. Level of Material

R. N/A

Q. Theme

R. Policy, food system, and community

Q. Will you cover best practices for certified organic producers?

R. N/A

Q. Is this session primarily intended for urban farmers?

R. No

Q. Is this session primarily intended for gardeners?

R. No

Q. Primary Format

R. Lecture (single or team of presenters)

Q. Additional Elements

R.

Q. Virtual Availability

R. This session can be offered either virtually or in person.

Q. Available Dates

R. - Thu (2/10/22)

Q. Comments on Availability

R. I have no idea about her availability but must select one to complete this form.

Q. Considering all of the speakers involved, select the level of comfort with presenting in a virtual format.

R. Very comfortable

Q. What describes the current technology for your speaker(s)?

R. All speakers have the technology needed.

Q. What describes the software comfort and knowledge of the speaker(s)?

R. All speakers have used teleconferencing to present and have familiarity with the tools involved.

Q. Is there anything else you would like to note regarding the ability of this proposal to be hosted in a virtual format?

R. You will see evidence of her proficiency in this area via her website: home.solari.com

Speakers

Q. Number of Speakers

R. 1

Contact Information

Q. First Name

R. Catherine

Q. Last Name

R. Austin Fitts

Q. Company

R. Solari Report

Q. Email

R. askcatherine@solari.com

Q. Phone

R.

Q. Phone Type

R. Work

Q. Background of Speaker(s)

R. Catherine is the president of Solari, Inc., publisher of the Solari Report, and managing member of Solari Investment Advisory Services, LLC. Catherine served as managing director and member of the board of directors of the Wall Street investment bank Dillon, Read & Co. Inc., as Assistant Secretary of Housing and Federal Housing Commissioner at the United States Department of Housing and Urban Development in the first Bush Administration, and was the president of Hamilton Securities Group, Inc. Catherine has designed and closed over \$25 billion of transactions and investments to-date and has led portfolio and investment strategy for \$300 billion of financial assets and liabilities.

Q. Please select any of the following that apply to the speaker(s) for this session.

R. - None of the above

Q. Requested Compensation & Costs

R. Ask Catherine Austin Fitts

Q. Is there anything else you would like us to consider?

R. My email is listed under secondary contact but I do not know the proposed speaker personally so would not be able to help PASA in securing her as a participant. I just think she has a unique perspective.

CAF Notes & Links:

Hmmm....Have no idea if this makes sense!

Late Additions

Noah's Ark. An old cruise ship, saved from scrapyard. Changed into a tiny little village. Completely self-sustainable. As residence for pensioners, for families. For dreamers and drop-outs. Environmental friendly and in consensus with Gaia. Also offshore (and tax free). Call me crazy, but to see those old ships dying makes me sad. And I do believe that sustainability means to repair and safe old things. Kristina always says, things have a soul as well if someone loved them. And I look at my 25 yrs old car and know that is true...

Comment:

Idea has merit. Start pricing it out. If you can do - pro forma - mathematically on paper, can do in the real world.

i'll be looking hard this summer to buy a small house with as much land as possible in good rural or small town/rural/low cost jurisdiction/base. Is it advisable to buy less for all cash 200-300k or lever up with a mortgage a bit (maybe 50%?) in order to get more/better acreage?

Would stay out of debt if possible. Go small....good land, build out the house over time.

An issue is a sufficiently meager income history to really lever up much. Will a local bank loan up if there's solid equity %, based on a property income plan (resources/rental/tiny home etc)?

Income will need to support.

I read your piece on the End of Currencies and have noticed some recent articles about the Fed going direct in order to bypass the Commercial Banks. If the Fed were to bypass the Commercial Banks, what do you think would happen to the Derivative Markets?

Nothing. They would cut out the community and retail banks. Derivatives market is an institutional market.

I am completely baffled by all of this and most financial advisors know nothing about it and Basel III...

Read going direct and 2nd quarter wrap up - CBDC with Titus

Shadow Work

Question:

CAF Notes & Links:

Take Action

Question:

CAF Notes & Links

Stop Mandates, Stop Passports, Stop Tyranny

Conclusion:

Question:

CAF Notes & Links

Additional Resources

Send in questions:

Askcatherine@solari.com

Subscriber input