

From: The Solari Update <communicate@solari.com>
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Solari Report Update



Best of the Solari Report: Making Your New Year Resolutions Powerful - December 29th

To

"The information that you share not only has changed my life but possibly even saved my life... Catherine, your site is so unique in that it not only informs us of the world as it is but helps to illuminate in how it could be. I'm writing to inform you of how the information discovered on Solari has changed my path going forward." ~ A Solari Report Subscriber

If there is one thing I know about Solari Report subscribers, it is that each of you is unique. That means when you focus on your new years resolutions for 2017, you will have a wide variety of interests.

To help inspire you, here are interviews with some real masters from our full Solari Report libraries with ideas to help you craft your new years resolutions:

Items marked with an asterix (*) are open to the public.

COMING CLEAN

Coming Clean is the name we give for cleaning the corruption out of our lives – out of our minds and spirits, our bodies, our pocketbooks and our homes.

[Article: Coming Clean*](#)

Eunice Boston is the master of how to manage your home and work spaces in a

manner that will enhance their beauty, and also help nourish your spiritual and personal well being. She never ceases to amaze and inspire me – not to mention, she saved my life! She tells the story here.

[Coming Clean: Transforming Lives through the Power of Cleaning*](#)

In **Coming Clean: Detox Power**, Dr. Laura Thompson walks you through critical techniques to help you detox from hard times and environmental pollution.

[Coming Clean: Detox Power](#)

The health care system can be a dangerous place to be unless we provide clear legal power, authorities and directions to those who support us. This is a topic we love to avoid, but doing so can save your life or the lives of those you love – both young and old. Attorney and author Jo Kline Cebuhar makes this an easy and understandable topic in two interviews:

- [Health Care Proxies](#)
- [Health Care Directives](#)

Jo also did a great interview with me on death – a topic that is not popular in many Western cultures. That's too bad, because sharing this passage with those we love can be a remarkable transformation for us all. As a culture, it would be wonderful if we could all come clean about our fear of death.

[Managing End-of-Life](#)

BUILDING FINANCIAL WEALTH

One of my favorite books on building wealth is *Family Wealth – Keeping It in the Family: How Family Members and Their Advisers Preserve Human, Intellectual, and Financial Assets for Generations* by attorney Jay Hughes. Hughes wrote it to help wealthy families stay wealthy. However, the same practices can help you become wealthy too. Jay joined us on the Solari Report to discuss what he has learned over a lifetime of helping families manage their wealth.

[Family Wealth](#)

Sometimes the best way to build wealth is not to lose what you have. Financial fraud is a serious problem in the developed world. One of the most pernicious is Identify Theft. Top author and journalist Bob Sullivan describes what you can do to protect yourself.

[Identity Theft: Avoiding It If You Can, Surviving It When You Don't](#)

Every Solari Report subscriber has heard me say often how important it is that they learn about the techniques used to manipulate us with digital media and electronics. Adam Trombly's discussion with me on entrainment technology is a must

[Entrainment, Subliminal Programming and Financial Manipulation](#)

This year we started to help our readers explore how these techniques are used to market a wide number of addictions, which lead to publishing several book reviews:

- [Book Review: Your Brain on Porn: Internet Pornography and the Emerging Science of Addiction*](#)

- [Book Review: Addiction by Design: Machine Gambling in Las Vegas*](#)

Then of course there is our great interview with Dr. Robert Lustig about Sugar Addiction.

[Sugar Addiction: Getting It, Ending It](#)

If you or someone you love is struggling with addiction, which is compromising personal health and financial wealth, it may help you to understand the powerful technology that may be involved in covertly creating and maintaining your addiction.

DEEP SURVIVAL

We are in a period of change, learning to live with rising levels of uncertainty. It helps to get out of trying to predict the future and into to creating our future. This starts with being prepared to succeed in a variety of future scenarios.

One of my favorite books and Solari Report interviews is with Laurence Gonzales, author of *Deep Survival: Who Lives, Who Dies and Why*. Gonzales interviewed people who have survived extraordinary wilderness survival experiences. He distilled the survivor lessons down into “twelve rules of survival” that are essential skills for everyone to learn and apply.

[Deep Survival with Laurence Gonzales](#)

One of the tools that I use to great the future with confidence and for investment strategy is scenario thinking. You will find our annual scenarios in the Solari Report Annual Wrap Up. This year the best scenario thinker I know joined us on the Solari Report.

[Scenario Thinking with Eric Best](#)

Well, there is lots more in the Solari Report archives if you have digested all of these. So send your questions if you are looking for something else or want more.

On behalf of the Solari Team, my best wishes for a happy, healthy prosperous 2017 for you and yours.

Catherine Austin Fitts

From The Site

January 05th

2016 Annual Wrap Up - News Trends & Stories Part I

January 12th

2016 Annual Wrap Up - News Trends & Stories Part II

[Subscription Only: Money & Markets - December 23, 2016](#)

[Subscription Only: From Lucca Films: The Finders](#)

[Subscription Only: Money & Markets - December 16, 2016](#)

[The Magic of Stavoren](#)

[Follow the Money: Booz Allen Hamilton vs. Goldman Sachs vs. Treasury Bonds vs S&P 500](#)

[Subscription Only: Money & Markets - December 9, 2016](#)

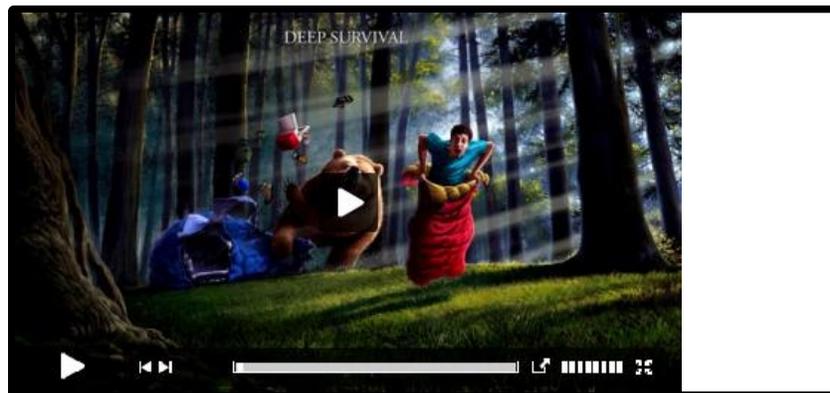
[Subscription only: Who is Interested in a Lunch in Louisville?](#)

[Book Review - Your Brain on Porn: Internet Pornography and the Emerging Science of Addiction](#)

[Subscribers: Money & Marketes - November 25, 2016](#)

Just a Taste! - Best of the Solari Report: Making Your New Year Resolutions Powerful

Just A Taste: Best of the Solari Report; Making Your New Year's Resolutions Powerful



Subscribe Now & Receive Your Solari Coin or Wrap Up!

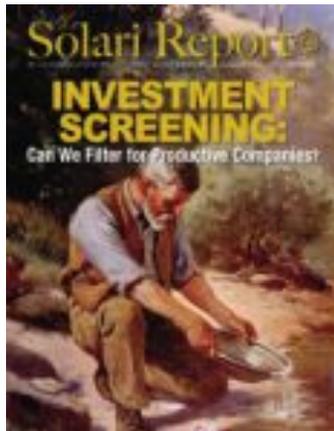
Purchase a yearly subscription to the Solari Report and receive Solari Coin!

Offer Ends January 14, 2017



The **Solari Coin** is a one ounce, silver round designed by Ben Lizardi of Lizardi Studio. The coin design features a solar armillary (the Solari logo) on one side and the horsemen of the Knights Templar on the other side. This coin is representative of Solari's purpose: to align interests, protect, guide, and lead through troubled times

Purchase a 6 month subscription to the Solari Report and receive printed, soft cover book: 3rd Quarter Wrapup- "Investment Screening – Can we filter for Productive Companies?"



Solari Report subscribers receive:

- Access to the complete Solari Report audio archive (currently over 200 reports)
- Solari Report transcripts and Quarterly / Annual Wrap-Up web presentations
- Send your questions to Ask Catherine weekly
- Special reports and alerts throughout the year

Please allow 2 – 4 weeks for delivery.

Learn more [here](#).

Special Solari Report: Can America Be Great Again? – Framing the Vision with Jon Rappoport

“Our circumstances are far too dire for the luxury of realism.” ~Caroline Casey

by Catherine Austin Fitts

Where are your risks and opportunities in the changes underway in the United States? Can America really be great again?

To ask these questions, we need to first consider the American oligarchy and the members of the establishment who set the policies that impact our finances and time. I divide them into three groups – Titanic Turners, Scaredy Cats, and Pigs:

- Titanic Turners have the intention, energy, experience, resources and courage to try to turn the Titanic in time.
- Scaredy Cats prefer to “cut and run” – they are the first to sail off in their well endowed lifeboats.
- Pigs wake up each morning saying, “What about me?” They are eager to strip natural resources and other assets, and are encouraging invasive digital technology, more regulations, “piratizations,” constitutional conventions, and state secession to help them do so. They fund various noble groups to front for them and to create obstacles for the Titanic Turners.

If you look at the nominees proposed during the Trump Transition or, in fact, look at municipal, civi, and business officers in your local area, our leaders can be grouped and understood in this way. For that matter, so can all of us.

The role of independent media should be to help generate ideas and intelligence that:

- Improve the power and performance of the Titanic Tuners,
- Make it attractive for the Pigs and Scaredy Cats to follow or even become Titanic Turners, and
- Make life exceptionally painful for the Pigs until they do.

We also need to support the general population to take responsibility to help turn the Titanic and reject the Pigs, each in our own lives and local areas.

Jon encouraged me is to describe the basic concepts of how we can do this. How do we assess who are Titanic Turners and whether or not they are acting with integrity and competence as public servants? Jon wanted me to review the basic concepts and definitions to help me explain what it means when the cost of capital starts to rise as well as why I believe there is a significant economic opportunity to rebuild America if we can turn the ship.

Small business and entrepreneurs must play a role making this happen – otherwise change will not succeed. Given trends in technology and automation, small and middle-sized business has the capacity to create the most jobs and middle class income. Jon and I discuss the nuts and bolts of what we need to do to make change happen and give examples to make sure that these concepts are understandable without a financial background.

Join us for a deep discussion for how to understand and assess the risks and opportunities underway.

Listen [here](#).

Dr. Joseph P. Farrell Virtual Pipe Organ Crowdfund



Ever thought a lot about Pipe Organs?

The world's oldest keyboard instrument is about to become one of most HIGH OCTANE aspects of 2017!





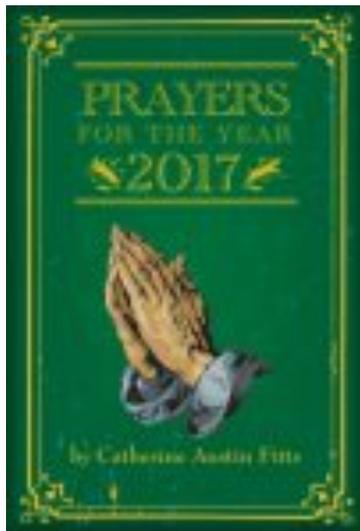
Check out the Joseph P. Farrell Virtual Pipe Organ Crowdfund. You definitely want to be part of this one...

The Joseph P. Farrell Virtual Pipe Organ Crowdfund



Click [here](#) for more details!

Prayers for the Year 2017!



Dear Friends, Clients & Subscribers:

Once again we are sending a new Prayer Book as our Christmas Card.

If you would like a complimentary copy (while they last), let us know: [details here](#).

You can view in PDF [here](#) and flip book [here](#).

See our 2016 Holiday Greetings [here](#).

We wish the happiest of holidays to you and yours!

The Solari Team

Highlights from Last Week - Best of the Solari Report 2016 - Editor Picks

Each year as we celebrate the holiday season, we pick three outstanding guests of the Solari Report, who offered intelligence that remains essential for the road ahead. This year, we did not want to chose from our Wrap Ups or regular guests inasmuch as many of our subscribers focus on them already.

After much discussion with the Solari team, here are the 2016 editor picks:

- **Don Coxe, What's Next? Commodities & Negative Interest Rates:** Investment advisor Don Coxe absolutely nailed it when he said that pension and retirement liabilities would be the loaded gun pointed at the next administration. You need to understand these national and municipal budget issues, which will reoccur throughout the developed world in 2017.
- **David Talbot, The Devils Chessboard:** Salon.com founder David Talbot made a powerful contribution to our understanding of the **real** US governance system by authoring the best book of all on the Kennedy assassination. The hubris of the current fake news hysteria makes more sense after we learn about the mind-blowing things the CIA and the upper echelon of the US establishment have gotten away with for some time.
- **Jason Bawden-Smith, Protecting Against EMF Radiation:** Bawden-Smith believes that EMF radiation poses more risks to our health and intelligence than tobacco and asbestos do. However, as a technology lover, he offers lots of sensible solutions for protecting ourselves from this kind of environmental pollution.

Don Coxe, David Talbot and Jason Bawden-Smith – like the scores of other talented guests who join us on the Solari Report – are wonderful reminders that the world is filled with extraordinary people who make it their mission to create a happier and healthier world for us. Listen and be inspired!

[See it here](#) or [Subscribe](#)

About The Solari Report

A weekly 1-hour briefing with Catherine Austin Fitts and specialized experts, [The Solari Report](#) helps to navigate you through the shifting political and financial climates while building your wealth.

[Learn more and subscribe here.](#)

Nothing in this Solari Update should be taken as individual investment advice. Anyone seeking investment advice for his or her personal financial situation is advised to seek out a qualified advisor or advisors and provide as much information as possible to the advisor in order that such advisor can take into account all relevant circumstances, objectives, and risks before rendering an opinion as to the appropriate investment strategy.

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