

Ask Catherine

January 12, 2020

Introduction:

We include questions sent to askcatherine@solari.com and posted at Subscriber Input. Thanks for your questions!

Organized by Categories:

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Cash and Precious Metals

Question:

Hi Catherine!

When we are forced into the new credit system do you think we will be exchanging our US dollars 1 for 1 to credits? Will we come out even/whole? I am trying to come up with a plan B as I am 66. Many Thanks! Love your site.

CAF Notes & Links:

No way to tell. Anything is possible.

Covid-19

Question: S.

1) I saw his wife's comment posted on twitter. She said days after the injection he noticed petechiae on his hands and feet which made him seek emergency care. The CBC on arrival to ER showed 0 platelet count. The normal range is 150k-450k/microliter of blood. For 2 weeks a team of experts tried to raise his platelet count to no avail. He died of hemorrhagic stroke 2 days before a last resort surgery. Poor guy was energetic and conscious throughout but must have known he would die. Sad. I fear many, many will die and few will get the care the MD received though it was a failure.

Good time for the true believers in injections to learn what's really going on. Autoimmune, of course...

2) From CHD-

Michael received the vaccine on Dec. 18 at Mount Sinai Medical Center in Miami Beach, where he'd worked for 12 years as an OB-GYN. He died on Jan. 3 after suffering a hemorrhagic stroke related to a lack of platelets, a condition called thrombocytopenia, or as the Daily Mail reported, acute idiopathic thrombocytopenic purpura (ITP).

But Neckelmann told the Daily Mail that in her mind, her husband's death was "100% linked" to the vaccine.

Children's Health Defense (CHD) President Lyn Redwood, RN, MSN, said ITP is a well-known adverse event associated with vaccinations.

The vaccine most often implicated is the measles-mumps-rubella (MMR) vaccine, where the disease occurs in approximately 1 in every 25,000 to 40,000 doses of the vaccine, Redwood said. ITP has also been associated with hepatitis A and B virus (HBV), human papilloma virus (HPV), varicella-zoster, diphtheria-tetanus-acellular pertussis (DTap), polio and pneumococcus vaccines.

According to Redwood, a study comparing adverse effects following influenza vaccination found that ITP was the third most common autoimmune condition (after Guillain Barre and rheumatoid arthritis).

Redwood also pointed out that ITP has been reported to occur following exposure to drugs containing polyethylene glycol (PEG), a compound used in both the Pfizer and Moderna vaccines.

“Considering that according to the United States Court of Federal Claims, cases of ITP have been compensated in the National Vaccine Injury Compensation Program (NVICP), it is completely disingenuous for vaccine manufacturers to deny this risk,” Redwood said.

CAF Notes & Links:

See CHD article coming this week on deaths and adverse reactions so far. Also see Ron Paul piece.

Question: C

Yet another death....How many more?

https://childrenshealthdefense.org/defender/healthy-florida-doctor-dies-after-pfizer-covid-vaccine/?utm_source=salsa&eType=EmailBlastContent&eId=ffc98b5a-238b-4631-b63f-cb4342b1c386

Does anyone know if Tiffany Dover's death has been confirmed?

CAF Notes & Links:

Question:

I can't believe I forgot to include these 2 tidbits:

My husband was going to have to take a Covid test because of "exposure" of someone at works spouse and I was against it. So, I called the clinic where he was going to go and asked what cycle they run the PCR test at and the woman said she didn't know. They send them to the lab. So I asked what lab and she told me it was Quest Diagnostics. So I called Quest and asked them what they run their PCR cycle thresholds at and she said that every lab runs it differently and they don't give out that information. I said that I needed that information. She said "why,so you know how long it takes for results?" And I told her "no, but if you run it at 40 or 20, it will affect whether it is positive or not." She got very quiet and said very coolly, "We don't give out that information, can I help you with anything else?" So much for transparency.

The other thing is since LA defunded the police by reassigning money and duties to "social workers" to run on domestic violence calls. 4 of them have died. This hasn't been in the news, but from LAPD that I know.

CAF Notes & Links: Thanks for the report.

I agree - whatever it is it is synthetic in feeling. The spraying plus EMF is the logical source because chemical warfare is so much more easily managed. My reports from your area indicates something suddenly got turned on - one EMT paramedic described it as someone hit a switch.

I do get more reports of people being angry. Has to be very heavy mind control.

I am still hoping you can move further into the heartland.

As more intelligent people break out of the establishment, more possibilities open up. This will be a very positive aspect of 2021. Unfortunately a lot of good people who are unprepared will suffer badly.

Always appreciate the report.

Catherine

Question: (Eventual Question, Are people getting angrier?)

Hi Catherine,

Happy Belated Birthday, Merry Christmas, and Happy New Year! I pray that blessing upon blessing will be yours in 2021. I haven't updated you from crazy Cali in a while. It's getting pretty bad. I had my first run in with a crazy mask person. Sitting minding my own business in a waiting room with my mask below my chin. I won't give you the blow by blow. But she was incensed and made a huge scene cursing at me and yelling. By the grace of God, I did not raise my voice and suggested she stay home. I may or may not have called her a sheep before she told me to F off. It was crazy. She literally had no common sense, but felt it was her place to speak to me that way. I've had 2 more people very rudely to tell me to put my mask up when I pulled it down to talk at the checkout. People are getting nasty. When I'm outdoors I never wear it ever and don't care how many dirty looks I get. I can't get into stores out here without it and it stresses my daughter out if I wear my sheer one because people say things now. Even though my daughter knows it's stupid and wrong, she is afraid for me. So I went to the store with a buff that wasn't see through. It was a should crushing experience. I got hit by a cart 3 times because people don't see each other as people anymore in these stores. As for CV. I have a friend who died from it. He was about 60, not sure what health issues. Definitely some. I saw him 3 days before he went to the hospital. After a week in the hospital he messaged me saying he was fighting for his life and couldn't breathe. They put him in a coma and a ventilator and he died after a month in the hospital. I personally know about 25 people who have had it and recovered. I also am certain I had it a couple weeks ago. Was really tired one afternoon, slept on the couch and had some chills. Started a

deep cough within an hour, but I listened to one of the doctors on the wellness report and had a nebulizer with peroxide. did that immediately and the cough never returned. Felt nauseous for a few days. It was really weird. Not natural. Almost positional if that makes sense. Turning side to side it moved. Still no taste or smell. I can taste it. It's fading. I still contend that it's being sprayed. Because I haven't been around anyone sick and have been around thousands of people for the past 10 months. But the spray has been off the charts and I went hiking with a friend right before. Everyone is sick right now. Entire families with it. Some mild cases, some severe, some hospitalized, and several families lost family members. I don't know what it is. It also seemed to flare up after consuming sugar. I don't know, it's just not normal.

I did get to spend time in [the Heartland] for a job and that was lovely and much more open. Seeing the crew where masks all day long was hard and standing my ground when production manager basically told me to be a good girl and be a good example and wear my mask between takes. I told him that I could not and would not. They ended up being perfectly lovely about it, but it was really hard to stand up. I don't see it getting any easier. Are you getting reports of people getting angrier?

Also, I just saw a friend of mine from Florida who is an RN post that she got the vaccine a couple days ago. She said she was tired the next day, but happy she did it. That was on social media. I'm going to call her to get the real deal. I can't believe she did it.

Darlene added me to the list to meet with others out here. I'm looking forward to it.

Aside from this, I have been blessed with my family who is healthy and my husband still working and a group of friends who are loyal and increasingly waking up. I've still been attending church and it's been lovely. I'm trying to navigate as well as I can. I waver between openly dissenting and flying under the radar. I hope this finds you well

CAF Notes & Links:

RUMOURS ON TAX TRAP IF YOU ARE A CALIFORNIA RESIDENT IN 2021

Question:

Yesterday I watched the webinar 'Focus on Fauci', linked below. The whole program was excellent, but I would like you to look at the part from about 1:42 to 1:49. Dr. Martin talked about vaccines. He said vaccines, by definition, are for stimulation of immunity and disruption of transmission. The things they are calling vaccines do neither. Dr. Mikovits explained what they are. I think these 7 minutes could be one of the ways we stop this horrible vaccine rollout.

I am wondering if I am correct? How can they force people to take a vaccine, which is not a vaccine? Also, I am concerned by what Fauci said - As I recall, something like the "vaccine" suppresses your symptoms and does not stop your ability to spread the virus. Is this not the way you would actually create a pandemic?

https://earthheroestv.com/programs/special-free-live-broadcast-5th-jan-2021-focus-on-fauci-46120-a90064?utm_source=sendfox&utm_medium=email&utm_campaign=we-did-it-now-onwards-to-the-freedom-rally

F

CAF Notes & Links:

Clearly experimental gene therapy – What else. Not allowed to know all the ingredients in the Pfizer injection.

Question:

Hi Catherine,

I hope you are well. I watched your interview online a week ago and I immediately felt relief at hearing someone make sense of what is going on in the world today. I also had the feeling that you looked very familiar. I subscribed to your newsletter and community yesterday and was surprised to

see that you are based out of Hickory Valley! Up until COVID shut our church, I had been attending Immanuel Episcopal Church in La Grange. I'm wondering if I met you there? Anyway, it is truly a small world and I wanted to say THANK YOU for doing what you do. Your wisdom and intelligence has brought me much relief in the last few days.

Best wishes to you,

CAF Notes & Links:

Small World – last Christmas at your church.

Feedback

Question:

I have heard you speak of the light side of conspiracy a quote from Kenneth Rexroth

“Without the hidden conspiracy of goodwill, society would not endure an hour.”

Craig

CAF Notes & Links:

Excellent!

Question: E (You make a considered reply his statement)

All the Patriot hopes and strategies, the “Q plans”, the favor of JC God, etc

etc were so easily countered and out maneuvered by a few Antifa agitators leading the charge into the Capitol with feckless Patriot “following” behind like useful idiots to allow MSM to frame the narrative of the right extremist mob – giving the perfect excuse for legislators to back track and vote in the evil that will descend on the Republic. The Republic is dead.

CAF Notes & Links:

Jan 6 was a set up.

Time budget: Green house vs. DC fever

Nope, not dead yet. Only say that if you want it to be. Welcome to a 10,000 year old war.

Question: N

Hi Catherine – what is your take on investing in real estate in 2021 as a first time home owner in lieu of continued renting? What about investing in rental properties? What markets are you liking the best if any?

CAF Notes & Links:

Depends on where you and risks of disaster capitalism and income loss.

More smashes, more printing

Question:

(RB)

I read a book in 2010 that detailed evidence of a technology that could turn buildings to dust. Who controls that tech? The author of the book also commented on similar evidence at the Federal Building in Oklahoma from early 1990’s.

Then come to the California fires and more of the same evidence appeared.

See High Res Drone Images of Paradise after the forest fire that didn't burn the forest. <https://buttecountyrecovers.org/360-images/>

Who controls that technology?

The book is titled, Where Did The Towers Go.

A supplemental for the understanding of microwaves and how they may have played a role is found in Paul Laviolette's book, Secrets of Anti-Gravity Propulsion.

There was a video floating around the internet from Ginny Silcox who explained the power of low energy, standing waves, mounted on drones as a tool for this destruction. May be hard to find now.

My point is the USA has been under attack since at least 9/11. Read on a bit more and you might say we have been under attack since JFK. Read a bit more and maybe you might say, Holy Moses, this battle has been raging for ten thousand years.

In my view; The only place you can see what is happening is to follow the money, and what they are doing with the money. For that we have Solari. They mince no words. Once you have a source like Catherine and Team to interpret their speak. It is easy to see the goal. Once you catch on, you recognize they can't reach their goal with consent. So they wage war, create confusion, lie, deceive, drug, poison, or just kill the opposition one by one or in mass.

In Response to GM (CAF)

GM I advise caution on the topic. The amount of disinformation on the ET question is off the charts. More often than not, I find it used as a form of excuse and entertainment – to avoid dealing with the Red Button problem. I also think it is impossible to deal with this topic without dealing with the financial aspects as well as the mind control technology. I have never met an ET story that could not be explained by mind control.

Question: AS

Dear Catherine

Regarding your Planet Lockdown interview, is there any chance of you

having the sketches you drew during the interview made into graphics?
I am reminded of Arthur Schopenhauer's observation: "All truth passes through three stages. First, it is ridiculed; second, it is violently opposed; and third, it is accepted as self-evident."

CAF Notes & Links:

In the parking lot. Pretty clear from the video. Do need the pillar and integration idea in a graphic.

Question: MS

Found out on YouTube that busses loaded with National Guardsmen are en route from Central Pennsylvania to DC. They were scheduled to leave on 1/17. Do you think what you saw and heard was protection for them?

CAF Notes & Links:

For Biden innauguration

Question: SA

I am looking for a new bank and would like to bank locally. In light of recent events, is there any further advice on banking with banks vs. credits unions? And if going credit unions; state chartered vs. federally chartered credit unions?

And maybe on the larger perspective topic; where do we put our savings during these unprecedented times?

CAF Notes & Links:

See Bank Local article for banks. Looking for best governance and financial strength. If credit unions prefer state chartered, but it is one of many variables.

Savings – First quarter, and last Equity Overview. Where to stash your cash.

Question: GA

Hi Catherine,

You have amazing videos which are all 10000% True.

I was wondering how I would go about suing the government for taxes or mortgages etc.

Also how to sue large companies for human rights discrimination when I do not wear a mask in their store.

I know that is a loaded question but I am passionate about it.

Thank you

CAF Notes & Links

Organize with lawyers

CAF Notes & Links:

Question:

Comment: Hello! Thank-you for all you do! I am so glad I learned about Catherine!

My questions:

How would you prioritize using investment capital? Is paying off the mortgage (real estate) no. 1? Does buying silver make good sense? Do you have other suggestions?

Equity Overviews – four transcripts

I like paying off mortgage, but depends on individual situations

Is there an auto company that does not feed the autocracy?

Buy used and spend all your money on good local mechanics keeping it going forever- rebuild

Aside from supporting Solari and Children's Health Defense, what charities do you approve, and is there a reliable watchdog for them that you would recommend?

thank-you for your bravery in bringing information to light!

CAF Notes & Links:

See what we do at Donations in Annual Wrap Up or any of the Wrap Ups. I do not know of a reliable watchdog. Best to donate to people and organizations you know or people you know and trust. We donate to the imperfect.

Start at home, family, local – direct to people.

Question:

I recently joined the group after listening to some of your interviews for years. Thanks for your tenacity, I am sure it really brings hope to many people.

I have a question regarding a private experience in the internet. Whilst subscribing I saw that proton mail is a recommended option, can you tell us what due diligence you made to get to that conclusion? I was already a recent proton mail user but would love to hear your thoughts 'warts and all'.

I also started to use the Telegram app - as an alternative for Whatsapp - to speak to friends. Do you have any view on Telegram or its privacy 'pedigree'?

On a separate note, following yesterday's lockdown announcement in the UK, we- parents- have become the de facto teachers of our children until further notice.

Regards,

CAF Notes & Links:

Protonmail – positives and negatives

Telegram

NOTHING IS PRIVATE OR SAFE = matter of degrees

Where your money goes

Your own server is best – local software developers to help a circle locally

Question:

Hi Catherine

I'm a new subscriber to "The Solari Report".

As such I just read your article series titled "**Narco-Dollars For Dummies**" and am contactig you as suggested at the end of part 13, where you wrote...

"For more on **starting a solari for your neighborhood**, see www.solari.com, or contact Catherine at catherine@solari.com"

<https://www.scoop.co.nz/stories/HL0203/S00010.htm>

So here I am, writing you to ask, would you be so kind to send me more information?

Sending you best wishes for a healthy 2021 from Berne Switzerland,

Best regards,

MM

CAF Notes & Links:

Written in 2001 – was still trying to do local. If you want to look at the old material see links at bottom of this Solari Report - unpacking your financial ecosystem

<https://library.solari.com/unpacking-your-financial-ecosystem-links-resources/>

Question:

Dear Catherine,

In a 48 minute interview (Planet Lockdown), you were able to thread together all of our current plagues into an easy and understandable format for the non economist and lay person. Absolutely brilliant! The immediate and long range future for the US and the world looks bleak. Unless a kraken-esque bombshell (e.g. resurrecting Jeffrey Epstein from the dead?) is revealed in the joint session of Congress on 6 January, it looks like Mr Global will have scored the ultimate victory, the effective death of our treasured republic.

Up until the time I listened to your interview, I viewed China as the real risk with a Biden "presidency." After countless sleepless nights, I thought within a year or two, the CCP would literally become our overlord. After listening to your position, I get the sense that China is not a part of Mr Global's inner circle, rather mid level management. I believe the real power brokers are at an invisible level, a group of people/families that are completely "masked" to the 99.99% of the population, as you so aptly suggested.

So here's my question. Do you think that Mr Global will use China as a tool to overtake freedom in the US, or will the plan be far more under the radar, maybe taking 10 years to perfect? The Biden administration will rejoin the global alliances such as WHO, Paris accord, and then voila, the UN or maybe some new NWO type group (as if there aren't enough already) will begin instituting the world slavery system. Maybe it won't even need to be this complex. As soon as the vaccine becomes mandatory and perfected so that nanoparticles are part of the mix, no government will need to take over. It will just happen and the sheep will be forever trapped. Apparently China, and any other totalitarian government, is more noise rather than signal.

Thanks, Catherine! I have enjoyed listening to you on C2CAM for years.

CAF Notes & Links:

Note the latest round of attacks on China. G-7 elites using China and other countries for their laundry and their skim.

Question:

Hi,

Found your Planet Lockdown video very interesting. I'm not one to embrace conspiracy theories but your take on things gave me pause and your BG plus academic and mainstream pedigree warranted a listen which I'm glad I took the time to do. My question is -----do you still support Trump? I find it almost impossible---even if he is the "chosen one" to "drain the swamp" his narcissism pathological lying and ridiculous childish behavior literally turns my stomach and I'm certain blinds me to anything positive he's doing. Am I wrong? You're an intelligent woman. How to do rationalize and come to terms with this? Happy New Year and thank you for your insights!

CAF Notes & Links:

Voted for Trump in 2016 and 2020 – preferable of the 2 options presented. \$21 Trillion missing from US government 9-11 was a false flag, US government marketing poison and drugs into US communities for decades, and you are focused on Trump has a pathological liar. We have been watching MILLIONS OF PATHOLOGICAL LIARS. Clinton is a pathological liar, so are Biden and Harris, so was Bill Clinton, George Bush and George H. W. Bush. Listen to my Red Button video. It will explain why that is the very core of their job – lying.

While Trump is not my cup of tea, he has done more truth telling than any president that I can remember since JFK. The thing that angers everyone is the truths he tells, not his promotion exaggerations and lies. Read our missing Money Wrap Ups – you need to go to a deeper level and focus on what is really going on.

Question:

Here are my concerns and questions for Catherine re: crypto currency investments... First off as I told you on the phone I am considered in the top 4% of ID Theft victims in the state of CA and have had millions of dollars laundered in my stolen ID AND was one of the ONLY Class Action Reps in the 2015 Anthem Blue Cross Data Breach suit to OPPOSE the settlement as it provided NO security for the victims of the breach that effected 80 million Americans... Thus I know a lot about digital crimes and ID theft via

victimization.....So that being said I looked into coinbase as a way of trading crypto's and I don't like the amount of private information they demand to invest with them as there are no guarantees that their database cannot be breached and important personal info cannot be stolen and used against a person.... In addition I need to know what her thoughts are about investing in crypto's and which ones if she feels it is a good investment and which process to use to invest in. thanks R.

CAF Notes & Links:

Speculation, not an investment

If you want to manage the pump and dumps, have to manage as a speculation/trading position

Non is secure = most secure is an off line wallet protected from an air gap – multiple records of your password

Easier to speculate with it on an exchange – like any speculation with insecure custodians, be prepared to lose 100%

Prototypes creating CBDC or Mr. global DC in whatever form

I don't have an preferences for Crypto = I don't follow and I don't own.

I have on my list to do another round of due diligence for the 2nd Q wrap Up
Whatever you do, CBDC or Mr. Global's consolidation can cause your value to die on the vine or be wiped out – or not

Question: (Request for personal communication

Hello Catherine,

Hope all is well in the Netherlands!

It's a pleasure to finally be in touch with you, as an official member of Solari. Your latest issue on State of Our Currencies, was tremendously insightful. And thank you for the work that you do for Truth.

There is a specific question I have, which I believe you'd be best suited to answer with your experience/widsom; due to the nature of the question, it would be best if we can communicate via a secure medium, not email. And

forgive me for being presumptuous of your availability, as you are (I would imagine) a very busy woman with all that you do.

Please let me know your closest availability; I'm available whenever you are Eastern Standard (USA) time.

Sincerely yours, MK

CAF Notes & Links:

Not sure what to do here. I can not call. Phone calls are not secure either. If you are comfortable sending by snail mail please feel free to do so,

PO Box 157
Hickory Valley, TN 38042

Question:

Greetings from southern Ontario,

First of all I would like to say thank you for your efforts to raise awareness on key issues in this critical time. Sharing the information you do and exposing the nefarious interests you do is no small thing. Thank you from the bottom of my heart for the risk you take in doing so and for the service you do to humanity in that courageous endeavor.

My questions:

Are you familiar with the work of a Dr. Judy Wood? and Have you read her book called "Where Did the Towers Go?: Evidence of Directed Free-Energy Technology on 9/11" ?

I feel that in this time of targeted individuals and massive psyops, we must keep the technology which Dr. Judy outlines in her book at the forefront of our mind as it may be one of the weapons of choice in what comes next.

Also have you read "Unacknowledged: An Expose Of The World's Greatest

Secret" by Dr. Steven Greer? If so, what are your thoughts on the witness testimony he provides related to "MILABS" ('staged alien abductions' perpetrated by covert military/corporate operations)? Also what are your thoughts on his CE-5 program/protocols?

With regards to the "Cosmic False Flag" (that staged 'alien' attack that witness and whistle blower testimony from people like Carol Rosin and others illude to) According to your sources in intel, do you feel that such a plan for a psyop of that scale is in the works? If so, have you received any indications of how close they are to launching that operation? Also what do you feel is the most effective action everyday people can take to prevent such a psychological warfare operation from being launched? or at the very least what would you suggest people do to minimize the damage it will do to our civilization and future if it's eventualization is inevitable at this point?

CAF Notes & Links:

Invisible weaponry is at the heart of the matter – impossible to get reliable information. Far beyond what may or may have not been used in the WTC/911

Part of our challenge is there is essentially 0% understanding of the invisible weaponry at work here.

No idea what the odds are for an alien false flag. Carol Rosin is convinced it is likely. The disinformation around the subject is enormous.

Question:

Greetings to my most favorite Catherine

There is no doubt we are in a very fluid time where major changes can take place.

One plan is name "Nesara Gesara" which I understand will change the old economic structure with a new structure that will be a benefit to the common

people.

I would think if this happens in America there will be a shut down for a couple of weeks.

Any comments or information about this topic?

B

CAF Notes & Links:

I have seen the material on the web. Many good ideas. I know of no plans to implement it.

Question:

Dear Catherine

I saw your interview on YouTube – Centuri sil via.

Please help me:

Followed you and others long time.

- If they want slavelandia for us all – basic income grant; total control et al; Because they want to live on top of the dung heap – us. Great for them – but where is the rich consumer to buy “their” goods and services – if we all slave down under. They use less humans more robots to produce whatever. But who is going to buy it to make them richer?
- We have experienced the destruction of South Africa under this satanic stalinst anc rule. The ANC government followed Global money powers instructions well and we are screwed. But our economy is dead, per capita income is dropping like a stone, purchase power of ZAR deteriorating daily. GMP controls them and the country, but where is the spending power?
- South Africa will go into limited civil war this year and ANC will disappear, so society so unstable and unworkable – what can they do with

such rubble to extract wealth etc.

Thank you in advance

SL

CAF Notes & Links:

Plenty of people in the emerging markets to go from poverty to wealth – that makes them more money than us staying where we are – with robots plenty of labor to build their wealth

In South Africa – get control of all the resources, particularly the land, and do so cheap. They like breaking things. Break it, fix it .They are trying to optimize their pocketbook, not GDP

Question:

CAF Notes & Links:

Question:

Hello Catherine,

Although I have only been a member for a short time, I love your report. I am not a financial person at all, yet, your information resonates with me. I still have a lot to read and learn.

I am concerned about many things in this country. The election fraud confirms my beliefs about the state of this country and the world, for that matter.

I understand that you are now living in the Netherlands and can't help but wonder why you are there at this time. I am concerned about what is going to happen in the USA.

Did you choose the Netherlands because you feel more safe there and why? I have often daydreamed about leaving here, but I am alone and have very little experience traveling.

I am concerned there is no place safe on the planet. What say you?

Thank You,

CAF Notes & Links:

This is a global problem, we are facing the same issues everywhere.

I was in the process of starting a European affiliate when the lock down hit. My plan was to divide my time between North America and Europe. Once I was free to leave in October, I was concerned if I return to the States I could not get back. My immediate goal is to come current on Wrap Up production – so staying next to my Dutch partner is the best place to do so. It is great location for me in terms of work and health productivity. I am not going to return to the States until I am confident I can return. I am also not going to spend 8-10 hours on planes wearing face diapers – it is simply dangerous to do.

Question:

Catherine,

Apologies if I'm intruding on your personal email but I had a question that you may not want public.

Some time ago you mentioned trying the Blue Shield EMF/5G protection. I've looked around your site and others for reviews and can't seem to locate. So...

Question: Do you have any pro's or con's you could offer after living with the equipment and would you recommend?

Thanks for your answer and for providing such great and good information with your Solari. Better than receiving a gold coin!

LH

CAF Notes & Links:

I use them on recommendation from Jason Bawden. What happened when I first brought home. Jason does not publically recommend because they will not fund serious testing – very expensive.

Going Direct Reset

Health

Question: HN

5gBioshield <https://5gBioshield.com>

A friend told me that this USB device immediately gave her relief from chronic neck and shoulder tension and she thinks it also boosted her memory.

I was on the verge of buying one, but after reading several pages of the miles and miles of terms and conditions, which in effect say that Bioshield has no responsibility for anything and the purchaser liability for everything, it occurred to me that, being a USB device that is charged through a computer USB port, this could be a data harvesting or virus spreading engine.

Although I have an adapter for plugging a USB device directly into an electrical outlet, I wonder whether 5gBioshield could transmit frequencies through the electrical circuitry causing who knows what? So I'm pausing and invoking the Sleep On It rule.

Any geeks out there have an idea of how to research this?

CAF Notes & Links:

Yes, was looking at yesterday. Stumped on how to do. Very good results reported by one subscriber.

Local Gatherings

Please send emails to customerservice@solari.com

Recommended Links

Question: RB

Here is a senate document on detainee abuse at Gitmo (found on wikileaks). This is the part that caught my eye.

Breaking Ego

“The January 16, 2003 memo also described techniques directed at breaking down Slahi’s ego, including ridiculing him, making him wear a mask”

Link Here: <https://file.wikileaks.org/file/us-senate-detainee-abuse-2009.pdf>

They have destroyed these people still wearing masks everywhere. Can we ever get them back? They really seem broken. My ER experiences the other week were eye-opening scary. These people could not process what was happening. They stopped thinking the minute they put on the mask. I read somewhere along the way since March that described how masking kills the executive function of the brain, your Jiminy Cricket, Ego.

I am finding it internally, more difficult to deal with seeing a sea of masked people. I can feel the stress inside and have to turn away, leave the area.

In Response to RB (JB)

I completely understand and can relate Ron. Every time I see someone in a mask it twists my heart in ways I have never known.

CAF Notes & Links:

My training – if people are mind controlled or behaving incoherently, get away fast. I have several extremely intelligent friends and allies who really believe these things work.

Question: CJ

<https://nyegop.org/2021/01/08/a-letter-from-the-chairman/>

Look what the GOP chairman from NYE county Nevada sent out!
He says to be prepared for an Internet outage between now and 1/20
He claims Trump will use the emergency broadcast system to communicate with Americans since they have censored him everywhere
Else.

Will they really try to split the government in two? Such an act would create mass chaos.

Are they telling us what they are about to do? Madness. Sure madness.

In Response to CJ (GM)

This is very disturbing news indeed, I appreciate the heads up.

I will pray that peace, justice and truth will prevail. Godspeed.

Peace, Respect and Gratitude from Canada

CAF Notes & Links: (CJ / GM)

I'm not buying it. Sounds like he bought a story.

In Response to CJ (RP)

Amazon Web Services cloud revenue was ~\$40B last year. Cancellation of an entire company like Parler is unheard-of, because it reminds every cloud customer that the cloud is "someone else's computer", when there are many competitive server options. Same question for Apple, which already faces EU scrutiny on their app store monopoly. Why annoy 50% of American customers spending \$100B/year on Apple?

It's hard to understand why, in the last 10 days of a lame duck presidency, there is not only funding for new "Q propaganda", but large companies are endangering their brands by deplatforming a tiny company. Not only does this risk spooking customers, they lose surveillance of Parler and their customers.

What prize is still at stake in the next 10 days?

In Response to RP (CAF)

CAF Notes & Links:

Twitter Pop Game

Media Pop Game

Control of US military and FASAB 56 spigot.

A free press can result in serious legal demands to get the \$21 trillion background

Question: FB

Just came across this – Lt Gen Tom McInerney explaining what is going on. Does anyone know anything about this?

https://www.youtube.com/watch?v=BKwQ-_pjXcI

CAF Notes & Links:

Stop the Steal – OP, Water Pistols landing on Normandy Beach, More in Money & Market

Question: BC

<https://www.thegatewaypundit.com/2021/01/watch-capitol-protester-removed-plane-apparently-placed-no-fly-list/>

Comments?

CAF Notes & Links:

Could not get verification, so no facts.

Question:

CAF Notes & Links:

Question: (RB)

My thoughts on some new entries in my youtube feed over the last month or so: Just my view.

Monkeywerx: new to the scene. what he does anyone can do. he is looking for changes in the patterns. the program he uses is free. he quotes Lin Wood, Lin Wood posted the article about the Pope being arrested. I read the article twice. It offers no real sources. The one source to a child abuse arrest links to an arrest in Alabama. The article is bunk, deceptive, and unbecoming of a high priced lawyer trying to save the Republic. This pope article was shared from a website called conservativebeaver. Monkey offers nothing actionable.

Lin Wood: This guy has been wrong from day one. It took one read of the Pope arrest article to learn it was bunk. Why would this guy share such malarkey? Makes him look like a donkey.

Sydney Powell: Sydney has been wrong the entire time. Tough talk going nowhere.

Jeffrey Prather: offers no real actionable intelligence. They try to leave you with this sense that someone is getting ready to fight on behalf of the American people. Be patient, do nothing yet. Patriots get ready?

I am especially suspicious of ex spec ops guys who worked for the military-industrial complex who are now studying to be a pastor or chaplain and talking about it all the time. Then offer information from sources close to the situation, or still active military...

Millennial Millie: Who knows about his one. Total op, or what? No clue.

Simon Parkes: doublespeak, backpedaling, unsourced info, no actionable intelligence.

Scott McKay: he talks of Q? Looks like he popped onto the scene a year or so ago and has pumped out hundreds of videos. His sources are also double triple top secret.

Patrick Byrne: I have been familiar with Patrick Byrne through his Deep Capture movie. He is not one that recently popped into my feed. Has he been totally duped? Or? Who is this guy? Based on his allegations, why hasn't anyone been arrested, years ago already. Why hasn't he been arrested?

Apparently, Byrne, Powell, Wood, Millennial Millie were all holed up in a Trump hotel. I am not sure how to feel about Byrne. He has done some fantastic work in my view. But here we are.

These guys reference each other's unsourced "intel". This is the intel you get from these guys. "It is about to go hot" Doesn't that seem obvious?

In my experience, it takes years to develop trust from a source. Are these people offering information and detail that helps you make your next choice, your next decision? Does their information make you feel safe? Or does their information just leave you wondering, even more, waiting, scared?

Refreshing for the next unsourced update. "it is about to get hot"

I find that real sources of information are extremely hard to find. My best intel over the last month is from just looking around, talking with people, reading, learning, and combining all that, to hopefully a rational thought. Locally in SE-PA, it was clear, military air activity was up. Flight pattern for big military jets shifted and are now flying over my house late at night the night of the vote. You can see from a variety of website, including what monkey uses, that military activity is up everywhere in the USA.

The other overwhelming thought that goes through my mind listening to these ex-military talk about the events leading up to today. They leave out the part that at one point in their career, they were there participating. Now years later, older, they pop up out of nowhere as patriots. This has been a slow, gradual takeover that has been plugging along for more than 100 years. They don't reflect on their role.

In contrast, there was a woman (physicist) who came out after the California fires in an interview. She said, (paraphrased) "we didn't know, we were so compartmentalized, we didn't realize what we were developing/working on. Now seeing the California fires, we think this is what we are looking at. Is she part of an op? Who knows. Her delivery of disturbing information was more sincere. Then she disappeared from the internet. Here name: Ginny Silcox

Pompeo's Twitter is still up and running as is Giuliani's. Millennial Millie still has a Twitter. Parler is gone. Heard that is funded in part by the Mercer Family (no proof). How does that fit into the mix?

OMG, I am confused. I don't know what I don't know and maybe way off

on these people and the things they say.

Going back to buidling a farm.

CAF Notes & Links:

Watch the Vieira interview. Whatever is going on it is BS or bad news. If the military is given control, they is a 99% chance they will be working for the central bankers. Looks to me like most of this is entertainment to keep everyone busy while the politicians cut their deals and fund raise...and set honey traps for new domestic terrorism Law. ...remember Biden brought you the patriot act, private prisons/prison industrial complex and the exploding civil and criminal money penalties and big business.

Posted in the Subscriber Input discussion this weekend

<https://www.youtube.com/watch?v=-f4eLwWdVMk&feature=youtu.be>

Question:

Dear Ms. Austin Fitts;

Happy New Year;

Thank you for the COVID content and the other great information on the Solari Report. It is like having my personal CIA giving me intelligence briefings.

Rose and I are back in Clearwater Beach Florida until May. The Pinellas County Commissioners still force a mask mandate even though researchers at the University of Florida published a study that showed no COVID risk from asymptomatic persons. <https://rationalground.com/university-of-florida-researchers-find-no-asymptomatic-or-presymptomatic-spread/>

These masks are a BF Skinner type of operant conditioning. They are an extension of the TSA touching you and taking photos of you naked. It is a subjugation tactic.

Did you see the Tom Woods video from the Mises Institute that you tube censored? He did a great job ridiculing the politicians who cannot control

viruses with masks or lockdowns. He shows many examples of how cases go up after mandates. <https://mises.org/library/covid-cult> Saul Alinsky realized that ridicule is a potent weapon; we should make fun of the idiots and the evil ones who ignore the facts. I reply to every person who tells me that I have to wear a mask about the UofFL study. I tell them that the politicians will make them wear a muzzle for the rest of their lives.

Did you read the FDA documents for the Pfizer and Moderna vaccines?

<https://www.fda.gov/media/144245/download>

<https://www.fda.gov/media/144434/download>

There were no COVID deaths in the Pfizer trial and only one in the Moderna trial. More than 70,000 subjects were in these two trials. I expected to see 20-50 COVID deaths. The COVID death rate was way out of line with what the CDC has been reporting. Someone is lying somewhere I think. The CDC reported 336,779 COVID deaths in the USA for 2020, which is 1 in every 1,000 Americans as I predicted. 99.9% of Americans escaped death from COVID in 2020.

The USA total deaths are still hidden, but the Florida death numbers for 2020 are available. http://www.flhealthcharts.com/FLQUERY_New/Death/Count Florida deaths increased by 25,337, (206,975 in 2019 and 232,312 in 2020). Florida reported 21,990 COVID deaths for 2020 suggesting that most of the increase was from COVID. I expect that suicides and homicides went up in 2020.

The deaths and injuries from the vaccines will wake more people up including physicians and nurses. You saw the Nashville nurse with facial palsy.

<https://www.youtube.com/watch?v=wL2Hc1IzUsc>

Now there is a desperately ill physician.

<https://www.newswars.com/physician-in-mexico-admitted-to-intensive-care-unit-after-receiving-pfizer-vaccine/>

COVID is more effective than flu shots in suppressing influenza. Look at the

graphs of ILINet for the previous flu seasons and the current season.

<https://www.cdc.gov/flu/weekly/#S2>

CAF Notes & Links:

CHD – new piece on deaths – Ron Paul Report on nursing home – terrifying...described in CHD piece

Question:

Dear Catherine:

I hope the new year is shaking in well for you. Out with the bad leaves in with the new!

Some links for you:

In '19 on the day **Notre Dame** was burned, the **Masjid Al Aqsa** in **Jerusalem** was also set fire. A friend in Paris sent me the link , and if not for that I never would have heard a thing about it.

<https://scroll.in/latest/920266/jerusalem-fire-breaks-out-at-al-aqsa-mosque-around-the-same-time-as-notre-dame-cathedral-blaze>

Egypt:

Mosques in Egypt were closed for three months during the lockdown last year, and now we read of a new threat to close Mosques and limit Friday khutba to 10 minutes.

<https://menafn.com/1101374512/Egypt-Mosques-found-violating-anti-coronavirus-measures-will-be-closed>

I visit Egypt frequently and Mosques are usually overflowing into the streets on Fridays.

The funny thing is, when I was in Cairo in September and October, the *only* place I saw people social distancing was in and outside the mosques! I estimate masque usage in the densely-packed streets of Cairo to be roughly one in thirty. Just ballpark- it varies.

It's really a global push: Mr G fears public assembly, and congregational prayer seems to be viewed as a particular threat anywhere on earth.

* Any thoughts on **ivermectin**? Do you follow **Chris Martenson**? **YouTube** deleted his video in which he discussed the successful use of the drug. US

Customs appears to have impounded shipments of ivermectin coming into the country, and South Africa has flat-out banned this WHO-designated "essential medicine" since word has spread regarding its efficacy in destroying the Magic.

Regards-

RS

CAF Notes & Links:

To promote the "INJECTION" major effort to destroy availability of effective remedies. Plants that manufacture HCQ are blowing up.

Question:

CAF Notes & Links:

Question:

Hi Catherine,

Thanks for mentioning Britain and Italy in your Money & Markets yesterday. I have continued my journey to find out what's really going on. Please view these posted today and yesterday:

Robert David Steel, Simon Parkes, Charlie Ward

<https://www.youtube.com/watch?v=-R6q70LTidY>

Scott McKay – The Untold History Channel

<https://www.youtube.com/watch?v=JSgBVWG2tAw>

Nicholas Veniamin, Simon Parkes & Charlie Ward

<https://www.youtube.com/watch?v=DSItoNIeZHI>

Do you know all this? I didn't. We are within days of action; the magnitude of the information will be a lot for some to handle at once. Again, I am too nervous to submit this in the Subscriber Input column. I trust you know how and when to introduce it. Please keep me in the background.

One funny item: Biden did not hurt his foot in the shower; he is wearing an ankle monitor!!

I You will be UBER famous with the Planet Lockdown interview within the next few days. Who knows if YouTube will still be here next week?

Life will never be the same. God is in control and he is using Trump to fulfill His plan. These next few days will be the most important in the history of the world. Good vs. evil and good has won.

NOTES:

1. The last video of the three has had millions of views in the past days.
2. Scott McKay refers to "Monkey"; the monkeywexus channel tracks government and military aircraft movements, especially POTUS, VPOTUS, and recently travel to and from 5 -6 prisons throughout the world.

I'll not communicate personally again; this stealth mode thing is not my style but normal means cannot be trusted just yet.

Sincerely,

M

CAF Notes & Links:

Sounds like you are digesting a lot of disinformation. Not a good use of your time. Parkes has been a real disappointment on the US elections. Too bad.

Shadow Work

Take Action

Question: HN

Of stopping financing our enemies: Taxes

I'm all for not paying taxes, but don't relish losing my house or landing in prison. Is there any reliable guidance out there?

CAF Notes & Links

Has to be done with lawyers and local organization. I am reaching out to attorneys to help me reinvigorate the conversation.

State of Our Currencies

Conclusion:

Additional Resources

Send in questions:

Askcatherine@solari.com

