

# Ask Catherine

(December 9th), 2020

## **Introduction:**

Lots of discussion at Subscriber Input – pulled in some that had wider applicability Thanks for your questions!

## **Organized by Categories:**

Cash and Precious Metals

Going Direct Reset

Covid-19

Feedback

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Recommended Links

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Conclusion

## **Cash and Precious Metals**

Question:

Catherine,

What is the Dollar Syndicate going to do about the weak USD? I thought they needed to keep it strong?

Recent comment from Dr. Marc Faber:

“There are several reasons for my preference of investing in emerging market banks. Assuming the next President of the US will be Mr. Biden (although I suspect the elections were rigged) Mrs. Yellen will be Secretary of the Treasury. She distinguished herself at the Fed as a money printer and interventionist par excellence. At the Treasury, she will likely be the architect of state bailouts and possibly also bailouts of underfunded state pension funds. I doubt that burgeoning fiscal deficits will be US dollar friendly – to put it mildly. Therefore, my base case is for further US dollar weakness, which will likely lead to some recovery in emerging market currencies that were weak against the US dollar over the last twelve months.”

CAF Notes & Links:

**Question:**

Catherine,

I thought you might be interested to know – here in Ontario a small municipality is now accepting “land taxes” in Bitcoin.

CAF Notes & Links:

## Going Direct Reset

*Barr Question Thread Start..*

### **Question:**

Your respect and deference to Barr is misguided.

CAF Notes & Links:

### **In reply to**

I was not being respectful of Barr. I was respecting his representation of the Bush/Deep State. If Barr pulls the rug out from under the effort to document and litigate election fraud, it is because he has been told to and that reflects a major agreement within the Republican side of the Deep State and establishment. Barr's statement PLUS the DOJ statement of continuing the investigation (to control/see all documentation) took the odds of the Trump team chances way way down. That is simply the way it is. The people who control Barr control the conservative Judges on the supreme court and likely some or all of the state supreme courts in the swing states.

FYI – I believe my mother was assassinated by the CIA – the orders likely came from the Rockefeller Commission core group through G.H.W. Bush. Since Bush brought Barr to the CIA with him and these orders often are run through attorney client privilege, would not surprise me if Barr ran the target list. If I ever was able to get Barr under deposition I would grill him on why the Bush team used the CIA to kill my mother. And my father. I have published the story

of my mother's death here

<https://library.solari.com/real-deal-meditations-at-the-crossroads/>

So it is of the greatest irony that you find me respectful of Barr. Sign of the times.

Catherine

<https://www.rt.com/news/507402-wuhan-asymptomatic-cases-coronavirus-study/>

In reply to .

Here is an article about AG Barr.

<https://www.theamericanconservative.com/articles/william-barrs-connection-to-ruby-ridge-defending-fbi-snipers/>

CAF Notes & Links:

### **Question:**

In reply to

Thanks. The Report here was just contrary to what my eyes are seeing and I could be misled. As I said I think the FBI and DOJ were out of the picture with the Pentagon moves for a reason. This election fraud is the most serious thing I have ever seen. I'm here because the site is so adept at financial explanations, theory and forensics that are brilliant. Given that, discussion that suggests a Biden Presidency can be tolerated as simply a left/right dynamic does give me pause. I could have taken the tone of the interview more personal than usual. Monetarily I see that you must make

adjustments to survive and thrive in any environment, I just don't see how in a "technofascist" UN led world order.

CAF Notes & Links:

**Question:**

In reply to [Catherine Austin Fitts](#).

OK, but it was somewhat confusing because I actually think the FBI and DOJ are out of the mix for the most part. Doesn't Mr. Titus live in a county that is very pro-Trump. His very up front takes on Trump are hard core negative but I respect you 2 very much. Not to be funny but did President Trump not invite him to his birthday party or something?

CAF Notes & Links:

In reply to

I agree that the election fraud was very serious. Barr's saying what he said had – IMO – nothing to do with the facts. What he said was a clear indication of what he had been told to say which was to pull the rug out from under the Presidents legal teams. By doing so he significantly lowered the chances that they could prevail in court. In no way did I mean to suggest that a Biden Presidency would be tolerable – simply that the odds of it happening had risen significantly as a result of Barrs action. I will go back and listen to what I said.

For my entire life I have been asked to tolerate that which is intolerable. And I have done everything I can do to encourage enough of us to stop it, to not permit it. Ultimately, what is required will not be solved by a member of pro-centralization team. Trump

did FASAB 56. Trump helped shut down Main Street. Trump gave 10 billion for Operation Warp Speed. Trump put Microsoft into DOD with the Jedi Contract. Trump supported Gates over Kennedy on vaccines. And on.

If we do not fight back the technofacism will lead to slavery or death – the technofascism that is coming no

er who wins the White House. That said, I assure you I will be a happy camper if the Presidents attorneys can pull a rabbit out of the hat despite Barrs sabotage.

CAF Notes & Links:2<sup>nd</sup> Reply

In reply to

Trump's bad manners on Twitter and real bad behavior (as opposed the abysmal representation in the press) has cost him a lot of friends, appointees and caused a lot of very unnecessary trouble around the world. He still is significantly better IMO than Biden and Harris. BUT, I made a point that I have made 1000's of time that is still not getting through. We either shift the money one county at a time in 3100 counties or America is toast. That is why Trump got to be President. Because he was highly successful at distracting every Patriot in the country from touching and changing the real powerlines. While we all bathed in the entrainment and subliminal programming of the Presidential Elections and the related hope porn, the technofascists locked down the resources and control files they needed to engineer the control they now have to destroy independent producers so the money printers can have complete control. When you pray, pray the Republicans will hold the Senate because the one

thing that will slow them down is a well armed population.

**Question:**

Greetings, RL replies

I would say Bill Barr has had a colorful past, you may want to do a search on “William Barr Mena Airport”.

What I am looking forward is the release of the DNI Ratcliffe report to follow the instructions outlined in the Executive Order #13848 about Foreign Interference in U.S. Should be released by December 20th. DNI Ratcliffe has recently spoken about the China interference in many areas of American society and with the capture of the servers in Frankfurt we may see the fingerprints of China & Iran. What would be a blockbuster of information is if there was communication with these two countries with American citizens coordinating their efforts of voting interference.

Also it seems that a truckload of preprinted ballots were transported from a warehouse in Bethpage, NY and taken across States lines.

Is Bill Barr standing down? I doubt it. Just theatre to instill the continuing of wrongdoing of the many, many players on all levels. In other words let them continue to commit crimes as our legal system does not prosecute “pre-crimes”, at least at the moment.

This is not about the election, it is about the heart & soul of America.

CAF Notes & Links:

*Barr Question Thread Stop..*

**Question:**

Catherine, are you familiar with Joel Skousen <https://joelskousen.com> ? He sees Giuliani as Deep State (e.g. 9/11 cover up) and as sabotaging Trump's legal efforts with incompetent briefs, e.g. submitting them before evidence is available like from the hearings, then unable (unwilling?) to add it. He has similar criticism of Sydney Powell: poorly written briefs, incl. misspellings, repeating whole paragraphs, failing to include statistical evidence, Edison data analysis. Skousen says Trump doesn't know who's Deep State and who's not, so when he fires one he replaces him with another.

CAF Notes & Links:

**Question:**

Catherine – curious to get your take on this Executive Order, Trump signed this week. I don't think it was widely reported. (3 min. read)

Starts out:

President Donald Trump signed an executive order Thursday giving federal agencies a shared ethics framework for developing and using artificial intelligence, as well as expanding job rotation programs to increase the number of AI experts at agencies.

The executive order ties together several AI policies or proposals recently made at the agency or federal advisory council level, and doubles down on an executive order Trump signed in February 2019 making AI a top research and development priority for federal agencies.

The executive order outlines nine common principles agencies must meet when designing, developing or acquiring AI applications.

These principles build on AI ethics policies developed by the Defense Department and intelligence community.

These principles instruct agencies to field AI “where the benefits of doing so significantly outweigh the risks,” and ensure that AI applications are transparent, accountable and regularly monitored.

<https://federalnewsnetwork.com/artificial-intelligence/2020/12/trump-executive-order-looks-to-expand-ai-talent-pipeline-into-agencies/>

CAF Notes & Links:

**Question:**

Catherine, in case you haven’t heard yet.

<https://www.zerohedge.com/political/french-protesters-set-fire-central-bank>

From the article:

What we found most remarkable is that as rioting escalated, the protesters did something they have never done before (to our knowledge): they set fire to the facade of the central bank building in Paris.

Would love to hear your thoughts on this one.

I recall the power being cut same building recently. Seems that the French are upping their game. Bravo. I remain convinced that the power couldn’t have been cut off to the building if the electrical utility hadn’t been on board with the plan. Which only raises more questions...

CAF Notes & Links:

**Question:**

In order to withdraw a bit of cash from the credit union today, found out that they need a form filled out first. What the money is to be used for is one question on the form. This form wasn't the idea of the credit union according to the teller, but for government compliance. The justification for it seemed to be to not hold the credit union liable if a person was robbed with the cash on them. The staff was also trying not to laugh at it. The war on cash is getting incredibly obvious...

CAF Notes & Links:

**Question:**

Listening to Klaus Schwab really made me ask the question: Did the National Socialist's lose WWII or was it just the Germans? Because they sure seem to be alive and well in today's world.

CAF Notes & Links:

**Question:T**

In reply to [Catherine Austin Fitts](#).

Dear Catherine,

An update on the Common Law Movement.

There have been three Common Law Court Cases set up in our Public (Bricks and Mortar) Courts – 2 in Ontario – 1 in British Columbia.

Now to be clear – the courts themselves have not been commandeered – in other words the court cases have not been processed in the courts with the use of the Judges and other Court Staff.

Bur here is where the rubber meets the road (Where the electric meets the Magnetic?):

No one has been able to throw these cases out. They are on the books to move forward!

CBC (Our tax-paid equivalent to the British Broadcast Corporation [BBC]) – has requested an interview with Christopher James who is spear-heading the movement – awarriorcalls.com – email –

[awarriorcalls@outlook.com](mailto:awarriorcalls@outlook.com)

My gut is telling me this is about to explode.

Please consider an interview with Mr. James. Talk about grassroots and talk about getting control back locally. This movement runs exactly the same in the UK as so will as well in America – Common Law (LAW) vs. Civil Law (Legal).

Very simple. Very powerful.

This I believe firmly is a tipping point issue.

Sincerely,

CAF Notes & Links:

**Question:**

Even the little non important state of Idaho with 2 elector votes was affected

<see pic attached>to email

CAF Notes & Links:

**Question:**

Subj: Green New Deal land grab

Hi Catherine,

When you mentioned in your last visit with John Titus that "...the whole New Green Deal ... it's about stealing land and real estate," I realized that my personal situation is going to require that I get a crystal clear understanding of the detailed mechanics of exactly how the Green New Deal (inter alia, et al.) makes this land grab.

Searching for "Green New Deal land" turned up your illuminating discussions with Patrick Wood, the full text of H. Res. 109, etc..., but I think I still need to get way down into the weeds before I'll finally connect all the dots -- could you please point me to where I can make this deep dive...?

thanx,

CAF Notes & Links:

See Naomi Wolfe on New Green Deal

**Question: Dr.**

Catherine,

The pen may not be mightier than the sword but it's far more effective.

Which is to say, words count.

To wit: laws, contracts, prayers and, especially, the Constitution are nothing but words. But our lives depend on words, don't they?

You're guilty; you're free; you're married; you're divorced; you're

a citizen; you're my mother or my father or my child or my neighbor or my friend: words count.

If it proves to be true that there was voter fraud on the scale suggested, I propose that we breathe new life into the word *treason* and use it to resuscitate our liberties.

Treason is such an important word that it is specifically defined in the Constitution to mean an attempt to overthrow the government. If the facts related to widespread voter fraud cohere, what else are we talking about but treason?

I see that the sheriffs are beginning to stand up: proof for the existence of God, if you need it.

Let's the rest of us stand up, too, with one word on our tongues in the form of a question - treason?

Watch how fast a ship can turn when the passengers discover that the captain had been steering treason.

Warm regards, always.

Doc

CAF Notes & Links:

## **Covid-19**

### **Question:**

Just thought that I should share some news from the North-West. For the past two weekends a group of volunteers have been assisting

Informed Consent Washington to place banners in highway overpasses (I-5 and I-405 for the folks in the know) all across the Pudget Sound (From Olympia, to Tacoma and up past Everett). The banners read “COVID-19 Manufacturers Are Exempt From Liability” and “HealthyImmunityNow.org”. It was wonderful to meet other folks that were willing to put in the time and energy to help and talk to one and other. All I can say, it was a good feeling to get out there and push towards a positive goal with others. This was coordinated with an ongoing project from Del Bigtree.

A rally at the state capital (December 5), sponsored by Representative Vicki Kraft (17th district), brought together a coalition of Americans that numbered in the 150-300 range. The representative was adamant that people needed to become more active and engage their representatives on a steady basis. A quiet resolve, joyous spirit and a smoldering anger were present in many attending there. I now know which groups of people I want to stand with.

After talking with her on the steps of the Capital, she was unaware (but not surprised) about the data from Dr. Genevieve Briand from Johns Hopkins University. I informed her that both the CDC data and the WA Dept of Health statistics showed no excess deaths for 2019-2020 season. Ditto for California. The gritted and forced smile on her face told me all I needed to hear.

Not surprisingly, ANTIFA Black-block where there to provide a counter-point to the adult and responsible discourse. Lines of parked cars from the rally attendees had many of their windows broken. Police and state troopers were present, but it was the attendees (mostly sporting TRUMP, MAGA, Patriot banners and wearing pistols/rifles) that quietly moved the children (all white, 20-

some things) to the other side of the street. No injuries were seen or reported, but I was pleasantly surprised by the restraint showed by the rally attendees.

Hope you all had a great Thanksgiving!

CAF Notes & Links:

**Question:** Circulated by Franklin

Dear Patients and Friends,

Last week I must have been asked 20 times about the new COVID vaccines. Here are my thoughts. Please pass this information onto many as you can. People need to have fully informed consent when it comes to injecting foreign genetic material into their bodies.

1. The COVID vaccines are mRNA vaccines. mRNA vaccines are a completely new type of vaccine. No mRNA vaccine has ever been licensed for human use before. In essence, we have absolutely no idea what to expect from this vaccine. We have no idea if it will be effective or safe.
2. Traditional vaccine simply introduce pieces of a virus to stimulate an immune reaction. The new mRNA vaccine is completely different. It actually injects (transfects) molecules of synthetic genetic material from non-humans sources into our cells. Once in the cells, the genetic material interacts with our transfer RNA (tRNA) to make a foreign protein that supposedly teaches the body to destroy the virus being coded for. Note that these newly created proteins are not regulated by our own DNA, and are thus completely foreign to our cells. What they are fully capable of doing is unknown.
3. The mRNA molecule is vulnerable to destruction. So, in order to protect the fragile mRNA strands while they are being inserted into

our DNA they are coated with PEGylated lipid nanoparticles. This coating hides the mRNA from our immune system which ordinarily would kill any foreign material injected into the body. PEGylated lipid nanoparticles have been used in several different drugs for years. Because of their effect on immune system balance, several studies have shown them to induce allergies and autoimmune diseases. Additionally, PEGylated lipid nanoparticles have been shown to trigger their own immune reactions, and to cause damage to the liver.

4. These new vaccines are additionally contaminated with aluminum, mercury, and possibly formaldehyde. The manufacturers have not yet disclosed what other toxins they contain.

5. Since viruses mutate frequently, the chance of any vaccine working for more than a year is unlikely. That is why the flu vaccine changes every year. Last year's vaccine is no more valuable than last year's newspaper.

6. Absolutely no long term safety studies will have been done to ensure that any of these vaccines don't cause the cancer, seizures, heart disease, allergies, and autoimmune diseases seen with other vaccines. If you ever wanted to be guinea pig for Big Pharma, now is your golden opportunity.

7. Many experts question whether the mRNA technology is ready for prime time. In November 2020, Dr. Peter Jay Hotez said of the new mRNA vaccines, "I worry about innovation at the expense of practicality because they [the mRNA vaccines] are weighted toward technology platforms that have never made it to licensure before." Dr. Hotez is Professor of Pediatrics and Molecular Virology & Microbiology at Baylor College of Medicine, where he is also Director of the Texas Children's Hospital Center for Vaccine Development.

8. Michal Linial, PhD is a Professor of Biochemistry. Because of

her research and forecasts on COVID-19, Dr. Linial has been widely quoted in the media. She recently stated, "I won't be taking it [the mRNA vaccine] immediately – probably not for at least the coming year. We have to wait and see whether it really works. We will have a safety profile for only a certain number of months, so if there is a long-term effect after two years, we cannot know."

9. In November 2020, The Washington Post reported on hesitancy among healthcare professionals in the United States to the mRNA vaccines, citing surveys which reported that: "some did not want to be in the first round, so they could wait and see if there are potential side effects", and that "doctors and nurses want more data before championing vaccines to end the pandemic".

10. Since the death rate from COVID resumed to the normal flu death rate way back in early September, the pandemic has been over since then. Therefore, at this point in time no vaccine is needed. The current scare tactics regarding “escalating cases” is based on a PCR test that because it exceeds 34 amplifications has a 100% false positive rate unless it is performed between the 3rd and 5th day after the first day of symptoms. It is therefore 100% inaccurate in people with no symptoms. This is well established in the scientific literature. See the attachment (False Positive PCR testing is up to 100%!) for more information on this. If you go to the CDC site ([file:///C:/Users/docto/AppData/Local/Temp/cdc\\_97230\\_DS1.pdf](file:///C:/Users/docto/AppData/Local/Temp/cdc_97230_DS1.pdf)), you can see that the weekly death rates in the US are now lower than they normally are during an average flu season.

11. The other reason you don't need a vaccine for COVID-19 is that substantial herd immunity has already taken place in the United States. This is the primary reason for the end of the pandemic.

12. Unfortunately, you cannot completely trust what you hear from the media. They have consistently got it wrong for the past year.

Since they are all supported by Big Pharma and the other entities

selling the COVID vaccines, they are not going to be fully forthcoming when it comes to mRNA vaccines. Every statement I have made here is fully backed by published scientific references.

13. I would be very interested to see verification that Bill and Melinda Gates with their entire family including grandchildren, Joe Biden and President Trump and their entire families, and Anthony Fauci and his entire family all get the vaccine.

14. Anyone who after reading all this still wants to get injected with the mRNA vaccine, should at the very least have their blood checked for COVID-19 antibodies. There is no need for a vaccine in persons already naturally immunized.

Here's my bottom line: I would much rather get a COVID infection than get a COVID vaccine. That would be safer and more effective. I have had a number of COVID positive flu cases this year. Some were old and had health concerns. Every single one has done really well with natural therapies including ozone therapy and IV vitamin C. Just because modern medicine has no effective treatment for viral infections, doesn't mean that there isn't one.

Yours Always,  
Frank Shallenberger, MD, HMD

#### References

Garade, Damien (10 November 2020). "The story of mRNA: How a once-dismissed idea became a leading technology in the Covid vaccine race". Stat. Retrieved 16 November 2020.

CAF Notes & Links:

## Question:

Catherine, A friends and fellow health freedom warrior, Brandy Vaughn of LearnTheRisk.org & former pharma rep turned truther about the Vioxx scheme, was found unresponsive by her 10yr old son today. She was always worried about being poisoned or something by the threats she constantly endured. After what you have been thru I thought this was an important story to share with your readers. Her friend Erin Elizabeth said it best in her post. [https://www.healthnutnews.com/my-long-time-friend-and-learn-the-risk-founder-brandy-vaughan-found-dead/?fbclid=IwAR3gyGNuKff031QC8-pRRvWHhaQd3IDBW5PGwmmNcIWTUiNd\\_JFmk1AnfLo](https://www.healthnutnews.com/my-long-time-friend-and-learn-the-risk-founder-brandy-vaughan-found-dead/?fbclid=IwAR3gyGNuKff031QC8-pRRvWHhaQd3IDBW5PGwmmNcIWTUiNd_JFmk1AnfLo)

Friends of mine in the healthfreedom movement are getting her son out of Foster Care to place him with Godparent until the grandparents can get here from another country to get him. Or whatever the plans are for that poor baby. Good people are watching out for his safety. Praying for his recovery & healing is important, so Solari family crank up the prayer circles!

Brandy was always afraid this would happen & posted to us many messages that she would never kill herself and has never taken drugs that could kill her & if she was found dead that it must be a professional. California Leg opens up this week I think & she had plans for various bills etc...

Support LearnTheRisk.org by going to the site, purchasing info flyers & bumperstickers & Brandy's famous billboards about vaccines her org made sure were everywhere. There is a lot of information on the dangers of vaccines & Brandy's story is an important one. Thank you for all you do. xo Jen Walters

CAF Response:

We have donated and posted the crowdfund

## AT LAST A LOGICAL EXPLANATION FOR MASKS

Still thinking masks are more about hiding appearance and not necessarily because of criminal activity. Noticed on the CCTV vote counting in Georgia that people couldn't be identified because of masks, only by clothing color. Please! More importantly, what else do masks hide? Just keep thinking back and am seeing what looks like patterns and continuity.

### **Feedback**

#### **Question:**

I am writing this at 3:45pm from Los Angeles CA. I hope this is posted soon! My positive thinking is very low on fuel after today. My day began with the news our church will be cancelling the annual Christmas chorus performance so my kids will be sad & they are still forcing masks & every Sunday church goers gather in the school's blacktop play yard 6ft apart, rather than our pretty church across the street. Next I was yelled at by a teen in a mask while walking my dog (my big dog and I were mask free & she was lucky Bandit, a mastiff/shepard giant, listens to me, he started to growl. She screamed "People like you are terrorists!" I said, "Bless you heart", just my Mom would have done & walked on. Finally while

getting gas I saw a Mom walking with her tiny daughter, probably 5, when the little girls mask fell off & she started screaming “covid covid I am breathing covid!” If my kids weren’t in the car & I was in the middle of pumping gas I would have given her a print out of Hugs over masks from Dr Tenpenny or multiple articles & handouts I have at the ready for times like these. So, my day has been sad. I’m grateful my boys 14 & 9, the oldest vaccine injured & his baby bro vax free, are not afraid of air, infections and are enjoying having me as a homeschool teacher. But watching my fellow Americans fall for this cabal is awful. As a nurse I know something weird is out there, but it seems to be linked to my patients who got a flu shot or have massive co morbids. I volunteer for several docs who are cash only & think like I do so no one I know has passed from covid illness. But the increase in those horrific PCR tests are a nightmare. The brainwashing is high and the terrorist comment is becoming more prevalent. So hurry Catharine! Send me a message of light & positivity! xo Jen

CAF Notes & Links:

**Question:**

Mainstream news in 2020 is like Solari Report in 2014

Weather Modification:

<https://www.cnn.com/2020/12/03/asia/china-weather-modification-cloud-seeding-intl-hnk/index.html>

Transhumanism

<https://www.nbcnews.com/politics/national-security/china-has-done-human-testing-create-biologically-enhanced-super-soldiers-n1249914>

Richard Werner, author of *Princes of Yen*, describes certain agencies visiting him and certain forces trying to block publishing of his book on central banks.

/first ten minutes before interviewer cuts him off “enough about conspiracy theories”/

<https://m.youtube.com/watch?v=Zaabewwvf3w#>

Catherine, hope you have a chance next year to do some research into the human genetic engineering aspect of covid and gene editing the next human. I have a feeling once 5G and the digital currency are out, the next step will be to create a caste system based on genetics. ones who have IQs and lifespans above the mean and those limited by their genes.

God bless and thank you for everything

### **CAF Notes & Links:**

#### **Question:**

Dear Catherine Austin Fitts:

Your information, intelligence, strength and bravery are extremely comforting and inspiring. Also, your recommendation introduced me to the film “Unstoppable.” I watch it whenever my “cowardly lion” needs to find some courage. I am much obliged.

### **CAF Notes & Links:**

#### **Question:**

Catherine – It is a joy to get to know you through listening to your wise & knowledgeable commentary and your stories. I am reminded of two sayings that I hold very near and dear. 1) “The unexamined life is not worth living” and 2) the profound wisdom of the Oracle at Delphi, “Know thyself”. You are so accomplished and an

extraordinary leader. A truly outstanding example of someone having put the wisdom stated above, into conscious practice. We are so lucky to know you, and have you in our midst.....many, many thanks and good wishes.

CAF Notes & Links:

**Question:**

Hello Catherine

I am a 38 yo pathologist in France with a 7yo wonderful daughter. I have recently divorced, moved to a new town and got into XXX euro of debt.

I have arrived at the same analysis of the current situation (spiritual warfare led by psychopathic elites) and the solution to it (getting ourselves out of the mess with love and light) on my own.... But a little late

Are you up for a challenge and use your experience and tremendous brain power and help me build a plan?

I am grateful that my eyes are fully open now and I believe I have still time to free myself enough from debt, build community and fight the biggest of fights fiercely. I know exactly the world I want for my daughter and I'm willing to die for it.

Thank you for existing in the way you chose to exist, I didn't know who you were before the Instagram with Bobby Kennedy, but I can tell our souls came from the same source.

God bless you and give you strength

CAF Notes & Links:

**Question:**

Hi Catherine

I cant thank you enough for your work and sacrifice for all of us. I will be moving to Tennessee soon and spreading the message and doing my part to help build communities of the future.

My question is how do you define spiritual maturity and what is involved with growing up spiritually?

Thank you Again!

CAF Notes & Links:

Solari Reports:

Spiritual Warfare with Jon Rappoport

Spiritual Warfare with Franklin Sanders

The Power of It with Jon Rappoport

Books:

The Road Less Traveled by Scott Peck

The People of The Lie by Scott Peck

**Question:**

In reply to [Catherine Austin Fitts](#).

Thank you for the thorough response. I feel the same way. The only reason I care currently about public facing news is because we are trying to hustle our property on the market and get to a sane rural

area before public perception actually tanks the real estate market. We are blessed enough to be in an area where the market skyrocketed due to California, Oregon, and Washington getting blown out by lock downs and fires. We are figuring out an appropriate time table and selling strategy. I am in camp “price to sell fast and pray for the best”. Other than that we have everything else lined up and ready to go.

Even though everything is insane in terms of markets, I have no doubts the mind control can drag out public perception. We talked to a local in our city, and he was considering moving to Spokane, Washington. I guess we do not have to worry too much about real reality, but the Mickey Mouse Toon world puts MC Escher to shame.

Now that Q has magically disappeared in the moment of truth, the Q-vidians are asserting Q finished what he came to do, asserting maybe Bill Bar still might do what is right, and celebrating martial law, because that is what Lincoln did. Forget that Lincoln was the pro centralization face during the 1800’s. Along with all the other horrible war crimes, silencing Newspapers, etc etc.

The Qvidians are far more scarier than the Covidiot.

CAF Notes & Links:

In reply to Covidiot

**Question:**

In reply to [Catherine Austin Fitts](#).

A neighborhood friend is a big Q anon follower. She gave us this big propaganda picture book about how Q is saving the republic, where it has large meaningless rhetoric plastered over inspirational America-centric imagery, while she was trying to explain how the

chemtrails are only just for anti missile defense systems.

And we responded, “Yeah and the vaccines just immunize you from Chinese Propaganda”.

CAF Notes & Links:  
Unbelievable.

**Question:**

Happy Sunday Catherine!

You have talked about how the vaccine, military, and central banking interests are attempting to sneak up on the herd without spooking them, avoiding a connect-the-dots stampede in the general population.

With the military already tasked with distribution, as well as talks about debt relief or free money for getting vaccinated, as well as the looming “everything” bubble, it is increasingly harder to keep the herd asleep. Further more, General Flynn(source: [https://www.huffpost.com/entry/michael-flynn-martial-law-new-election\\_n\\_5fc7d3e6c5b6f3fe59724a45](https://www.huffpost.com/entry/michael-flynn-martial-law-new-election_n_5fc7d3e6c5b6f3fe59724a45)), along with other Q-vidians and pro military people are openly floating invoking martial law in regards to righting the election fraud.

Feasibly, what are the possible scenarios that are actually feasible? Will they attempt to launch everything at once? Will they launch the vaccine, more lockdowns, and then crash? Is this talk of martial law just to get conservatives on board? Is the martial law talk just a bargaining chip, like “If you take this election, we ‘will invoke martial law and destroy your herd round up plan”. It is made even more complicated by how much of Trump’s personal brand is tied into the operation warp-speed vaccine. I am having difficulty

delineating between same sides and opposing sides, as well as what the intended order of operations is. Obviously, the future is very fluid, but what are the possible likely scenarios/orders of operation?

On the face of it, they would need to turn up the heat slow, no?

**Thank you in advance for your insight!**

CAF Notes & Links:

**Question: Steven**

In reply to [Catherine Austin Fitts](#).

I started listening to books (non fiction for the most part) on cassette tapes forty years ago because I could not stand the news or if I found something of interest on talk radio, the commercials.

My area of intense interest has been medicine and biotech. So when this covid thing came along, I was suspicious from the beginning.

I live in Minnesota

where there are few Solari subscribers. And I now have, for the sixth year, been able to listen in the car

Wherever I go. Thankyou Catherine for being my greatest source of non fiction.

Catherine, I've lost all my friends and family to the covid narrative, all of them. So at this time boy do I need a pep talk. Thanks.

**Question:**

Hi Catherine,

Saw your interview with RFK jr. He's so smart and courageous about vaccines, toxins and tyranny but blind to the green mask. He is happy Kerry is being appointed to climate czar, really misses the boat on this one.

Naomi Wolfe, another smart lib who sees tyranny of lockdowns but again, can't see Kerry et al are virus masked in nice clothes, mouthing the right words, to fool the immune system.

RFK respects you. Keep up the wise counsel to show the truth.

Keep up the conversation.

God bless,

CAF Notes & Links:

**Question:**

Hello Catherine,

Thanks again for the intel you provide us.

I have elderly parents who rely heavily on fixed income from an annuity, CALSTERS pension, and social security. They do own debt free real estate and a small stash of physical precious metals as a hedge. Without giving specific advice, as you rightly decline to do, what else might they consider doing to fortify their financial situation given both CALSTERS and Social Security will likely disappear and who knows, perhaps their annuity will also be in

jeopardy. Their annuity and cash savings represent a modest sum that would be foolish, IMO, to put at high risk of loss. Any low risk options you could suggest that they may consider would be appreciated.

Warm regards,

First step - Make sure excellent credits

Cash to income generating options on real estate or equities – need a profession

CAF Notes & Links:

Question:

So the shortages are back.

But why?

The farmers say they have so much crop, they have to bury it or burn it because it isn't selling.

The food PROCESSORS say they can't get enough trucking to bring the food in . . . . while the TRUCKING industry says there is no demand for trucking . . .

All of which converts to . . . no food at the supermarkets.

Somebody (very big) is playing games with the food supply.

The bottleneck is between the farms and the processing companies. The bottleneck is NOT either the farmers or the processing companies. Some "middle man" is screwing around.

That middle man needs to be identified, personally intercepted, and be dealt with in a way that prevents future interruption of the food

supply.

We know who that middle man is... MR GLOBAL. The very same asshole we are fighting for our Country. It pays for him to keep us scared and on the edge of hunger.

CAF Notes & Links:

Question:  
Catherine,

I know I sent something last week on this... sounds like the CHD and Dr. Paul articles rang some bells.... also I am "slowly" transitioning from gmail to Proton, so I still receive notices on Gmail... i could find the email by searching and may have hit something odd, but can not get it to show in my primary folder... in my wife's Gmail, it shows as a "promotion". Shadow work continues and your alerting the lions is appreciated.

May our Lord and Savior, Jesus Christ Bless and keep you this week!

PS: Signed a Raw Milk herd share over the weekend, and had the two oldest see the milking at the farm. They support Farm to Consumer Legal Defense fund as well and from what I understand, the Farm to Consumer Legal Defense Fund helped them on their herd share agreement contract.

PPS: One other question - I am interested in setting up a computer along the guidelines of your cyber security. Does your team have any recommendations on the hardware itself if buying new and the

set up. I am reasonable tech savvy if I can be pointed in the right directions - otherwise it becomes a large time project seeking the right items... for example, having ethernet, but no 5G, etc... and is it possible to accomplish this in a laptop. I have some high octane speculation on the 5G push in wireless cards, but should get day started.

CAF Notes & Links:

If he sufficiently tech savvy. He should Ubuntu Desktop on his laptop. Past that, get a new Apple laptop. Be sure and stay away from all Microsoft products.

Other input welcome

**Question:**

Catherine, Have you ever heard a remote viewer, like Ingo Swann, ever "journeyed" to underground bases?

I see both Stevie Nicks and Bob Dylan have sold their sold catalogs recently. Any insight why they would as it seems over the last 2 years other recording artists have sold their catalogs or parts of them.

CAF Notes & Links:

Ask Dolan – his wife Tracy is a remote viewer and should know.

## Health

### Question:

My wife's Grandmother spent the last 9 months or so in a care facility while a home was purchased suitable to bring her home to. She's struggled with alzheimers for the last 7 years plus. She was doing well and beginning to thrive amid new social contact. Then lockdown and only being able to see her through her room window, if at all.. Last prep was completed for her living accomodations and care, and my Mother and Father-in-Law brought her home. She stepped out of there with no coat, dehydrated, emaciated, and died 10 days later. Her funeral (no viewing allowed, no more than 25 in attendance) is this coming Tuesday. I agree very strongly that this is targeted. The recent articles describing the Biden "Child Care, Elder Care and Pre-School" program (775 Billion proposed funding?) is very alarming to me.

CAF Notes & Links:

### Question:

Catherine,

Good evening/morning in Europe.

I wish all is well and continue to appreciate all you do and make available to your subscribers. You bring a lot of clarity to the current environment, which is invaluable.

I have been hoping to pass more intelligence and due to health and the Blessing of a new son, Simon Peter, born on 10/21, have been fairly busy! So will focus on getting this out in case I am called a way.

A few weeks back I tried to send something about our Pediatrician, Dr. Paul Thomas. He was featured briefly in Vaxxed 2 and has been a strong proponent for those concerned about vaccine damage in the Portland area, sponsoring a bus trip to Salem in April 2019 to protest vaccine mandates on the Capital steps. We had a huge crowd - it was awesome. I had a few more details in the email, but CHD did a nice piece, link below, in the last couple days which summarizes some of the items regarding insurance companies working to limit access to his practice. I submitted a letter for the court and was requesting any advice of what is best to include, etc... This may be of use to other members that see similar shadow work in their locals.

I also included the Oregonians for Medical Freedom post and his 3rd party reviewed paper of a 3rd party statistical survey of his practice. I could spend a while going through the results - but I think a few charts stand out and the analysis reviews do a good job pointing these out. Figure 3 relative incidence of office visits - if one thing about the total time lost to parents, businesses and quality of life for the children it is immense. It is also an annuity for doctors that administer vaccines, because as Figure 4 demonstrates, the total number of apparently unrelated diseases keep coming parents back. The doctors have an incentive not to notice, and the parents think it is bad luck... it isn't luck... as the Oregonian for Medical Freedom post shows, if we keep doing the same thing, it is practically guaranteed a child will become ill... as this becomes more pervasive, people will think their family is genetically

"predispositioned" for one disease or another, not realizing their bodies react similarly to the same poisons...

Pulling together what you have mentioned a number of times... Pottenger's cats show poor food impacts healthy, injection damage reduces further, add EMFs and you have a weakened population, made that way over generations. Very scary picture Mr. Globaloni is playing.

[https://childrenshealthdefense.org/defender/support-dr-paul-thomas/?utm\\_source=salsa&eType=EmailBlastContent&eId=55570d4a-cc58-40eb-a671-cda9ce1c8d5e](https://childrenshealthdefense.org/defender/support-dr-paul-thomas/?utm_source=salsa&eType=EmailBlastContent&eId=55570d4a-cc58-40eb-a671-cda9ce1c8d5e)

One last before I send. The Pacific Northwest seems to be hit very hard with the aerosol spraying which impacts my health quite a bit and has gotten worse as the year has progressed and even more so since the fires. I spoke to my naturopath and she said all of her patients have been having worse health. She mentioned the "Billions Looted from the Masses" crew using banned chemicals, but I didn't press what else could be causing it. Around December of last year, I recall one of our media outlets commenting there would be 5G testing and it has been mum since. Around the same time the shape (more cloud like drifting over) and manifestation, trails dissipate faster started to change and a clear "dirty cloud" separating and dropping to earth from the main still not normal "whitish" cloud. Also the direction and now we have had what seems like inversion/fog well outside the distribution. Side note - our local state rep warned of fires several days before due to "high winds" despite saying she would be quite due to 60-days to the election... since that fortuitous event, she has sent an almost daily dictocratic

email that I have simply stopped reading. Regardless, I wonder if they are doing a test of which aerosols work best with the 5G networks. The question - is there a region of the country which is hit less with the aerosols. Most of my normal contacts say they are gone or don't even seem concerned about them anymore... but when I did a 4 city hop in 36 hrs last summer it seemed there were fake clouds hovering over all of them...

Thank you again for all you do. Please have a most Blessed Christmas and Happy New Year!

CAF Notes & Links:

[https://childrenshealthdefense.org/defender/support-dr-paul-thomas/?utm\\_source=salsa&eType=EmailBlastContent&eId=55570d4a-cc58-40eb-a671-cda9ce1c8d5e](https://childrenshealthdefense.org/defender/support-dr-paul-thomas/?utm_source=salsa&eType=EmailBlastContent&eId=55570d4a-cc58-40eb-a671-cda9ce1c8d5e)

## **Local Gatherings**

Darlene:

I've got an interesting situation developing with respect to hosting my get-together for the Solari subscribers. I've selected a nice public park environment for the meeting, but we're now getting the noose tightened around our necks by the Governor here in California, and we're all being told to not leave home unless it is absolutely necessary.

The park that I've chosen does not have any gates locking it up, and today I'm noticing they're beginning to do this with the other parks in the area, and I'm guessing they will all be locked up by the weekend.

So if I host the event there is the possibility that someone could call the police to break us up...or not.

I'm thinking that I could mention this to all six of the other people who have told me that they want to attend, and then let them decide individually what they want to do.

So in doing this I may have anywhere from zero to six other people who still want to meet with me, and I wanted to ask your opinion about doing this.

Please let me know.

**Thanks!**

CAF Notes & Links:

**I can not advise you on what to do.**

What I would do in such a situation would be to read the state issued guidance carefully and talk to an attorney about related laws and regulations - so I would get intellectual mastery of what the law said. I would also read what the local Sheriff(s) in that jurisdiction advised regarding enforcement.

I would share all of that information with the six people so they can assess and inform a shared intellectual mastery . What each person does requires them to take individual responsibility .

Then I would pray on it.

Each person, each place is unique - and the most intelligent pathway requires a deep understanding of the details - particularly regarding law and regulations.

Hope that helps.

Catherine

## **Recommended Links**

### **Question:\**

Maybe the Starlink sub-reddit? <https://www.reddit.com/r/Starlink/>

This site's members include cellphone telco engineers:

<https://howardforums.com/forum.php>

PR/overview:

<https://caseyhandmer.wordpress.com/2019/11/02/starlink-is-a-very-big-deal/>

CAF Notes & Links:

**Question:**

In case someone is interested – found these resources on the BIS and Swiss National Bank CBDC-related Project Helvetia:

<https://www.bis.org/publ/othp35.htm>

(disclaimer: have not read the PDF, just checked out the video)

CAF Notes & Links:

**Question:**

[https://articles.mercola.com/sites/articles/archive/2020/12/01/anti-vaccine-propaganda-censorship.aspx?](https://articles.mercola.com/sites/articles/archive/2020/12/01/anti-vaccine-propaganda-censorship.aspx?ui=9cecad857fddaa82e6fc16e1ed7a7a96e113f29f84a73e6181c260103868ae95&cid_source=dnl&cid_medium=email&cid_content=art1HL&cid=20201201_HL2&mid=DM734805&rid=1024208465)

[ui=9cecad857fddaa82e6fc16e1ed7a7a96e113f29f84a73e6181c260103868ae95&cid\\_source=dnl&cid\\_medium=email&cid\\_content=art1HL&cid=20201201\\_HL2&mid=DM734805&rid=1024208465](https://articles.mercola.com/sites/articles/archive/2020/12/01/anti-vaccine-propaganda-censorship.aspx?ui=9cecad857fddaa82e6fc16e1ed7a7a96e113f29f84a73e6181c260103868ae95&cid_source=dnl&cid_medium=email&cid_content=art1HL&cid=20201201_HL2&mid=DM734805&rid=1024208465)

**STORY AT-A-GLANCE**

British and American intelligence agencies are collaborating to eliminate “anti-vaccine propaganda” from public discussion using sophisticated cyberwarfare tools

According to Imran Ahmed, chief executive of the Centre for Countering Digital Hate, anti-vaxxers are “an extremist group that pose a national security risk,” because “once someone has been exposed to one type of conspiracy it’s easy to lead them down a path where they embrace more radical world views that can lead to violent extremism”

In September, the U.S. Department of Justice (DOJ) seized 92 online domains suspected of belonging to Iraqi government-backed militia. Seizures were done in collaboration with the FBI, Google, Facebook

and Twitter

In November, the DOJ seized 27 online domains — including the American Herald Tribune — suspected of being founded by Iranian interests

Among the websites cited by the Centre for Countering Digital Hate as promoting extremism that poses a national security risk to the U.K. are Mercola.com, Children's Health Defense, the Informed Consent Action Network, the Organic Consumers Association and the National Vaccine Information Center

I've been warning you about the seeming inevitability of mandatory COVID-19 vaccinations for several months now, and have discussed the ever-tightening grip of media and online censorship even longer.

As an independent source of health news, Mercola.com has been in the crosshairs of globalist interests for years, and the attacks are intensifying with each passing day.

CAF Notes & Links:

**Question:**

Hello Catherine,

thanks for your answer regarding my question for Jon's novel.

I'm also happy to have found someone else who is totally into Jon's work (and even produced some material with him I wasn't aware of) :)

I wrote a book that's heavily influenced by Jon's "philosophy of imagination" and tries to grasp its essence. It's still in the working phase, if you're interested in giving it a quick look and some

feedback I'd be very happy. I'll attach it for you.

Thank you and I wish you a great day.

CAF Notes & Links:

### **Shadow Work**

**Question:**

CAF Notes & Links:

### **Take Action**

**Question:**

CAF Notes & Links

### **Conclusion:**

**Question:**

CAF Notes & Links

## **Additional Resources**

**Lots to talk about in M&M this week! See you there shortly.**

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**Send in questions:**  
[Askcatherine@solari.com](mailto:Askcatherine@solari.com)  
**Subscriber input**