Wellness: Staying Energized this Fall with Dr. Laura Thompson - Aug 27

To

“Natural forces within us are the true healers of disease.”
~ Hippocrates

Autumn is approaching and I am concerned that this fall is going to be particularly intense. Check out my description in What’s Up This Fall 2015?

With just a few weeks of summer remaining, it is critical that we plan ahead and reserve time on our
fall calendars to 1) reduce stress and 2) protect our health. We are entering a period where paying close attention to wellness could make an important difference.

To help me explore this subject, I have asked Dr. Laura Thompson to join me on the Solari Report this week. Dr. Thompson is the CEO and founder of the Southern California Institute of Clinical Nutrition based in Carlsbad, California. She received her Ph.D. in Nutrition and Human Behavior from Ryokan College in Los Angeles, studied naturopathy and iridology with Dr. Bernard Jensen, and culinary arts at the Paris American Academy in Paris, France.

We will focus on the steps you can take to reduce stress, build your immune system and reduce toxicity. I will be drawing on our previous Solari Reports with Dr. Thompson:

- **Coming Clean: Detox Power**
- **Winter Wellness**

Catherine Austin Fitts

---

**Lunch with Catherine – October 17 – Amsterdam, Netherlands**
Subscribers can purchase tickets to have lunch with Catherine in Amsterdam, Netherlands on October 17. If you are not a subscriber and would like to learn more click [here](#).

**Purchase Tickets Here**

---

**Secret Space Program Conference - October 31, Austin, TX**

Following on the heels of the successful 2014 event in San Mateo, this year’s 2-day [Secret Space Program Conference](#) will be held in Austin, Texas and will be even more power-packed with [top speakers](#), innovative topics and livestream interaction.

Come join us to re-invent the future. Discover more about our world and what is really happening in The Secret Space Program completely hidden from the public's view. Together we will discover what the corporate space interests, major media and secret military programs have been hiding from the public and why they must be exposed and their covert programs be made transparent.

Let’s connect the dots and find out the truth.

Secure your Early Bird Tickets Now, using the discount code provided.

This offer is valid until August 31st. And we only have a limited number. Be sure to get your ticket before the time or the stock runs out.

Click [here](#) to learn more and get your discount.
Infrastructure: Conquest or Creation? Online Book Version Now Available for Subscribers!

The online book version of the 2nd Quarter Wrap Up – Infrastructure: Conquest or Creation? is now available for subscribers!

See it here or Subscribe

Now Available to Non-Subscribers! - Trade Agreements Part Two: Trade In Services Agreement Background, Composition of Support and Opposition, Potential Dangers and Links
By Carolyn A. Betts, Esq. and Catherine Austin Fitts

In Part 1 of the Solari Report’s series on international trade agreements and trade promotion authority, we provided a summary of some of the terms of the secret draft sections of the Trans Pacific Partnership Agreement (TPP), a proposed regional free trade agreement that would cover the trade in goods among twelve Pacific Rim countries, including the US. We provided links to sections of the TPP that have been leaked by Wikileaks and described some of the objections registered by various groups that oppose the TPP. We described some non-tariff trade barriers sought to be addressed in typical free trade agreements like the TPP and the international tribunals that have become the arbiters of disagreements among signatories (called “Parties”) to various trade agreements in recent years.

You can finish reading the article here.

Highlights from Our Last Report

We are seeing an increased use of covert force delivered via sophisticated surveillance technologies and exotic weaponry (both visible and invisible) to stage violent events. Such events are designed to:

- Draw media attention / boost media revenues
- Shift popular opinion
- Justify government policies and acts of war
- Further centralize wealth and political power

Indeed, it may be said that such events – often referred to as false flag events – are a form of street theater or reality TV which have been taken to a whole new level of intensity and profitability.

Under the circumstances, it is not surprising that my esteemed ally, Richard Dolan, is writing a book about false flag events. I took the opportunity to invite Richard to join me this week on the Solari Report to discuss his research.

Two phenomena are critical to the development of false flag capabilities: the technology of control and the emergence of intelligence agencies and private armies.
Because these subjects are highly complex, I have researched and written a series of book reviews to supplement this week’s discussion:

- Guinea Pigs: Technologies of Control
- The Modern Mercenary
- Mark M. Rich on the Nuts & Bolts of Tyranny (subscriber-only)

My goal is not to draw you into the heart of darkness. Rather, I want you to see what is happening around you so that you are less likely to be tricked or harmed.

See it here or Subscribe

---

About The Solari Report

A weekly one-hour briefing with Catherine Austin Fitts and specialized experts, The Solari Report helps to navigate you through the shifting political and financial climates while building your wealth.

Learn more and subscribe here.

Nothing in this Solari Update should be taken as individual investment advice. Anyone seeking investment advice for his or her personal financial situation is advised to seek out a qualified advisor or advisors and provide as much information as possible to the advisor in order that such advisor can take into account all relevant circumstances, objectives, and risks before rendering an opinion as to the appropriate investment strategy.

© Solari, Inc. 2010-2015

You are receiving this email because you opted in at our website.

Our mailing address is:
Solari, Inc.
P.O. Box 157
Hickory Valley, TN 38042

Add us to your address book

unsubscribe from this list  update subscription preferences

---

Solari